Peripheral subcutaneous field stimulation (PSFS) uses small amounts of electricity to try to treat pain. Small electrodes are placed under the skin near the area of pain. The electrodes are connected by wires to a battery pack that generates electrical signals. The generator is usually also placed under the skin. The goal is to use small bursts of electricity to interrupt the pain signals carried by the nerves. PSFS is unproven (investigational). Studies comparing PSFS with other forms of pain treatment are needed to find out how well PSFS works for chronic pain.

**Note:** The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.

### Policy Coverage Criteria

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Investigational</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peripheral subcutaneous field stimulation</td>
<td>Peripheral subcutaneous field stimulation is investigational.</td>
</tr>
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</table>
### Coding

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>CPT</td>
<td></td>
</tr>
<tr>
<td>64999</td>
<td>Unlisted procedure, nervous system</td>
</tr>
<tr>
<td>HCPCS</td>
<td></td>
</tr>
<tr>
<td>L8679</td>
<td>Implantable neurostimulator, pulse generator, any type</td>
</tr>
</tbody>
</table>

**Note:** CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). HCPCS codes, descriptions and materials are copyrighted by Centers for Medicare Services (CMS).

### Related Information

N/A

### Evidence Review

### Description

Peripheral subcutaneous field stimulation (PSFS) is a form of neuromodulation intended to treat chronic neuropathic pain. Applications of PSFS being evaluated are craniofacial stimulation for headache and migraine, craniofacial pain, or occipital neuralgia. PSFS is also being investigated for low back pain, neck and shoulder pain, inguinal and pelvic pain, thoracic pain, abdominal pain, fibromyalgia, and postherpetic neuralgia.
Background

Chronic Pain

Chronic, noncancer pain is responsible for a high burden of illness. Common types of chronic pain are lumbar and cervical back pain, chronic headaches, and abdominal pain. All of these conditions can be challenging to treat.

Treatment

Medications are typically the first-line treatment for chronic pain, and several classes of medications are available. These include analgesics (opioid and non-opioid), antidepressants, anticonvulsants, and muscle relaxants. A variety of nonpharmacologic treatments also exist, including physical therapy, exercise, cognitive-behavioral interventions, acupuncture, chiropractic, and massage.

Neuromodulation is another form of nonpharmacologic therapy that is usually targeted toward patients with chronic pain refractory to other modalities. Some forms of neuromodulation, such as transcutaneous electrical nerve stimulation and spinal cord stimulation, are established methods of chronic pain treatment. Peripheral nerve stimulation, which involves placement of an electrical stimulator on a peripheral nerve, is also used for neuropathic pain originating from peripheral nerves.

Peripheral Subcutaneous Field Stimulation

Peripheral subcutaneous field stimulation (PSFS) is a modification of peripheral nerve stimulation. In PSFS, leads are placed subcutaneously within the area of maximal pain. The objective of PSFS is to stimulate the region of affected nerves, cutaneous afferents, or the dermatomal distribution of the nerves, which then converge back on the spinal cord. Combined spinal cord stimulation plus PSFS is also being evaluated.

Similar to spinal cord stimulation or peripheral nerve stimulation, permanent implantation is preceded by a percutaneous stimulation trial with at least 50% pain reduction. Currently, there is no consensus regarding the indications for PSFS. Criteria for a PSFS trial may include a clearly defined, discrete focal area of pain with a neuropathic or combined somatic/neuropathic pain component with the characteristics of burning and increased sensitivity and failure to respond to
other conservative treatments including medications, psychological therapies, physical therapies, surgery, and pain management programs.

The mechanism of action in PSFS is unknown. Theories include an increase in endogenous endorphins and other opiate-like substances; modulation of smaller A delta and C nerve fibers by stimulated large-diameter A beta fibers; local stimulation of nerve endings in the skin; local anti-inflammatory and membrane-depolarizing effect; or a central action via antegrade activation of A beta nerve fibers. Complications of PSFS include lead migration or breakage and infection of the lead or neurostimulator.

**Summary of Evidence**

For individuals with chronic neuropathic pain who receive PFSF, the evidence includes a randomized controlled trial, a nonrandomized comparative study, and case series. Relevant outcomes are symptoms, functional outcomes, quality of life, and treatment-related morbidity. The single randomized controlled trial, which used a crossover design, did not compare PSFS with alternatives. Rather, it compared different methods of PSFS. Among trial participants, 24 (80%) of 30 patients had at least 50% reduction in pain with any type of PSFS. However, because the randomized controlled trial did not include a sham group or comparator with a different active intervention, this trial offers little evidence for efficacy beyond that of a prospective, uncontrolled study. Case series are insufficient to evaluate pain outcomes due to the variable nature of pain and the subjective nature of pain outcome measures. Prospective controlled trials comparing PSFS with placebo or alternative treatment modalities are needed to determine the efficacy of PSFS for chronic pain. The evidence is insufficient to determine the effects of the technology on health outcomes.

**Ongoing and Unpublished Clinical Trials**

Some currently unpublished trials that might influence this review are listed in Table 1.
Table 1. Summary of Key Trials

<table>
<thead>
<tr>
<th>NCT No.</th>
<th>Trial Name</th>
<th>Planned Enrollment</th>
<th>Completion Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ongoing</td>
<td>A randomised, patient-assessor blinded, sham-controlled trial of external non-invasive peripheral nerve stimulation for chronic neuropathic pain following peripheral nerve injury (EN-PENS trial)</td>
<td>75</td>
<td>Aug 2019</td>
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<tr>
<td>ISRCTN53432663</td>
<td>Multimodal Treatment for Hemiplegic Shoulder Pain</td>
<td>132</td>
<td>Dec 2021</td>
</tr>
</tbody>
</table>

NCT: national clinical trial
ISRCTN: International Standard RCT Number

Practice Guidelines and Position Statements

The National Institute for Health and Care Excellence issued guidance (2013) on peripheral subcutaneous field stimulation for chronic low back pain which stated⁷:

Current evidence on the efficacy of peripheral nerve-field stimulation (PNFS) for chronic low back pain is limited in both quantity and quality, and duration of follow-up is limited. Evidence on safety is also limited and there is a risk of complications from any implanted device.

Medicare National Coverage

There is no national coverage determination (NCD). In the absence of an NCD, coverage decisions are left to the discretion of local Medicare carriers.

Regulatory Status

No devices have been approved by the U.S. Food and Drug Administration specifically for PSFS. PSFS is an off-label use of spinal cord stimulation devices that have been approved by Food and Drug Administration for the treatment of chronic pain.
References


History

<table>
<thead>
<tr>
<th>Date</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>05/13/13</td>
<td>New policy. Policy created with literature search through February 13, 2013; considered investigational.</td>
</tr>
<tr>
<td>05/12/14</td>
<td>Annual Review. Policy updated with literature review through February 19, 2014. References 1, 2, 4, 7 added; others renumbered/removed. Policy statement unchanged.</td>
</tr>
<tr>
<td>05/27/15</td>
<td>Annual Review. Policy updated with literature review through February 22, 2015; no references added; reference 2 updated. Policy statements unchanged.</td>
</tr>
<tr>
<td>01/29/16</td>
<td>Minor update. Added HCPCS code L8679.</td>
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<tr>
<td>07/01/16</td>
<td>Annual Review, approved June 14, 2016. Policy updated with literature review through February 12, 2016; no references added. Policy statement unchanged.</td>
</tr>
<tr>
<td>01/01/18</td>
<td>Coding update, removed CPT codes 0282T, 0283T, 0284T, and 0285T as the codes were terminated 1/1/17.</td>
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</table>
**Disclaimer.** This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. The Company adopts policies after careful review of published peer-reviewed scientific literature, national guidelines and local standards of practice. Since medical technology is constantly changing, the Company reserves the right to review and update policies as appropriate. Member contracts differ in their benefits. Always consult the member benefit booklet or contact a member service representative to determine coverage for a specific medical service or supply. CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). ©2018 Premera All Rights Reserved.

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Toll free 855-332-4535, Fax 425-918-5592. TTY 800-842-5357
Email AppealsDepartmentInquiries@Premera.com

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U.S. Department of Health and Human Services
200 Independence Avenue SW, Room 509F, HHH Building
Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)

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For more information about your application or coverage through Premera Blue Cross, call 800-722-1471 (TTY: 800-842-5357) or email AppealsDepartmentInquiries@Premera.com.

Oromo (Cushite):

Français (French):

Kreyòl ayisyen (Creole):
Avi sila a gen Enfòmasyon Enpòtan la. Avis la a kapab genyen enfòmasyon enpòtan konplikasyon a la. Avis la a kapab genyen enfòmasyon enpòtan konplikasyon a la. Avis la a kapab genyen enfòmasyon enpòtan konplikasyon a la. Avis la a kapab genyen enfòmasyon enpòtan konplikasyon a la. Avis la a kapab genyen enfòmasyon enpòtan konplikasyon a la.

Deutsche (German):

Hmoob (Hmong):

Ilokano (Ilocano):
Daytoy a Pakdaara ket naglaon iti Napateg nga Impormasion. Daytoy a pakdaara mabalab nga adda ket naglaon iti napateg nga impormasion maiyanggep iti aplikasyon wo oven coverage babaen iti Premera Blue Cross. Daytoy ket mabalab dagiti importante a pelta iti daytoy a pakdaara. Mabalab nga adda rumbeng nga aramideno nga adda sangbay dagiti partikular a naiitding nga adda tapo napan tapogatilundayo ti coverage ti salun-atyo wenno tulong kadagiti gastos. Adda karbenganyo a mangala ti daytoy nga impormasion ken tulong ti bukodo a pagasao nga awan ti bayadanyo. Tumawag ti numero nga 800-722-1471 (TTY: 800-842-5357).

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