

MEDICAL POLICY – 7.03.09

Heart Transplant

BCBSA Ref. Policy: 7.03.09

Effective Date: Nov. 1, 2024

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7.03.509


RELATED MEDICAL POLICIES:

7.03.08 Heart/Lung Transplant

7.03.11 Total Artificial Hearts and Implantable Ventricular Assist Devices

Select a hyperlink below to be directed to that section.

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Introduction

An organ transplant is the surgical process of replacing a severely diseased organ with a healthy one from a donor. The donated organ can come from a living person or a person who passed away from an accident or illness. Organ failure is the most common reason a transplant is needed. Organ failure can occur because of illness, injury, or birth defect. There are many factors that go into finding a donor organ that matches. These include blood type and the size of the organ. Other factors include how long a person has been on the waiting list, the level of illness, and the distance the donated organ must be transported. This policy describes when transplanting a human heart may be considered medically necessary. This policy notes that a plan physician will review solid organ transplant requests together with the criteria of the transplant center.

Note: The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.

Policy Coverage Criteria

Transplant	Medical Necessity
<p>Human heart transplantation</p>	<p>Human heart transplantation may be considered medically necessary for select adults and children with end-stage heart failure when the following individual selection criteria are met:</p> <ul style="list-style-type: none"> • Adult Individuals <ul style="list-style-type: none"> ○ Accepted Indications for Cardiac Transplantation <ul style="list-style-type: none"> ▪ Hemodynamic compromise due to heart failure demonstrated by any of the following 3 bulleted items: <ul style="list-style-type: none"> ▫ Maximal oxygen consumption (VO_2) <10 mL/kg/min with achievement of anaerobic metabolism; ▫ Refractory cardiogenic shock; ▫ Documented dependence on intravenous inotropic support to maintain adequate organ perfusion; OR ▪ Severe ischemia consistently limiting routine activity not amenable to bypass surgery or angioplasty; or ▪ Recurrent symptomatic ventricular arrhythmias refractory to all accepted therapeutic modalities ○ Probable Indications for Cardiac Transplantation <ul style="list-style-type: none"> ▪ Maximal $VO_2 <14$ mL/kg/min and major limitation of the individual's activities; or ▪ Recurrent unstable ischemia not amenable to bypass surgery or angioplasty; or ▪ Instability of fluid balance/renal function not due to individual noncompliance with a regimen of weight monitoring, flexible use of diuretic drugs, and salt restriction ○ The following conditions are inadequate indications for cardiac transplantation unless other factors as listed above are present: <ul style="list-style-type: none"> ▪ Ejection fraction $<20\%$; ▪ History of functional class III or IV symptoms of heart failure; ▪ Previous ventricular arrhythmias;



Transplant	Medical Necessity
	<ul style="list-style-type: none"> ▪ Maximal $VO_2 > 15$ mL/kg/min • Pediatric Individuals <ul style="list-style-type: none"> ○ Individuals with heart failure and persistent symptoms at rest who require one or more of the following: <ul style="list-style-type: none"> ▪ Continuous infusion of intravenous inotropic agents; or ▪ Mechanical ventilatory support; or ▪ Mechanical circulatory support ○ Individuals with heart disease and symptoms of heart failure who do not meet the above criteria but who have any of the following: <ul style="list-style-type: none"> ▪ Severe limitation of exercise and activity (if measurable, such individuals would have a maximum $VO_2 < 50\%$ predicted for age and sex); or ▪ Cardiomyopathies or previously repaired or palliated congenital heart disease and significant growth failure attributable to the heart disease; or ▪ Near sudden death and/or life-threatening arrhythmias untreatable with medications or an implantable defibrillator; or ▪ Restrictive cardiomyopathy with reactive pulmonary hypertension; or ▪ Reactive pulmonary hypertension and risk of developing fixed, irreversible elevation of pulmonary vascular resistance that could preclude orthotopic heart transplantation in the future; or ▪ Anatomic and physiologic conditions likely to worsen the natural history of congenital heart disease in infants with a functional single ventricle; or ▪ Anatomic and physiologic conditions that may lead to consideration for heart transplantation without systemic ventricular dysfunction
Heart retransplantation	Heart retransplantation after a failed primary heart transplant may be considered medically necessary in individuals who meet the criteria for heart transplantation noted above.



Transplant	Investigational
Heart transplantation	Heart transplantation is considered investigational in all other situations not outlined above.

Documentation Requirements

The individual's medical records submitted for review for all conditions should document that medical necessity criteria are met. The record should include the following:

- Office visit notes that contain the relevant history and physical documenting the individual's end-stage heart failure and the specific condition from the list above indicating the individual meets the medical necessity criteria for a heart transplantation or retransplantation.

Coding

Code	Description
CPT	
33945	Heart transplant, with or without recipient cardiectomy
HCPCS	
S2152	Solid organ(s), complete or segmental, single organ or combination of organs; deceased or living donor (s), procurement, transplantation, and related complications; including: drugs; supplies; hospitalization with outpatient follow-up; medical/surgical, diagnostic, emergency, and rehabilitative services, and the number of days of pre and posttransplant care in the global definition

Note: CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). HCPCS codes, descriptions and materials are copyrighted by Centers for Medicare Services (CMS).

Related Information

New York Heart Association (NYHA) Classification

Class I	No symptoms and no limitation in ordinary physical activity, e.g., shortness of breath when walking, climbing stairs etc.
Class II	Mild symptoms (mild shortness of breath and/or angina) and slight limitation during ordinary activity



New York Heart Association (NYHA) Classification

Class III	Marked limitation in activity due to symptoms, even during less-than-ordinary activity, e.g., walking short distances (20–100 m). Comfortable only at rest.
Class IV	Severe limitations. Experiences symptoms even while at rest. Mostly bedbound patients

Cardiac-Specific Criteria

Specific criteria for prioritizing donor thoracic organs for transplant are provided by the Organ Procurement and Transplantation Network (OPTN) and implemented through a contract with United Network for Organ Sharing (UNOS). Donor thoracic organs are prioritized by UNOS on the basis of recipient medical urgency, distance from donor hospital, and pediatric status. Individuals who are most severely ill (status 1A) are given the highest priority. The following factors are considered in assessing the severity of illness: reliance on continuous mechanical ventilation, infusion of intravenous inotropes, and/or dependency on mechanical circulatory support (i.e., total artificial heart, intra-aortic balloon pump, extracorporeal membrane oxygenator, ventricular assist device).

Additional criteria, which are considered in pediatric individuals, include diagnosis of an OPTN-approved congenital heart disease, presence of ductal dependent pulmonary or systemic circulation, and diagnosis of hypertrophic or restrictive cardiomyopathy while less than one year old. Of note, pediatric heart transplant candidates who remain on the waiting list at the time of their 18th birthday without receiving a transplant continue to qualify for medical urgency status based on the pediatric criteria.

Specific criteria for prioritizing donor thoracic organs for retransplant include severe coronary allograft vasculopathy, mild or moderate coronary allograft vasculopathy with a left ventricular ejection fraction less than 45%, coronary allograft vasculopathy with restrictive physiology, or symptomatic graft dysfunction without evidence of active rejection.

Contraindications

Potential contraindications for solid organ transplant are subject to the judgment of the transplant center include the following:

- Known current malignancy, including metastatic cancer
- Recent malignancy with high risk of recurrence



- Untreated systemic infection making immunosuppression unsafe, including chronic infection
- Other irreversible end-stage diseases not attributed to heart or lung disease
- History of cancer with a moderate risk of recurrence
- Systemic disease that could be exacerbated by immunosuppression
- Psychosocial conditions or chemical dependency affecting ability to adhere to therapy.

Policy-specific potential contraindications include:

- Pulmonary hypertension that is fixed as evidenced by pulmonary vascular resistance >5 Wood units, or transpulmonary gradient ≥ 16 mm/Hg despite treatment^a
- Severe pulmonary disease, despite optimal medical therapy, not expected to improve with heart transplantation^a

Note: ^a Some individuals may be candidates for combined heart and lung transplantation (see [Related Policies](#)).

Individuals must meet the UNOS guidelines for status 1A, 1B, or status 2 (and not currently be status 7).

Benefit Application

See individual's plan contract language for organ transplant benefits and specific benefits related to transport, lodging, and donor services. Please note limitations in coverage based on the transplant benefit, if applicable.

Evidence Review

Description

A heart transplant and a retransplant consists of replacing a diseased heart with a healthy donor heart. Transplantation is used for individuals with refractory end-stage cardiac disease.



Background

Solid Organ Transplantation

Solid organ transplantation offers a treatment option for individuals with different types of end-stage organ failure that can be lifesaving or provide significant improvements to an individual's quality of life.¹ Many advances have been made in the last several decades to reduce perioperative complications. Available data support improvement in long-term survival as well as improved quality of life, particularly for liver, kidney, pancreas, heart, and lung transplants. Allograft rejection remains a key early and late complication risk for any organ transplantation. Transplant recipients require life-long immunosuppression to prevent rejection. Individuals are prioritized for transplant by mortality risk and severity of illness criteria developed by the Organ Procurement and Transplantation Network and United Network for Organ Sharing (UNOS).

Heart Transplant

In 2023, 46,632 transplants were performed in the United States (US) procured from 39,679 deceased donors and 6,953 living donors.² Heart transplants were the third most common procedure with 4,039 transplants performed from both deceased and living donors in 2023. As of June 2024, there were 3,440 patients on the waiting list for a heart transplant.³ Rose et al (2024) reported a 62% lower rate of heart transplants among women compared with men and a 46% lower rate in Black men compared with White men in a retrospective database review from 2010 to 2018.⁴

Most heart transplant recipients now are hospitalized as status 1 individuals at the time of transplant. This shift has occurred due to the increasing demand for the scarce resource of donor organs resulting in an increased waiting time for recipients. Individuals initially listed as status 2 candidates may deteriorate to a status 1 candidate before a donor organ becomes available. Alternatively, as medical and device therapy for advanced heart failure improves, some individuals on the transplant list will recover enough function to be delisted. Lietz and Miller (2007) reported on survival for individuals on the heart transplant waiting list, comparing the era between 1990 and 1994 with the era of 2000 to 2005.⁵ One-year survival for a UNOS status 1 candidate improved from 49.5% to 69.0%. Status 2 candidates fared even better, with 89.4% surviving 1 year compared with 81.8% in the earlier time period.

Johnson et al (2010) reported on waiting list trends in the US between 1999 and 2008.⁶ The proportion of individuals listed as status 1 increased, even as the waiting list and posttransplant mortality for this group have decreased. Meanwhile, status 2 individuals have decreased as a



proportion of all candidates. Completed transplants have trended toward the extremes of age, with more infants and individuals older than age 65 years having transplants in recent years. Bakhtiyar et al (2020) evaluated survival among individuals (N=95,323) wait-listed for heart transplantation between January 1, 1987, and December 29, 2017, using UNOS data.⁷ Results revealed one year survival on the wait list increased from 34.1% in 1987 to 1990 to 67.8% in 2011 to 2017 (difference in proportions, 0.34%; 95% confidence interval [CI], 0.32% to 0.36%; $P<.001$). One year wait list survival also significantly increased for candidates with ventricular assist devices from 10.2% in 1996 to 2000 to 70% in 2011 to 2017 (difference in proportions, 0.60%; 95% CI, 0.58% to 0.62%; $P<.001$).

Alshwabkeh et al (2018) reported on the one year probability of the combined outcome of death or delisting due to clinical worsening for individuals on the heart transplant waiting list, comparing the periods of April 1, 1986 to January 19, 1999, (early era) and January 20, 1999 to June 2, 2014 (current era).⁸ For adults without congenital heart disease (CHD), the probability of the combined outcome was lower in the current era compared with the early era, regardless of whether the individual was listed in status I (14.5% vs 22.7%; $P<.0001$) or 2 (9.0% vs 12.8%, $P<0.0001$). When comparing the current and early eras in adults with CHD, a reduction in the probability of the combined outcome was demonstrated in those listed in status I (17.6% vs 43.3%, respectively; $P<.0001$), whereas the outcome remained unchanged for those listed in status 2 (10.6% vs 10.4%, respectively; $P=.94$).

In adults with CHD, factors associated with waitlist death or delisting due to clinical worsening within 1 year were also examined by Alshwabkeh et al (2016).⁹ A multivariate analysis identified that an estimated glomerular filtration rate less than 60 ml/min/1.73 m² (hazard ratio [HR], 1.4; 95% CI, 1.0 to 1.9; $P=.043$), albumin less than 3.2 g/dl (HR, 2.0; 95% CI, 1.3 to 2.9; $P<.001$), and hospitalization at the time of listing in the intensive care unit (HR, 2.3; 95% CI, 1.6 to 3.5; $p<0.001$) or a non-intensive care hospital unit (HR, 1.9; 95% CI, 1.2 to 3.0; $P=.006$) were associated with waitlist death or delisting due to clinical worsening within one year.

Magnetta et al (2019) reported outcomes for children on the heart transplant waiting list, comparing the periods of December 16, 2011 to March 21, 2016 (era 1), and March 22, 2016 to June 30, 2018 (era 2).¹⁰ There was a significant decrease from era 1 to era 2 in the proportion of individuals listed as status 1 (70% vs 56%; $P<.001$), while the proportion of individuals with CHD significantly increased across eras (49% to 54%; $P=.018$). The median time on the waitlist increased from 68 days to 78 days ($P=.005$). There were no significant differences across eras in the cumulative incidence of death on the waitlist among all candidates (subdistribution HR, 0.96; 95% CI, 0.80 to 1.14; $P=.63$) and among those listed status 1A (subdistribution HR, 1.16; 95% CI, 0.95 to 1.41; $P=.14$). Graft survival at 90 days was also similar across eras in the overall population and in those with CHD ($P>.53$ for both).



As a consequence, aggressive treatment of heart failure has been emphasized in recent guidelines. Prognostic criteria have been investigated to identify individuals who have truly exhausted medical therapy and thus are likely to derive the maximum benefit for heart transplantation. Maximal oxygen consumption ($VO_2\text{max}$), which is measured during maximal exercise, is a measure suggested as a critical objective criterion of the functional reserve of the heart. The American College of Cardiology and American Heart Association have adopted $VO_2\text{max}$ as a criterion for individual selection.¹¹

Methods other than $VO_2\text{max}$ have been proposed as predictive models in adults.^{12,13,14,15} The Heart Failure Survival Scale and the Seattle Heart Failure Model (SHFM) are examples. In particular, the SHFM provides an estimate of one-, two-, and three-year survival with the use of routinely obtained clinical and laboratory data. Information on pharmacologic and device usage is incorporated into the model, permitting some estimation on the effects of current, more aggressive heart failure treatment strategies. Levy et al (2006) introduced the model using a multivariate analysis of data from the Prospective Randomized Amlodipine Survival Evaluation-1 heart failure trial (n=1125).¹⁶ Applied to the data of five other heart failure trials, SHFM correlated well with actual survival (r=0.98). SHFM has been validated in both ambulatory and hospitalized heart failure populations,^{17,18,19} but with a noted underestimation of mortality risk, particularly in Black adults and device recipients.^{20,21} None of these models has been universally adopted by transplant centers.

Summary of Evidence

For individuals who have end-stage heart failure who receive a heart transplant, the evidence includes retrospective studies and registry data. The relevant outcomes are overall survival (OS), symptoms, and morbid events. Heart transplant remains a viable treatment for those with severe heart dysfunction despite appropriate medical management with medication, surgery, or medical devices. Given the exceedingly poor survival rates without transplantation for these individuals, evidence of post-transplant survival is sufficient to demonstrate that heart transplantation provides a survival benefit. Heart transplantation is contraindicated for individuals for whom the procedure is expected to be futile due to comorbid disease or for whom post-transplantation care is expected to worsen comorbid conditions significantly. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

For individuals who have had a prior heart transplant complicated by graft failure or severe dysfunction of the heart who receive a heart retransplant, the evidence includes systematic reviews, retrospective studies, and registry data. The relevant outcomes are OS, symptoms, and



morbid events. Despite improvements in the prognosis for many individuals with graft failure, cardiac allograft vasculopathy, and severe dysfunction of the transplanted heart, heart retransplant remains a viable treatment for those whose severe symptoms persist despite treatment with other medical or surgical remedies. Given the exceedingly poor survival rates without retransplantation for individuals who have exhausted other treatments, evidence of posttransplant survival is sufficient to demonstrate that heart retransplantation provides a survival benefit in appropriately selected individuals. The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

Ongoing and Unpublished Clinical Trials

A search of [ClinicalTrials.gov](https://clinicaltrials.gov) in June 2024 did not identify any ongoing or unpublished trials that would likely influence this review.

Practice Guidelines and Position Statements

The purpose of the following information is to provide reference material. Inclusion does not imply endorsement or alignment with the policy conclusions.

Guidelines or position statements will be considered for inclusion if they were issued by, or jointly by, a US professional society, an international society with US representation, or National Institute for Health and Care Excellence. Priority will be given to guidelines that are informed by a systematic review, include strength of evidence ratings, and include a description of management of conflict of interest.

American College of Cardiology Foundation et al

Heart failure guidelines from the American College of Cardiology Foundation, the American Heart Association, and the Heart Failure Society of America were updated in 2022.¹¹

Recommendations for cardiac transplantation by the joint committee were as follows:

- "For selected patients with advanced HF [heart failure] despite GDMT [guideline-directed medical therapy], cardiac transplantation is indicated to improve survival and QOL [quality of life] (class of recommendation, 1; level of evidence, C-LD)



- In patients with stage D (advanced) HF despite GDMT, cardiac transplantation provides intermediate economic value (value statement: intermediate value)"

International Society for Heart and Lung Transplantation

In 2004, the International Society for Heart and Lung Transplantation (ISHLT) recommended that children with the following conditions be evaluated for heart transplantation (see [Table 1](#)).⁶⁸

Table 1. Recommendations for Pediatric Heart Transplant

Recommendation	LOE
Diastolic dysfunction that is refractory to optimal medical/surgical management because they are at high risk of developing pulmonary hypertension and of sudden death	B
Advanced systemic right ventricular failure (Heart Failure Stage C described as patients with underlying structural or functional heart disease and past or current symptoms of heart failure) that is refractory to medical therapy	C

LOE B is based on a single randomized trial or multiple nonrandomized trials; LOE C is based primarily on expert consensus opinion.

LOE: level of evidence.

In 2016 the ISHLT published a 10-year update to its listing criteria for heart transplantation.⁶⁹

The guidelines recommended the following updates or changes to the prior guideline:

- Recommended use of heart failure prognosis scores (e.g., Seattle Heart Failure Model, Heart Failure Survival Score) along with a cardiopulmonary exercise test to determine prognosis and guide listing for transplantation for ambulatory patients.
- Periodic right heart catheterization for routine surveillance was not recommended in children.
- Carefully selected patients >70 years of age may be considered for cardiac transplantation.
- Pre-existing neoplasm, body mass index of $\geq 35 \text{ kg/m}^2$, diabetes with "end-organ damage (other than non-proliferative retinopathy) or poor glycemic control ... despite optimal effort," irreversible renal dysfunction, clinically severe symptomatic cerebrovascular disease, peripheral vascular disease, and frailty are considered relative contraindications to heart transplantation.



- Considering active smoking during the previous 6 months as a risk factor for poor outcomes after transplantation, active tobacco smoking is considered a relative contraindication for heart transplantation. Similarly, patients who remain active substance abusers (including alcohol) are not recommended to receive heart transplantation.

In 2016 this same ISHLT guideline update states the following regarding retransplantation indications:

"Retransplantation is indicated for those patients who develop significant CAV [(cardiac allograft vasculopathy)] with refractory cardiac allograft dysfunction, without evidence of ongoing acute rejection (Class IIa, Level of Evidence: C)."

The guideline cites the published consensus by Johnson et al (2007) on indications for retransplantation.⁶ It states that based on available data, appropriate indications for retransplantation include "the development of chronic severe CAV with symptoms of ischemia or heart failure, CAV without symptoms but with moderate to severe LV [(left ventricle)] dysfunction, or symptomatic graft dysfunction without evidence of active rejection." Retransplantation within the first six months after previous transplantation, especially with immunologic complications as a primary cause, was considered high-risk.

As a note on heart transplantation in children, the 2016 guideline update states, "although nearly half of all HTs [(heart transplants)] in children are done for CHD [(congenital heart disease)],... it should be noted that general considerations vary for more traditional indications, such as idiopathic dilated cardiomyopathy, for transplantation in the pediatric population...Thus, as these guidelines are translated to the younger patient, such prudence will need to be exercised."

In 2010, the guidelines from ISHLT on the care of heart transplant recipients include the following recommendations on cardiac retransplantation⁷⁰:

- "Retransplantation is indicated in children with at least moderate systolic heart allograft dysfunction and/or severe diastolic dysfunction and at least moderate CAV (cardiac allograft vasculopathy)."
- "It is reasonable to consider listing for retransplantation those adult HT [heart transplant] recipients who develop severe CAV not amenable to medical or surgical therapy and symptoms of heart failure or ischemia."
- "It is reasonable to consider listing for retransplantation those HT recipients with heart allograft dysfunction and symptomatic heart failure occurring in the absence of acute rejection."



- "It is reasonable to consider retransplantation in children with normal heart allograft function and severe CAV."

American Heart Association

In 2007, the American Heart Association indicated that, based on level B (nonrandomized studies) or level C (consensus opinion of experts) evidence, heart transplantation is indicated for pediatric individuals as therapy for the following indications:⁶⁷

- Stage D heart failure (interpreted as abnormal cardiac structure and/or function, continuous infusion of intravenous inotropes, or prostaglandin E₁ to maintain patency of a ductus arteriosus, mechanical ventilatory and/or mechanical circulatory support) associated with systemic ventricular dysfunction in patients with cardiomyopathies or previous repaired or palliated congenital heart disease,
- Stage C heart failure (interpreted as abnormal cardiac structure and/or function and past or present symptoms of heart failure) associated with pediatric heart disease and severe limitation of exercise and activity, in patients with cardiomyopathies or previously repaired or palliated congenital heart disease and heart failure associated with significant growth failure attributed to heart disease, pediatric heart disease with associated near sudden death and/or life-threatening arrhythmias untreatable with medications or an implantable defibrillator, or in pediatric restrictive cardiomyopathy disease associated with reactive pulmonary hypertension;

The guideline states that heart transplantation is feasible in the presence of other indications for heart transplantation, "in patients with pediatric heart disease and an elevated pulmonary vascular resistance index >6 Woods units/m² and/or a transpulmonary pressure gradient >15 mm Hg if administration of inotropic support or pulmonary vasodilators can decrease pulmonary vascular resistance to <6 Woods units/m² or the transpulmonary gradient to <15 mm Hg."

Medicare National Coverage

Cardiac transplantation is covered under Medicare when performed in a facility approved by Medicare.⁷¹ The Centers for Medicare & Medicaid Services has stated that, under certain limited cases, exceptions to the criteria may be warranted if there is justification and if the facility ensures safety and efficacy objectives.



Regulatory Status

Solid organ transplants are a surgical procedure and, as such, are not subject to regulation by the US Food and Drug Administration (FDA).

The FDA regulates human cells and tissues intended for implantation, transplantation, or infusion through the Center for Biologics Evaluation and Research, under Code of Federal Regulation Title 21, parts 1270 and 1271. Solid organs used for transplantation are subject to these regulations.

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History

Date	Comments
11/01/19	New policy, approved October 4, 2019. Content previously addressed in policy 7.03.509. Policy created with literature review through June 2019. Heart transplantation may be considered medically necessary when criteria are met. Policy statement on transplantation of HCV viremic organs is taken from BCBSA policy 7.03.14.
04/01/20	Delete policy, approved March 10, 2020. This policy will be deleted effective July 2, 2020, and replaced with InterQual criteria for dates of service on or after July 2, 2020.
05/06/20	Interim Review, approved May 5, 2020. This policy is reinstated immediately and will no longer be deleted or replaced with InterQual criteria on July 2, 2020.
11/01/20	Annual Review, approved October 22, 2020. Policy updated with literature review through June 2020; references added. Policy statements unchanged.
11/01/21	Annual Review, approved October 5, 2021. Policy updated with literature review through June 16, 2021; references added. Policy statements unchanged.
11/01/22	Annual Review, approved October 10, 2022. Policy updated with literature review through June 10, 2022; reference added. Minor editorial refinements to policy statements; intent unchanged. Changed the wording from "patient" to "individual" throughout the policy for standardization.
11/01/23	Annual Review, approved October 9, 2023. Policy updated with literature review through June 28, 2023; reference added. Removed the policy statement regarding the transplantation of HCV-viremic solid organs to an HCV non-viremic recipient combined with direct-acting antiviral treatment for HCV is considered investigational. Otherwise, policy statements unchanged.
11/01/24	Annual Review, approved October 7, 2024. Policy updated with literature review through June 21, 2024; reference added. Policy statements unchanged.

Disclaimer: This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. The Company adopts policies after careful review of published peer-reviewed scientific literature, national guidelines and local standards of practice. Since medical technology is constantly changing, the Company reserves the right to review and update policies as appropriate. Member contracts differ in their benefits. Always consult the member benefit booklet or contact a member service representative to determine coverage for a specific medical service or supply. CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). ©2024 Premera All Rights Reserved.



Scope: Medical policies are systematically developed guidelines that serve as a resource for Company staff when determining coverage for specific medical procedures, drugs or devices. Coverage for medical services is subject to the limits and conditions of the member benefit plan. Members and their providers should consult the member benefit booklet or contact a customer service representative to determine whether there are any benefit limitations applicable to this service or supply. This medical policy does not apply to Medicare Advantage.

