UTILIZATION MANAGEMENT GUIDELINE – 3.01.521
Psychiatric Evaluations in Inpatient and Residential Behavioral Health Treatment

Effective Date: Sept. 1, 2020
Last Revised: Aug. 20, 2020
Replaces: N/A
RELATED POLICIES / GUIDELINES:
None

Select a hyperlink below to be directed to that section.

POLICY CRITERIA | CODING | EVIDENCE REVIEW | REFERENCES | HISTORY

∞ Clicking this icon returns you to the hyperlinks menu above.

Introduction

The company uses a nationally-recognized, evidence-based set of criteria to decide if inpatient and residential mental health and substance use disorder treatment are medically necessary. For inpatient mental health and substance use disorder treatment, the criteria require a psychiatric evaluation within 24 hours of admission and then at least once every day. For residential mental health and substance use disorder treatment, the criteria require a psychiatric evaluation within one business day of admission and then at least once every week (every seven days). For inpatient detoxification, a psychiatric-medical evaluation is required within 24 hours of admission and then at least once every day. This policy supplements the medical necessity criteria by indicating what types of providers must conduct these evaluations.

Note: The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.

Policy Coverage Criteria
This Medical Policy is utilized in addition to InterQual criteria for the specific type of inpatient or residential treatment under consideration. Except for child and adolescent mental health residential treatment, InterQual criteria do not specify the clinician types that must conduct the required psychiatric evaluations.

Residential/sub-acute detoxification is not covered in this policy because 3.01.515 Behavioral Health: Residential/Sub-Acute Detoxification specifies the clinician types that must conduct the required evaluations.

Substance Use Disorder Inpatient Rehabilitation is not covered in this policy because InterQual criteria do not require psychiatric evaluations for this level of care.

<table>
<thead>
<tr>
<th>Service</th>
<th>Medical Necessity</th>
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</table>
| Psychiatric evaluations during inpatient mental health treatment, including inpatient eating disorder treatment | In addition to other InterQual criteria, inpatient mental health treatment including inpatient eating disorder treatment is medically necessary only when a psychiatric evaluation is done within 24 hours of admission and then at least once every day, and is conducted by one of the following provider types:  
  • Psychiatrist  
  • Psychiatric nurse practitioner  
  • Psychiatric physician assistant  
  • Licensed clinical psychologist in states in which functioning as the attending clinician for inpatient mental health treatment is within licensed psychologists’ legally-permitted scope of licensure  
  • Physician, nurse practitioner, or physician assistant who specializes in eating disorder treatment (for inpatient eating disorder treatment only)  
  • Non-psychiatric physician, nurse practitioner, or physician assistant in daily consultation with, or with the daily assistance of, or with separate daily evaluation by, a licensed mental health clinician (only for inpatient mental health treatment on a medical unit or in an emergency department, while waiting for a psychiatric bed to become available, in a hospital without available psychiatrists, psychiatric nurse practitioners, or psychiatric physician assistants) |
### Service

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<th>Medical Necessity</th>
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<td>and then at least once every day, and is conducted by one of the following provider types:</td>
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<td>• Psychiatrist</td>
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<td>• Psychiatric nurse practitioner</td>
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<td>• Psychiatric physician assistant</td>
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<tr>
<td>• Licensed clinical psychologist in states in which functioning as the attending clinician for inpatient substance use disorder treatment is within licensed psychologists' legally-permitted scope of licensure</td>
</tr>
<tr>
<td>• Physician, nurse practitioner, or physician assistant who specializes in addiction medicine</td>
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</tbody>
</table>

#### Psychiatric evaluations during residential mental health treatment, including residential eating disorder treatment

| In addition to other InterQual criteria, residential mental health treatment including residential eating disorder treatment is medically necessary only when a psychiatric evaluation is done within one business day of admission, and then a psychiatric or (eating disorder only) psychiatric medication evaluation is done at least once every week (7 days), and is conducted by one of the following provider types: |
| • Psychiatrist |
| • Psychiatric nurse practitioner |
| • Psychiatric physician assistant |
| • Licensed clinical psychologist in states in which functioning as the attending clinician for mental health residential treatment is within licensed psychologists' legally-permitted scope of licensure |
| • Physician, nurse practitioner, or physician assistant who specializes in eating disorder treatment (for residential eating disorder treatment only) |

#### Note:

For child and adolescent residential mental health treatment, InterQual Criteria specify that the required psychiatric evaluations are conducted by a psychiatrist. This policy expands the permitted clinician types to include nurse practitioners, physician assistants, and for eating disorder residential treatment, physicians, nurse practitioners, and physician assistants who specialize in eating disorder treatment.
<table>
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<th>Service</th>
<th>Medical Necessity</th>
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| Psychiatric evaluations during substance use disorder residential treatment | In addition to other InterQual criteria, substance use disorder residential treatment is medically necessary only when a psychiatric evaluation is done within one business day of admission and then at least once every week (7days), and is conducted by one of the following provider types:  
- Psychiatrist  
- Psychiatric nurse practitioner  
- Psychiatric physician assistant  
- Licensed clinical psychologist in states in which functioning as the attending clinician for substance use disorder residential treatment is within licensed psychologists’ legally-permitted scope of licensure  
- Physician, nurse practitioner, or physician assistant who specializes in addiction medicine |

| Psychiatric/medical evaluations during inpatient detoxification | In addition to other InterQual criteria, inpatient detoxification is medically necessary only when a psychiatric evaluation and medical assessment are done within 24 hours of admission and then at least once every day, and are conducted by one of the following provider types:  
- Psychiatrist  
- Psychiatric nurse practitioner  
- Psychiatric physician assistant  
- Licensed clinical psychologist in states in which functioning as the attending clinician for inpatient detoxification is within licensed psychologists’ legally-permitted scope of licensure  
- Physician, nurse practitioner, or physician assistant who specializes in addiction medicine |

**Coding**

N/A
Evidence Review

N/A

References

1. McKesson InterQual Criteria, LOC: Acute Adult, InterQual 2017
2. McKesson InterQual Criteria, LOC: Acute Pediatric, InterQual 2017
3. McKesson InterQual Criteria, LOC: Subacute/SNF, InterQual 2017

Note: InterQual Acute and Subacute/SNF criteria are cited (references 1, 2, and 3) to note criteria for medical levels of care that are comparable to InterQual Behavioral Health inpatient and residential treatment criteria. References 6, 7, and 8 discuss components of the psychiatric evaluation, including components that require medical and psychiatric specialty training and experience.

History

<table>
<thead>
<tr>
<th>Date</th>
<th>Comments</th>
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<tbody>
<tr>
<td>11/01/17</td>
<td>New utilization management guideline, approved October 10, 2017. Adopting to support InterQual medical necessary requirements for psychiatric evaluations by clarifying the provider types who must conduct the evaluations.</td>
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<tr>
<td>Date</td>
<td>Comments</td>
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<tr>
<td>01/01/18</td>
<td>Interim Review, approved December 20, 2017. Minor clarification that the mental health clinician’s involvement must be daily when a non-psychiatric physician, nurse practitioner, or physician assistant is the provider type.</td>
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<td>03/01/18</td>
<td>Interim Review, approved February 27, 2018. Clarified that psychiatric medication evaluation applies only to eating disorder residential treatment.</td>
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<td>11/01/18</td>
<td>Annual Review, approved October 26, 2018. No changes to policy statement.</td>
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<tr>
<td>11/01/19</td>
<td>Annual Review, approved October 4, 2019. Literature review through September 2019, no changes to policy statements.</td>
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<tr>
<td>09/01/20</td>
<td>Annual Review, approved August 20, 2020. No changes to policy.</td>
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**Disclaimer:** This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. The Company adopts policies after careful review of published peer-reviewed scientific literature, national guidelines and local standards of practice. Since medical technology is constantly changing, the Company reserves the right to review and update policies as appropriate. Member contracts differ in their benefits. Always consult the member benefit booklet or contact a member service representative to determine coverage for a specific medical service or supply. CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). ©2020 Premera All Rights Reserved.

**Scope:** Medical policies are systematically developed guidelines that serve as a resource for Company staff when determining coverage for specific medical procedures, drugs or devices. Coverage for medical services is subject to the limits and conditions of the member benefit plan. Members and their providers should consult the member benefit booklet or contact a customer service representative to determine whether there are any benefit limitations applicable to this service or supply. This medical policy does not apply to Medicare Advantage.
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Premera Blue Cross complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

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  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Civil Rights Coordinator - Complaints and Appeals
PO Box 91102, Seattle, WA 98111
Toll free 855-332-4535, Fax 425-918-5992, TTY 800-842-5357
Email AppealsDepartmentInquiries@Premera.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue SW, Room 509F, HHH Building
Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)

Getting Help in Other Languages

This Notice has Important Information. This notice may have important information about your application or coverage through Premera Blue Cross. There may be key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost.

Call 800-722-1471 (TTY: 800-842-5357).

Oromo (Cushite):
Lakkoofsa bibilaa 800-722-1471 (TTY: 800-842-5357) ti bibilaa.

French (Français):


Kreyòl ayisyen (Creole):

Avi sila a gen Enfòmasyon Enpòtan ladann. Avi sila a kapab genyen enfòmasyon enfòtan konplana a pway ak sila konplana kwitòt asidents lan atravé Premera Blue Cross. Kapab genyen dat ki enpòtan nan avi sila a. Ou ka gen pou pran kék aksyon avan sèten dat limit pou ka benbe kwitòt asidents sante w la oswa pou yo ka ede w avèk depans yo. Se dwa w pou rewata enfòmasyon sa a ak asidents nan lang ou pale a, san ou pa gen pou peye pou sa. Rate nan 800-722-1471 (TTY: 800-842-5357).

Deutsche (German):


Iloko (Ilocano):

Daytoy a pakdaar mag-ayo nga Napagat nga Impompasion. Daytoy a pakdaar mag-ayo nga napagat nga impompasion maipangeep iti aplikasyonu woyong coverage babaen Iti Premera Blue Cross. Daytoy a mag-ayo nga impompasion ken tulog kadagiti gastos. Adda karbenganyo a mangala iti daytoy nga impompasion ken tulog iti bukodoy a pagasay nga awan ti bayadanyo. Tumawag ti numero nga 800-722-1471 (TTY: 800-842-5357).

Italiano (Italian):


中文 (Chinese):

本通知有重要的訊息。本通知可能有關於您透過 Premera Blue Cross 提交的申請或保單的重要訊息。本通知可能有重要日期。您可能需要在我截止日期之前採取行動。以利您的健康保險或費用補貼。您有權利免費以您的母語得到本訊息和幫助。請撥電話 800-722-1471 (TTY: 800-842-5357).

037338 (07-2016)
Este aviso contém informações importantes. Este aviso poderá conter informações importantes privavceria ou acoperireia assegurado de santeo vacumdaos o atal de Premera Blue Cross. Po exista data cheie em acento e Francisco. Este posie a fai nevoe a aciónies pão a anume termes limites para a mo acoperirea assegurado de santeo ao estes. Uso a fio telefico do atal de fio telefico foi. Vam os de a obite gratuit estas informacións e ajutor io limba santeostrate. Sanas 800-722-1471 (TTY: 800-842-5357).