MEDICAL POLICY – 6.01.46
Dynamic Spinal Visualization and Vertebral Motion Analysis

BCBSA Ref. Policy: 6.01.46

Effective Date: Dec. 1, 2018
Last Revised: Nov. 6, 2018
Replaces: 6.01.508

RELATED MEDICAL POLICIES:
8.03.501 Chiropractic Services

Introduction

Dynamic spinal visualization is a way to see how the spine moves as a person bends or twists. It’s thought that looking at moving images could help a healthcare professional diagnose the cause of neck or back pain or other problems with the spine. There are several different ways to create moving images as the spine twists or turns. Most techniques use x-ray to create images on film, a video monitor, or computer screen. Several x-rays are taken, assembled in order, and then played to create a moving image. Other technologies use fluoroscopy and MRI. Because there are not enough medical studies to show how well dynamic spinal visualization works, it’s considered unproven.

Note: The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.
The following dynamic spinal visualization techniques are considered investigational, including, but not limited to:

- Digital motion x-ray of the spine
- Cineradiography/videofluoroscopy
- Dynamic magnetic resonance imaging

Vertebral motion analysis (eg, The KineGraph VMA™)

Vertebral motion analysis is considered investigational.

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>76120</td>
<td>Cineradiography/videoradiography, except where specifically included</td>
</tr>
<tr>
<td>76125</td>
<td>Cineradiography/videoradiography to complement routine examination (list separately in addition to code for primary procedure)</td>
</tr>
<tr>
<td>76496</td>
<td>Unlisted fluoroscopic procedure (eg, diagnostic, interventional)</td>
</tr>
<tr>
<td>76499</td>
<td>Unlisted diagnostic radiographic procedure</td>
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Dynamic spinal visualization is a general term addressing different imaging technologies that simultaneously visualize spine (vertebrae) movements and external body movement. Vertebral motion analysis uses similar imaging as dynamic spinal visualization, with the addition of controlled movement and computerized tracking. These technologies have been proposed for the evaluation of spinal disorders including neck and back pain.

**Background**

*Patient Population*

Dynamic spinal visualization and vertebral motion analysis are proposed for individuals who are being evaluated for back or neck pain and are being considered for standard flexion/extension radiographs. Flexion/extension radiographs may be performed with passive external force or by the patient’s own movement. Typically, radiographs are taken at the end ranges of flexion and extension and the intervertebral movements (rotation and translation) are measured to assess spinal instability. Flexion/extension radiographs may be used to assess radiographic instability in order to diagnose and determine the most effective treatment (eg, physical therapy, decompression, or spinal fusion) or to assess the efficacy of spinal fusion.

**Dynamic Spinal Visualization**

*Digital Motion X-Ray*

Most spinal visualization methods use x-rays to create images either on film, video monitor, or computer screen. Digital motion x-ray involves the use of either film x-ray or computer-based x-ray “snapshots” taken in sequence as a patient moves. Film x-rays are digitized into a computer for manipulation, while computer-based x-rays are automatically created in a digital format. Using a computer program, the digitized snapshots are then put in order and played on a video monitor, creating a moving image of the inside of the body. This moving image can then be evaluated by a physician alone or by using computer software that evaluates several aspects of the body’s structure, such as intervertebral flexion and extension, to determine the presence or absence of abnormalities.
**Videofluoroscopy and Cineradiography**

Videofluoroscopy and cineradiography are different names for the same procedure, which uses fluoroscopy to create real-time video images of internal structures of the body. Unlike standard x-rays, which take a single picture at one point in time, fluoroscopy provides motion pictures of the body. The results of these techniques can be displayed on a video monitor as the procedure is being conducted, as well as recorded, to allow computer analysis or evaluation at a later time. Like digital motion x-ray, the results can be evaluated by a physician alone or with the assistance of computer analysis software.

**Dynamic Magnetic Resonance Imaging**

Dynamic magnetic resonance imaging (MRI) is also being developed to image the cervical spine. This technique uses an MRI-compatible stepless motorized positioning device and a real-time true fast imaging with steady-state precession sequence to provide passive kinematic imaging of the cervical spine. The quality of the images is lower than a typical MRI sequence, but is proposed to be adequate to observe changes in the alignment of vertebral bodies, the width of the spinal canal, and the spinal cord. Higher resolution imaging can be performed at the end positions of flexion and extension.

**Vertebral Motion Analysis**

Vertebral motion analysis systems like the KineGraph VMA (Vertebral Motion Analyzer) provide assisted bending with fluoroscopic imaging and computerized analysis. The device uses facial recognition software to track vertebral bodies across the images. Proposed benefits of the vertebral motion analysis are a reduction in patient-driven variability in bending and assessment of vertebral movement across the entire series of imaging rather than at the end range of flexion and extension.

**Summary of Evidence**

For individuals who have back or neck pain who receive dynamic spinal visualization, the evidence includes comparative trials. Relevant outcomes are test accuracy, symptoms, and functional outcomes. Techniques include digital motion x-rays, cineradiography/videofluoroscopy, or dynamic magnetic resonance imaging of the spine and neck. The available studies compare spine kinetics in patients with neck or back pain to that in healthy controls. No
literature was identified on the diagnostic accuracy of dynamic visualization in a relevant patient population. No evidence was identified on the effect of this technology on symptoms or functional outcomes. The evidence is insufficient to determine the effects of the technology on health outcomes.

For individuals who have back or neck pain who receive vertebral motion analysis, the evidence includes comparisons to standard flexion/extension radiographs. Relevant outcomes are test accuracy, symptoms, and functional outcomes. These studies reported that vertebral motion analysis reduces variability in measurement of rotational and translational spine movement compared with standard flexion/extension radiographs. Whether the reduction in variability improves diagnostic accuracy or health outcomes is uncertain. The single study that reported on diagnostic accuracy lacked a true criterion standard, limiting interpretation of findings. The evidence is insufficient to determine the effects of the technology on health outcomes.

**Ongoing and Unpublished Clinical Trials**

A search of ClinicalTrials.gov in August 2018 did not identify any ongoing or unpublished trials that would likely influence this review.

**Practice Guidelines and Position Statements**

No guidelines or statements were identified.

**Medicare National Coverage**

There is no national coverage determination.

**Regulatory Status**

In 2012, The KineGraph VMA™ (Vertebral Motion Analyzer, Ortho Kinematics) was cleared for marketing by the U.S. Food and Drug Administration (FDA) through the 510(k) process (k133875). The system includes a Motion Normalizer™ for patient positioning, standard fluoroscopic imaging, and automated image recognition software. Processing of scans by Ortho Kinematics is charged separately. Food and Drug Administration product code: LLZ.


### History

<table>
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<tr>
<th>Date</th>
<th>Comments</th>
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<tbody>
<tr>
<td>02/13/07</td>
<td>Add to Radiology Section - New Policy</td>
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<tr>
<td>04/08/08</td>
<td>Replace policy - Policy updated with literature search; no change to the policy statement. References added.</td>
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<tr>
<td>11/10/09</td>
<td>Replace policy - Policy updated with literature review; references 7 and 8 have been added, others removed and reordered. The policy statement remains unchanged.</td>
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<tr>
<td>11/10/11</td>
<td>Replace policy – Policy updated with literature review through July 2011; no new references added; policy statement unchanged. ICD-10 codes added.</td>
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<tr>
<td>06/26/12</td>
<td>Related policies updated with the addition of 6.01.513.</td>
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<td>09/26/12</td>
<td>Update Related Policy – Add 7.01.126; ICD-10 codes are now effective 10/01/2014.</td>
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<td>11/27/12</td>
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<td>02/01/13</td>
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<td>06/14/13</td>
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<td>01/21/14</td>
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<tr>
<td>11/20/14</td>
<td>Annual Review. Policy updated with literature review through July 24, 2014; policy statement unchanged.</td>
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<tr>
<td>08/31/16</td>
<td>Coding Update. Add CPT code 76496.</td>
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<tr>
<td>06/01/17</td>
<td>Interim Review, approved November 14, 2017. Policy statement clarified to now include specific dynamic spinal visualization techniques, Hayes reference added.</td>
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<tr>
<td>12/01/18</td>
<td>Annual Review, approved November 6, 2018. Policy updated with literature review through July 2018; references 7-9 added. Policy title changed from “Dynamic Spinal Visualization” to “Dynamic Spinal Visualization and Vertebral Motion Analysis” Vertebral motion analysis added to policy as investigational.</td>
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PO Box 91102, Seattle, WA 98111
Toll free 855-332-4535, Fax 425-918-5992, TTY 800-842-5357
Email AppealsDepartmentInquiries@Premera.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue SW, Room S09F, HHH Building
Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)

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Premera Blue Cross. Телефон: 800-722-1471 (TTY: 800-842-5357)

Informacje dotyczące ważnych terminów w przypadku utrzymania polisy ubezpieczeniowej lub przyjęcia kosztów. Małe informacje odnoszą się do okresów określonych dla beholdere za ochronę zdrowia od podatku.

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