


# UTILIZATION MANAGEMENT GUIDELINE – 3.01.515

## Behavioral Health: Residential/Sub-Acute Detoxification

Effective Date:	Dec. 1, 2017	RELATED MEDICAL POLICIES:
Last Revised:	Nov. 9, 2017	3.01.520 Opioid Antagonists Under Heavy Sedation or General Anesthesia as a
Replaces:	N/A	Technique of Opioid Detoxification

Select a hyperlink below to be directed to that section.

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 Clicking this icon returns you to the hyperlinks menu above.

### Introduction

The general definition of detoxification is the removal of toxins. For substance use disorders, detoxification — commonly called detox — is the process in which the body breaks down and then eliminates drugs or alcohol. By allowing the body to break down the substance without ingesting any more, the body is able to clear out the toxins. Sometimes, however, withdrawing from a substance can cause extremely uncomfortable physical symptoms. In some cases, withdrawal without medical help may be life threatening. Medical detoxification helps a person through severe withdrawal with the use of medications, under the care and monitoring of a medical professional. Detoxification may take place in many different settings. This policy describes when detoxification in a residential or sub-acute facility may be considered medically necessary.

**Note:** The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.

### Coverage Guidelines

Service	Medical Necessity
<b>Residential and sub-acute detoxifications</b>	<b>Residential and sub-acute detoxifications (aka, withdrawal management) are considered to be synonymous.</b>

Service	Medical Necessity
	<p data-bbox="573 296 1438 905"><b>Residential and sub-acute detoxification may be considered medically necessary when provided in a stand-alone substance use disorder or dual disorders residential treatment facility or sub-acute treatment facility, in a psychiatric residential treatment facility, in a substance use disorder or dual disorders residential treatment unit in a general hospital, or in a stand-alone detoxification facility, and the criteria listed below are met. Residential and sub-acute detoxification are considered to be not medically necessary when the location is a halfway house or other sober living residence, a wilderness or adventure or camping program or expedition, a boarding school or therapeutic boarding school, a boot camp, military school or academy, group home, therapeutic home, or supported or alternative housing.</b></p> <p data-bbox="573 961 1409 1125"><b>Detoxification in a stand-alone detox facility is considered to be sub-acute detoxification unless the facility is licensed as a hospital, in which the case the level of care is inpatient detoxification.</b></p> <p data-bbox="573 1182 1430 1440"><b>Note:</b> This Utilization Management Guideline is in lieu of InterQual Criteria because InterQual Criteria do not include sub-acute detoxification, and do not include intervention criteria or continued stay criteria for residential detoxification. InterQual does not indicate that sub-acute and residential detoxification should always be covered.</p>

Criteria
<p data-bbox="167 1604 651 1638"><b>Symptom Criteria for Admission</b></p>
<p data-bbox="167 1652 675 1686"><b>All of the following must be present:</b></p> <ul data-bbox="167 1696 1425 1730" style="list-style-type: none"> <li data-bbox="167 1696 1425 1730">• Substance Use Disorder, moderate or severe, other than for tobacco/nicotine, not in remission</li> </ul> <p data-bbox="167 1740 233 1774"><b>AND</b></p> <ul data-bbox="167 1785 1398 1860" style="list-style-type: none"> <li data-bbox="167 1785 1398 1860">• The substance or substances in use have withdrawal syndromes that can be potentially life-threatening, or can potentially cause serious physical harm, or can cause physical withdrawal</li> </ul>



## Criteria

symptoms that are so physically intolerable that it is highly unlikely that withdrawal could be completed without 24/7 containment. The latter does not include simple or less severe physical or mental discomfort

### AND

- Heavy and continuous use of the substance or substances such that discontinuation without active medical monitoring and management will produce a withdrawal syndrome at a level of severity noted in criterion 2 (above)

### AND

- At least one of the following must be present:
  - Current signs or symptoms of severe or potentially life-threatening withdrawal.
  - Current signs or symptoms indicate that severe or potentially life-threatening withdrawal is imminent without active medical management.
  - Pattern and amount of recent/frequent substance use is such that severe or potentially life-threatening withdrawal is highly likely with discontinuation without active medical management.
  - Previous severe or life-threatening substance withdrawal from the same or similar substance(s) with a similar use pattern.
  - Current signs or symptoms of physically severely intolerable withdrawal.
  - Current signs or symptoms indicate that physically severely intolerable withdrawal is imminent without active medical management.
  - Pattern and amount of recent/frequent substance use is such that physically severely intolerable withdrawal is highly likely with discontinuation without active medical management.
  - Previous physically severely intolerable withdrawal from the same or similar substance(s) with a similar use pattern.

### Additional Considerations

- Residential and sub-acute detoxification are not medically necessary when detoxification admission is due to a programmatic requirement or standard procedure that all patients are initially admitted for detoxification prior to residential treatment.
- Residential and sub-acute detoxification are not medically necessary when the patient is being observed for possible withdrawal signs or symptoms without active medical management (sometimes referred to as "social detoxification").
- Residential and sub-acute detoxification are not medically necessary when done via ultra-rapid detoxification aka anesthesia-assisted detoxification aka anesthesia under heavy sedation.
- Residential and sub-acute detoxification are not medically necessary when done via a program that consists of or includes sauna detoxification.



## Criteria

- Residential and sub-acute detoxification are not medically necessary when done via a program that consists of or includes herbal detoxification.
- Residential and sub-acute detoxification are not medically necessary when done via a program that consists of or includes exercise as a major component.
- Residential and sub-acute detoxification are not medically necessary when done via a program that consists of or includes hydration and nutrition without active medical management as defined above.
- Residential and sub-acute detoxification are not medically necessary for an isolated incident of acute intoxication. Instead, this may warrant “drying-out” in an observation bed.
- A court order does not make residential and sub-acute detoxification medically necessary. Symptom and intervention criteria must be met.

## Symptom Criteria for Continued Stay

### At least one of the following must be present:

- Continued signs or symptoms of moderate or severe or potentially life-threatening withdrawal.
- Continued signs or symptoms which indicate that severe or potentially life-threatening withdrawal is likely without ongoing active medical management.
- Continued signs or symptoms of physically severely intolerable withdrawal.
- Continued signs or symptoms which indicate that physically severely intolerable withdrawal is likely without ongoing active medical management.
- Mild withdrawal signs and symptoms for a maximum of 24 hours, then discharge if there is no recurrence of moderate or severe withdrawal signs or symptoms.

### Additional Considerations

- Continued residential and sub-acute detoxification are not medically necessary when the patient is being observed for possible withdrawal signs or symptoms without active medical management (sometimes referred to as “social detoxification”).
- Continued residential and sub-acute detoxification are not medically necessary when continued stay is due to post-acute withdrawal syndrome (PAWS) symptoms. PAWS can last for up to 20 months after substance discontinuation and is manageable on an outpatient basis.
- Continued residential and sub-acute detoxification are not medically necessary when continued stay is because discharge planning has not been started or completed.
- Continued residential and sub-acute detoxification are not medically necessary when continued stay is because the patient is waiting for a residence or treatment placement.
- Continued residential and sub-acute detoxification are not medically necessary when continued stay is due to uncertainty about or lack of an adequate family, living environment, peer, community, or other support system.



## Criteria

- Continued residential and sub-acute detoxification are not medically necessary when continued stay is due to patient or family non-compliance with treatment or discharge planning.
- A court order for any designated length of stay does not make residential and sub-acute detoxification medically necessary. Symptom and intervention criteria must be met.

## Intervention Criteria for Admission and Continued Stay

### ALL of the following must be present:

- There must be an attending physician, nurse practitioner, or (where legally permitted) physician assistant who is in charge of treatment.
- The attending physician, nurse practitioner, or physician assistant must conduct an admission evaluation, in-person one-on-one, including medical history and physical examination within 24 hours of admission, and must subsequently assess the patient's medical status, medication regimen, and other continued treatment needs, in-person one-on-one, at least once every 24 hours.
- Substance use evaluation must be completed within 8 hours of admission.
- Active medical management as defined below (see [Definition of Terms](#)) must continue throughout the stay, except that medication to manage or prevent withdrawal symptoms may be discontinued when withdrawal symptoms have become mild and discharge is planned within 24 hours, or at any time within 24 hours of planned discharge to confirm prior to discharge that medication for management of withdrawal is no longer needed.
- Nursing staff observation must be provided 24/7.
- Discharge planning must start within 24 hours of admission.

### Additional Considerations

- The attending clinician may be a licensed psychologist in states in which functioning as the attending clinician for substance use disorder residential treatment is within licensed psychologists' legally-permitted scope of licensure. If a licensed psychologist functions as the attending clinician, she/he is required to perform all of the attending clinician services noted above and to provide active medical management as defined below (see [Definition of Terms](#) below).
- Continued stays beyond 5 days should be referred for Secondary Review.

**Note:** A small number of plans that are exempt from Federal mental health parity requirements may choose to maintain exclusion of coverage of residential treatment services including residential detoxification.



## Coding

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N/A

## Related Information

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### Definition of Terms

As used throughout the criteria below, "**active medical management**" (1) means daily use of medication(s) to treat or prevent withdrawal symptoms, (2) evaluation of the effects of such medication(s) at least once daily, with dose adjustments or medication changes when indicated, (3) physical examination components as appropriate for the withdrawal or potential withdrawal syndrome at least once daily and more often when indicated, (4) vital signs when indicated, and (5) laboratory testing as appropriate for the withdrawal or potential withdrawal syndrome when indicated. Observation for possible withdrawal symptoms following substance discontinuation without these components (sometimes referred to as "social detoxification") does not constitute "active medical management."

## References

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1. D Mee-Lee et al, The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions, Third Edition. The Change Companies, 2013.
2. R Ries et al. The ASAM Principles of Addiction Medicine, Fifth Edition. Wolters Kluwer, 2014.
3. American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. American Psychiatric Publishing, 2013.

## History

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Date	Comments
02/10/15	New UM Guideline, add to Mental Health section. Residential and sub-acute detoxification may be considered medically necessary when all criteria are met. Policy effective date retro-active to May 2, 2016.
05/02/16	Annual Review. Guideline updated; criteria now reviewed by InterQual removed; that for sub-acute detoxification and residential detoxification is addressed within this guideline.
09/01/16	Interim Update, approved August 9, 2016. Additions to Criteria, Additional Considerations.
02/01/17	Annual Review, approved January 10, 2017. Addition made to Intervention Criteria for Admission and Continued Stay that discharge planning must start within 24 hours of admission.
03/01/17	Interim Review, approved February 14, 2017. Added #5 Symptom Criteria for Continued Stay.
12/01/17	Interim Review, approved November 9, 2017. Clarified that licensed psychologists can function as the attending clinician in states in which that is within their scope of licensure. The guideline now indicates that Secondary Review is done for stays that exceed 5 days (previously the guideline stated 7 days).

**Disclaimer:** This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. The Company adopts policies after careful review of published peer-reviewed scientific literature, national guidelines and local standards of practice. Since medical technology is constantly changing, the Company reserves the right to review and update policies as appropriate. Member contracts differ in their benefits. Always consult the member benefit booklet or contact a member service representative to determine coverage for a specific medical service or supply. CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). ©2017 Premera All Rights Reserved.

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  - Qualified interpreters
  - Information written in other languages

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PO Box 91102, Seattle, WA 98111  
Toll free 855-332-4535, Fax 425-918-5592, TTY 800-842-5357  
Email AppealsDepartmentInquiries@Premera.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services  
200 Independence Avenue SW, Room 509F, HHH Building  
Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)  
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

**Getting Help in Other Languages**

**This Notice has Important Information.** This notice may have important information about your application or coverage through Premera Blue Cross. There may be key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost. Call 800-722-1471 (TTY: 800-842-5357).

**አማርኛ (Amharic):**

ይህ ማስታወቂያ አስፈላጊ መረጃ ይዟል። ይህ ማስታወቂያ ስለ ማመልከቻዎ ወይም የ Premera Blue Cross ሽፋን አስፈላጊ መረጃ ሊኖረው ይችላል። በዚህ ማስታወቂያ ውስጥ ቁልፍ ቀዳጅ ሊኖሩ ይችላሉ። የጤና ሽፋንዎን ለመጠበቅና በአስፋፈል እርዳታ ለማግኘት በተውሰኑ የጊዜ ገደቦች እርምጃ መውሰድ ይገባዎት ይሆናል። ይህን መረጃ እንዲያገኙ እና የለምንም ክፍያ በቋንቋዎ እርዳታ እንዲያገኙ መብት አለዎት። በስልክ ቁጥር 800-722-1471 (TTY: 800-842-5357) ይደውሉ።

**العربية (Arabic):**

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**Avi sila a gen Enfòmasyon Enpòtan ladann.** Avi sila a kapab genyen enfòmasyon enpòtan konsènan aplikasyon w lan oswa konsènan kouvèti asirans lan atravè Premera Blue Cross. Kapab genyen dat ki enpòtan nan avi sila a. Ou ka gen pou pran kèk aksyon avan sèten dat limit pou ka kenbe kouvèti asirans sante w la oswa pou yo ka ede w avèk depans yo. Se dwa w pou resewva enfòmasyon sa a ak asistans nan lang ou pale a, san ou pa gen pou peye pou sa. Rele nan 800-722-1471 (TTY: 800-842-5357).

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**Tsawb ntawv tshaj xo no muaj cov ntshiab lus tseem ceeb.** Tej zaum tsawb ntawv tshaj xo no muaj cov ntshiab lus tseem ceeb txog koj daim ntawv thov kev pab los yog koj qhov kev pab cuam hnuv ntawm Premera Blue Cross. Tej zaum muaj cov hnuv tseem ceeb uas sau rau hauv daim ntawv no. Tej zaum koj kuj yuav tau ua qee yam uas pab kom koj ua tsis pub dhau cov caij nyuog uas teev tseg rau hauv daim ntawv no mas koj thiaj yuav tau txais kev pab cuam kho mob los yog kev pab them tej nqi kho mob ntawd. Koj muaj cai kom lawv muab cov ntshiab lus no uas tau muab sau ua koj hom lus pub dawb rau koj. Hu rau 800-722-1471 (TTY: 800-842-5357).

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**Daytoy a Pakdaar ket naglaon iti Napateg nga Impormasion.** Daytoy a pakdaar mabalin nga adda ket naglaon iti napateg nga impormasion maipanggep iti aplikasyonyo wenna coverage babaen iti Premera Blue Cross. Daytoy ket mabalin dagiti importante a petsa iti daytoy a pakdaar. Mabalin nga adda rumbeng nga aramidenyo nga addang sakbay dagiti partikular a naituding nga aldaw tapno mapagtalinaedyo ti coverage ti salun-ato wenna tulong kadagiti gastos. Adda karbenganyo a mangala iti daytoy nga impormasion ken tulong iti bukodyo a pagsasao nga awan ti bayadanyo. Tumawag iti numero nga 800-722-1471 (TTY: 800-842-5357).

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ແຈ້ງການນີ້ມີຂໍ້ມູນສໍາຄັນ. ແຈ້ງການນີ້ອາດຈະມີຂໍ້ມູນສໍາຄັນກ່ຽວກັບຄໍາຮ້ອງສະໝັກ ຫຼື ຄວາມຄົມຄອງປະກັນໄພຂອງທ່ານຜ່ານ Premera Blue Cross. ອາດຈະມີວັນທີ່ສໍາຄັນໃນແຈ້ງການນີ້. ທ່ານອາດຈະຈຳເປັນຕ້ອງດໍາເນີນການຕາມກຳນົດ ເວລາສະເພາະເພື່ອຮັກສາຄວາມຄົມຄອງປະກັນສະພາບ ຫຼື ຄວາມຊ່ວຍເຫຼືອເວັ້ນເວີ້ ຄ່າໃຊ້ຈ່າຍຂອງທ່ານໄດ້. ທ່ານມີສິດໄດ້ຮັບຂໍ້ມູນນີ້ ແລະ ຄວາມຊ່ວຍເຫຼືອເປັນພາສາຂອງທ່ານໂດຍບໍ່ເສຍຄ່າ. ໃຫ້ໃບທາ 800-722-1471 (TTY: 800-842-5357).

**ភាសាខ្មែរ (Khmer):**

សេចក្តីជូនដំណឹងនេះមានព័ត៌មានយ៉ាងសំខាន់។ សេចក្តីជូនដំណឹងនេះប្រហែលជាមានព័ត៌មានយ៉ាងសំខាន់អំពីទម្រង់បែបបទ ឬការរៀបចំរបស់អ្នកកាមរយ: Premera Blue Cross ។ ប្រហែលជាមាន កាលបរិច្ឆេទសំខាន់នៅក្នុងសេចក្តីជូនដំណឹងនេះ។ អ្នកប្រហែលជាត្រូវការបញ្ជាក់សមត្ថភាព ដល់កិច្ចការផ្ទៃក្នុងដូចជា ឆ្លើយតបនូវសំណួរ ឬប្រាកដន្នយុទ្ធសាស្ត្រ។ អ្នកមានសិទ្ធិទទួលបានព័ត៌មាននេះ និងដំណោះស្រាយនៅក្នុងភាសារបស់អ្នកដោយមិនអស់លុយឡើយ។ សូមទូរស័ព្ទ 800-722-1471 (TTY: 800-842-5357)។

**ਪੰਜਾਬੀ (Punjabi):**

ਇਸ ਨੋਟਿਸ ਵਿਚ ਖਾਸ ਜਾਣਕਾਰੀ ਹੈ. ਇਸ ਨੋਟਿਸ ਵਿਚ Premera Blue Cross ਵਲੋਂ ਤੁਹਾਡੀ ਕਵਰੇਜ ਅਤੇ ਅਰਜੀ ਬਾਰੇ ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ ਹੋ ਸਕਦੀ ਹੈ . ਇਸ ਨੋਟਿਸ ਨਵ ਖਾਸ ਤਾਰੀਖਾਂ ਹੋ ਸਕਦੀਆਂ ਹਨ. ਜੇਕਰ ਤੁਸੀਂ ਜਸਰਤ ਕਵਰੇਜ ਰਿੱਖਣੀ ਹੋਵੇ ਜਾਂ ਓਸ ਦੀ ਲਾਗਤ ਜਵਿੱਚ ਮਦਦ ਦੇ ਇਛੁੱਕ ਹੋ ਤਾਂ ਤੁਹਾਨੂੰ ਅੰਤਮ ਤਾਰੀਖ ਤੋਂ ਪਹਿਲਾਂ ਢੁੱਝ ਖਾਸ ਕਦਮ ਚੁੱਕਣ ਦੀ ਲੋੜ ਹੋ ਸਕਦੀ ਹੈ ,ਤੁਹਾਨੂੰ ਮੁਫਤ ਵਿੱਚ ਤੋਂ ਅਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ ,ਕਾਲ 800-722-1471 (TTY: 800-842-5357).

**فارسی (Farsi):**

این اعلامیه حاوی اطلاعات مهم میباشد. این اعلامیه ممکن است حاوی اطلاعات مهم درباره فرم تقاضا و یا پوشش بیمه ای شما از طریق Premera Blue Cross باشد. به تاریخ های مهم در این اعلامیه توجه نمایید. شما ممکن است برای حفظ پوشش بیمه تان یا کمک در پرداخت هزینه های درمانی تان، به تاریخ های مشخصی برای انجام کارهای خاصی احتیاج داشته باشید. شما حق این را دارید که این اطلاعات و کمک را به زبان خود به طور رایگان دریافت نمایید. برای کسب اطلاعات با شماره 800-722-1471 (کلیران TTY تماس باشماره 800-842-5357) تماس برقرار نمایید.

**Polskie (Polish):**

To ogłoszenie może zawierać ważne informacje. To ogłoszenie może zawierać ważne informacje odnośnie Państwa wniosku lub zakresu świadczeń poprzez Premera Blue Cross. Prosimy zwrócić uwagę na kluczowe daty, które mogą być zawarte w tym ogłoszeniu aby nie przekroczyć terminów w przypadku utrzymania polisy ubezpieczeniowej lub pomocy związanej z kosztami. Macie Państwo prawo do bezpłatnej informacji we własnym języku. Zadzwońcie pod 800-722-1471 (TTY: 800-842-5357).

**Português (Portuguese):**

Este aviso contém informações importantes. Este aviso poderá conter informações importantes a respeito de sua aplicação ou cobertura por meio do Premera Blue Cross. Poderão existir datas importantes neste aviso. Talvez seja necessário que você tome providências dentro de determinados prazos para manter sua cobertura de saúde ou ajuda de custos. Você tem o direito de obter esta informação e ajuda em seu idioma e sem custos. Ligue para 800-722-1471 (TTY: 800-842-5357).

**Română (Romanian):**

Prezenta notificare conține informații importante. Această notificare poate conține informații importante privind cererea sau acoperirea asigurării dumneavoastră de sănătate prin Premera Blue Cross. Pot exista date cheie în această notificare. Este posibil să fie nevoie să acționați până la anumite termene limită pentru a vă menține acoperirea asigurării de sănătate sau asistența provizorie la costuri. Aveți dreptul de a obține gratuit aceste informații și ajutor în limba dumneavoastră. Sunați la 800-722-1471 (TTY: 800-842-5357).

**Русский (Russian):**

Настоящее уведомление содержит важную информацию. Это уведомление может содержать важную информацию о вашем заявлении или страховом покрытии через Premera Blue Cross. В настоящем уведомлении могут быть указаны ключевые даты. Вам, возможно, потребуется принять меры к определенным предельным срокам для сохранения страхового покрытия или помощи с расходами. Вы имеете право на бесплатное получение этой информации и помощь на вашем языке. Звоните по телефону 800-722-1471 (TTY: 800-842-5357).

**Fa'asamoa (Samoan):**

Atonu ua iai i lenei fa'asilasilaga ni fa'amatalaga e sili ona taua e tatau ona e malamalama i ai. O lenei fa'asilasilaga o se fesoasoani e fa'amatala atili i ai i le tulaga o le polokalame, Premera Blue Cross, ua e tau fia maua atu i ai. Fa'amolemole, ia e iloilo fa'alelei i aso fa'apitoa olo'o iai i lenei fa'asilasilaga taua. Masalo o le'a iai ni feau e tatau ona e faia ao le'i aulia le aso ua ta'ua i lenei fa'asilasilaga ina ia e iai pea ma maua fesoasoani mai ai i le polokalame a le Malo olo'o e iai i ai. Olo'o iai iate oe le aia tatau e maua atu i lenei fa'asilasilaga ma lenei fa'matalaga i legagana e te malamalama i ai aunoa ma se togiga tupe. Vili atu i le telefoni 800-722-1471 (TTY: 800-842-5357).

**Español (Spanish):**

Este Aviso contiene información importante. Es posible que este aviso contenga información importante acerca de su solicitud o cobertura a través de Premera Blue Cross. Es posible que haya fechas clave en este aviso. Es posible que deba tomar alguna medida antes de determinadas fechas para mantener su cobertura médica o ayuda con los costos. Usted tiene derecho a recibir esta información y ayuda en su idioma sin costo alguno. Llame al 800-722-1471 (TTY: 800-842-5357).

**Tagalog (Tagalog):**

Ang Paunawa na ito ay naglalaman ng mahalagang impormasyon tungkol sa iyong aplikasyon o pagsakop sa pamamagitan ng Premera Blue Cross. Maaaring may mga mahalagang petsa dito sa paunawa. Maaring mangailangan ka na magsagawa ng hakbang sa ilang mga itinakdang panahon upang mapanatili ang iyong pagsakop sa kalusugan o tulong na walang gastos. May karapatan ka na makakuha ng ganiitong impormasyon at tulong sa iyong wika ng walang gastos. Tumawag sa 800-722-1471 (TTY: 800-842-5357).

**ไทย (Thai):**

ประกาศนี้มีข้อมูลสำคัญ ประกาศนี้อาจมีข้อมูลที่สำคัญเกี่ยวกับกาการสมัครหรือขอบเขตประกันสุขภาพของคุณผ่าน Premera Blue Cross และอาจมีกำหนดการในประกาศนี้ คุณอาจจะต้องดำเนินการภายในกำหนดระยะเวลาที่แน่นอนเพื่อจะรักษาการประกันสุขภาพของคุณหรือการช่วยเหลือที่มีค่าใช้จ่าย คุณมีสิทธิที่จะได้รับข้อมูลและความช่วยเหลือในภาษาของคุณโดยไม่มีค่าใช้จ่าย โทร 800-722-1471 (TTY: 800-842-5357)

**Український (Ukrainian):**

Це повідомлення містить важливу інформацію. Це повідомлення може містити важливу інформацію про Ваше звернення щодо страховального покриття через Premera Blue Cross. Зверніть увагу на ключові дати, які можуть бути вказані у цьому повідомленні. Існує імовірність того, що Вам треба буде здійснити певні кроки у конкретні кінцеві строки для того, щоб зберегти Ваше медичне страхування або отримати фінансову допомогу. У Вас є право на отримання цієї інформації та допомоги безкоштовно на Вашій рідній мові. Дзвоніть за номером телефону 800-722-1471 (TTY: 800-842-5357).

**Tiếng Việt (Vietnamese):**

Thông báo này cung cấp thông tin quan trọng. Thông báo này có thông tin quan trọng về đơn xin tham gia hoặc hợp đồng bảo hiểm của quý vị qua chương trình Premera Blue Cross. Xin xem ngày quan trọng trong thông báo này. Quý vị có thể phải thực hiện theo thông báo đúng trong thời hạn để duy trì bảo hiểm sức khỏe hoặc được trợ giúp thêm về chi phí. Quý vị có quyền được biết thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Xin gọi số 800-722-1471 (TTY: 800-842-5357).