Introduction

Prophylactic bilateral salpingo-oophorectomy is surgery that removes both ovaries. The goal of this surgery is to reduce the risk of ovarian, fallopian tube, peritoneal, and breast cancers, particularly for those women who are at high risk. This policy describes when prophylactic bilateral salpingo-oophorectomy may be considered medically necessary.

Note: The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.

Policy Coverage Criteria

<table>
<thead>
<tr>
<th>Service</th>
<th>Medical Necessity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prophylactic bilateral salpingo-oophorectomy (PBSO)</td>
<td>Prophylactic bilateral salpingo-oophorectomy (PBSO) may be considered medically necessary for the following indications:</td>
</tr>
</tbody>
</table>
Service | Medical Necessity
---|---
• PBSO is considered medically necessary for select individuals at high-risk of inherited ovarian cancer when the patient meets one of the following:
  o The patient has a positive BRCA1 or BRCA 2 genetic test (refer to 10.01.526 Molecular Genetic Testing: Services Reviewed by AIM®) or has been diagnosed with a hereditary ovarian cancer syndrome based on a family pedigree constructed by a provider competent to determine the presence of an autosomal dominant inheritance pattern
  OR
  o There are two first degree relatives (ie, parent, sibling or child of the individual) with a history of epithelial ovarian cancer or breast cancer
  OR
  o There is one first degree relative and one or more second degree relatives with epithelial ovarian cancer
  OR
  o The patient has a personal history of breast cancer and at least one first degree relative with epithelial ovarian cancer
  OR
  o There are two or more second degree relatives with history of ovarian cancer or breast cancer
  OR
  o The patient has a personal history of estrogen receptor positive, premenopausal breast cancer
• PBSO shall be considered for coverage in hereditary nonpolyposis colorectal cancer (HNPPC) when a prophylactic hysterectomy is performed in these cases

The decision to perform PBSO should not be based only on age; it should be a highly individualized decision that takes into account several patient factors and choices. Hormone replacement therapy could be considered for women undergoing PBSO and patients should be counseled about the risks and benefits of hormone replacement therapy prior to undergoing surgery.
Service Medical Necessity

For women with BRCA1 or mutations, risk-reducing PBSO should be offered after the completion of childbearing and only deferred beyond the early 40s following a careful discussion of the risks and benefits.

In individuals with a personal or family history suggestive of an inherited predisposition to breast and ovarian cancer who have not had genetic testing or who have undergone genetic testing and have not had a deleterious BRCA1 or BRCA2 mutation identified, less information is available regarding the relative risks and benefits of PBSO. These individuals are best managed by a multidisciplinary team of gynecologists, gynecologic oncologists, and geneticists experienced in the care of women at inherited risk for cancer.

Note: See Related Information below for Limitations

Coding

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>CPT</td>
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<tr>
<td>58720</td>
<td>Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate procedure)</td>
</tr>
<tr>
<td>58940</td>
<td>Oophorectomy, partial or total, unilateral or bilateral;</td>
</tr>
</tbody>
</table>

ICD-10 Codes Covered if Selection Criteria are Met

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>C56.1-C56.9</td>
<td>Malignant neoplasm of ovary</td>
</tr>
<tr>
<td>C57.00-C57.02</td>
<td>Malignant neoplasm of fallopian tube</td>
</tr>
<tr>
<td>C57.10-C57.12</td>
<td>Malignant neoplasm of broad ligament</td>
</tr>
<tr>
<td>C57.20-C57.22</td>
<td>Malignant neoplasm of round ligament</td>
</tr>
<tr>
<td>C57.3</td>
<td>Malignant neoplasm of parametrium</td>
</tr>
<tr>
<td>Code</td>
<td>Description</td>
</tr>
<tr>
<td>---------</td>
<td>-----------------------------------------------------------------------------</td>
</tr>
<tr>
<td>C57.4</td>
<td>Malignant neoplasm of uterine adnexa, unspecified</td>
</tr>
<tr>
<td>C57.7-C57.9</td>
<td>Malignant neoplasm of other specified female genital organs, overlapping sites of female genital organs, and female genital organs unspecified</td>
</tr>
<tr>
<td>C79.60-C79.62</td>
<td>Secondary malignant neoplasm of ovary</td>
</tr>
<tr>
<td>D27.0-D27.9</td>
<td>Benign neoplasm of ovary</td>
</tr>
<tr>
<td>D39.10-D39.12</td>
<td>Neoplasm of uncertain behavior or unspecified ovary</td>
</tr>
<tr>
<td>N83.0-N83.9</td>
<td>Non-inflammatory disorders of ovary, fallopian tube, and broad ligament</td>
</tr>
<tr>
<td>N94.89</td>
<td>Other specified conditions associated with female genital organs and menstrual cycle</td>
</tr>
<tr>
<td>O00.0-O00.9</td>
<td>Ectopic pregnancy and other ectopic pregnancy</td>
</tr>
<tr>
<td>P01.4</td>
<td>Newborn (suspected to be) affected by ectopic pregnancy</td>
</tr>
<tr>
<td>Z40.00</td>
<td>Encounter for prophylactic removal of unspecified organ</td>
</tr>
<tr>
<td>Z40.02</td>
<td>Encounter for prophylactic removal of ovary</td>
</tr>
<tr>
<td>Z40.09</td>
<td>Encounter for prophylactic removal of other organ</td>
</tr>
</tbody>
</table>

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**Related Information**

**Definition of Terms**

**Breast cancer:** Invasive breast cancer or ductal carcinoma in situ

**First-degree relative:** Parent, sibling or child of an individual

**Ovarian cancer:** Epithelial ovarian cancer

**Second-degree relative:** Grandparent, aunt, uncle, half-sibling, niece, nephew or grandchild of an individual

**Third-degree relative:** Great-grandparent, great-uncle, great-aunt, first cousin, grand-niece, grand-nephew, or great-grandchild of an individual
Limitations

- Genetic testing of a non-covered family member of the patient for the sole purpose of obtaining non-related genetic information is not covered.

- Occasionally, blood or tissue samples from other non-covered family members are required to provide the medical information necessary for the proper medical care of a patient. Molecular-based testing for BRCA and other specific heritable disorders in non-members is covered when all of the following conditions are met:
  - The information is needed to adequately assess risk in the patient.
  - The information will be used in the immediate care plan of the patient.
  - The non-covered family member’s benefit plan (if any) will not cover the test and the denial is based on specific plan exclusion.

Evidence Review

Background

Prophylactic bilateral oophorectomy is a surgical procedure that removes both ovaries. The goal of this surgery is to reduce the risk of ovarian, fallopian tube, and peritoneal cancers, particularly for those women who are at high risk. This procedure can be done at the same time as the removal of the fallopian tubes during a hysterectomy. Risk factors can include family history of breast or ovarian cancer and/or the presence of mutations in the BRCA1/2 gene.

Approximately 5-10% of all inherited cases of breast and ovarian cancers are associated with mutations in the BRCA1/2 genes. According to the American College of Obstetricians and Gynecologists (ACOG), ovarian cancer has the highest mortality rate out of all types of gynecologic cancer and is the 5th leading cause of cancer deaths among women.
References


15. Definitions specific to the Genetic Information Nondiscrimination Act of 2008 [29 CFR 1635.3]

<table>
<thead>
<tr>
<th>Date</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>09/16/19</td>
<td>New policy, approved August 13, 2019, effective January 1, 2020. Prophylactic bilateral salpingo-oophorectomy (PBSO) may be considered medically necessary for patients at high-risk or with hereditary nonpolyposis colorectal cancer (HNPCC) when criteria are met.</td>
</tr>
</tbody>
</table>

**Disclaimer:** This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. The Company adopts policies after careful review of published peer-reviewed scientific literature, national guidelines and local standards of practice. Since medical technology is constantly changing, the Company reserves the right to review and update policies as appropriate. Member contracts differ in their benefits. Always consult the member benefit booklet or contact a member service representative to determine coverage for a specific medical service or supply. CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). ©2019 Premera All Rights Reserved.

**Scope:** Medical policies are systematically developed guidelines that serve as a resource for Company staff when determining coverage for specific medical procedures, drugs or devices. Coverage for medical services is subject to the limits and conditions of the member benefit plan. Members and their providers should consult the member benefit booklet or contact a customer service representative to determine whether there are any benefit limitations applicable to this service or supply. This medical policy only applies to Individual Plans.
Discrimination is Against the Law

Premera Blue Cross complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

If you need these services, contact the Civil Rights Coordinator.

If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Civil Rights Coordinator - Complaints and Appeals
PO Box 91102, Seattle, WA 98111
Toll free 855-332-4535, Fax 425-918-5592, TTY 800-537-7697 (TDD)

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at:


Getting Help in Other Languages

This Notice has Important Information. This notice may have important information about your application or coverage through Premera Blue Cross. There may be key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost.

Call 800-722-1471 (TTY: 800-842-5357).

Oromo (Cushite):

Lakkoofsaa bilbilaa 800-722-1471 (TTY: 800-842-5357) ti bilbilaa.

Français (French):

Appelez le 800-722-1471 (TTY: 800-842-5357).

Kreyòl ayisyen (Creole):

Deutsche (German):

Hmoo (Hmong):

Iloko (Ilocano):
Daytoy a Pakdaar ket naglaon iti Napateg nga Impomarsion. Daytoy a pakdaar mabalin nga adda ket naglaon iti napateg nga impomarsion maipanggep iti aplikasyon woy yonno coverage babaen iti Premera Blue Cross. Daytoy ket mabalin dagiti importanta a pelsa iti daytoy a pakdaar. Mabalin nga adda rumbang nga aramideny nga addang sakkay dagiti partikular a naituding nga dawl tapno mapagalitnessiy o tagage ti salun-atyo woy tunglog kadagit gastos. Adda karbenganyo a망가하다 daytoy nga impomarsion ken tunglog iti bukodyo a pagasasoa nga awan ti bayadanyo. Tumawag ti numero nga yoo 800-722-1471 (TTY: 800-842-5357).

Italiano (Italian):
Questo avviso contiene informazioni importanti. Questo avviso può contenere informazioni importanti sulla tua domanda o copertura attraverso Premera Blue Cross. Potrebbero essere date chiave in questo avviso. Potrebbe essere necessario un tuo intervento entro una scadenza determinata per consentirti di mantenere la tua copertura o sovvenzione. Hai il diritto di ottenere queste informazioni e assistenza nella tua lingua gratuitamente.

Chiamata 800-722-1471 (TTY: 800-842-5357).
Este aviso poderá conter informações importantes. Este aviso pode conter informações importantes privadas que você não sabia que era relevante para você. Por exemplo, você pode descobrir que é elegível para um programa de benefícios que lhe concederá benefícios em caso de emergência. Este aviso poderá conter informações importantes relacionadas a seguros de saúde e seguro de vida.

Contacte o seu provedor de serviços para obter mais informações.

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