

## PHARMACY / MEDICAL POLICY – 5.01.645

### Pharmacologic Treatment of Psoriatic Arthritis

Effective Date: **Jul. 1, 2025\***  
Last Revised: Jun. 10, 2025  
Replaces: N/A

\*This policy has been revised. Click here to view the changes effective October 3, 2025.

#### RELATED MEDICAL POLICIES:

5.01.550	Pharmacotherapy of Arthropathies
5.01.563	Pharmacotherapy of Inflammatory Bowel Disorder
5.01.564	Pharmacotherapy of Miscellaneous Autoimmune Diseases
5.01.607	Continuity of Coverage for Maintenance Medications
5.01.628	Pharmacologic Treatment of Atopic Dermatitis
5.01.629	Pharmacologic Treatment of Psoriasis
5.01.647	Medical Necessity Criteria for Custom Open and Preferred Formularies
11.01.523	Site of Service: Infusion Drugs and Biologic Agents

The Site of Service Medical Necessity criteria within this policy DOES NOT apply to Alaska fully-insured members; refer to the infusion drug Medical Necessity criteria only.


Site of Service *and* the infusion drug Medical Necessity criteria apply to all other plan members.

Please contact Customer Service for more information.

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Select a hyperlink below to be directed to that section.

[POLICY CRITERIA](#) | [DOCUMENTATION REQUIREMENTS](#) | [CODING](#)  
[RELATED INFORMATION](#) | [EVIDENCE REVIEW](#) | [REFERENCES](#) | [HISTORY](#)

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## Introduction

Psoriatic arthritis is an inflammatory disease of the joints and areas where tendons and ligaments connect to bone. The most common symptoms are joint pain and stiffness, skin rashes, and changes in your fingernails and toenails. This policy discusses when biologics and other drugs are considered medically necessary for the treatment of psoriatic arthritis.

**Note:** The Introduction section is for your general knowledge and is not to be taken as policy coverage criteria. The rest of the policy uses specific words and concepts familiar to medical professionals. It is intended for providers. A provider can be a person, such as a doctor, nurse, psychologist, or dentist. A provider also can

be a place where medical care is given, like a hospital, clinic, or lab. This policy informs them about when a service may be covered.

## Policy Coverage Criteria

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**Site of Service (SOS) Medical Necessity criteria does NOT apply to Alaska fully-insured members; refer to the infusion drug Medical Necessity criteria only. Please contact Customer Service for more information.**

We will review specific intravenous (IV) and injectable drugs for medical necessity for all ages.

For those age 13 and older, we also will review the site of service for medical necessity. Site of service is defined as the location where the drug is administered, such as a hospital-based outpatient setting, an infusion center, a physician's office, or at home. Click [here](#) to be directed to the site of service review criteria.

**Drugs subject to site of service review addressed in this policy are:**

- Avsola (infliximab-axxq) IV
- Cosentyx (secukinumab) IV
- Inflectra (infliximab-dyyb) IV
- Infliximab (Janssen – unbranded) IV
- Orencia (abatacept) IV
- Remicade (infliximab) IV
- Renflexis (infliximab-abda) IV
- Simponi Aria (golimumab) IV



Site of Service Administration	Medical Necessity
<b>Medically necessary sites of service</b> <ul style="list-style-type: none"> <li>• Physician's office</li> <li>• Infusion center</li> <li>• Home infusion</li> </ul>	<p><b>IV infusion therapy of various medical or biologic agents will be covered in the most appropriate, safe and cost-effective site:</b></p> <ul style="list-style-type: none"> <li>• These are the preferred <b>medically necessary</b> sites of service for specified drugs.</li> </ul>
<b>Hospital-based outpatient setting</b> <ul style="list-style-type: none"> <li>• Outpatient hospital IV infusion department</li> <li>• Hospital-based outpatient clinical level of care</li> </ul>	<p><b>IV infusion therapy of various medical or biologic agents will be covered in the most appropriate, safe and cost-effective site.</b></p> <p><b>This site is considered medically necessary for the first 90 days for the following:</b></p> <ul style="list-style-type: none"> <li>• The initial course of infusion of a pharmacologic or biologic agent</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>• Re-initiation of an agent after 6 months or longer following discontinuation of therapy*</li> </ul> <p><b>*Note:</b> This does not include when standard dosing between infusions is 6 months or longer</p> <p><b>This site is considered medically necessary when there is no outpatient infusion center within 50 miles of the individual's home and there is no contracted home infusion agency that will travel to their home, or a hospital is the only place that offers infusions of this drug.</b></p> <p><b>This site is considered medically necessary only when the individual has a clinical condition which puts him or her at increased risk of complications for infusions, including any 1 of the following:</b></p> <ul style="list-style-type: none"> <li>• Known cardiac condition (e.g., symptomatic cardiac arrhythmia) or pulmonary condition (e.g., significant respiratory disease, serious obstructive airway disease, %FVC less than or equal to 40%) that may increase the risk of an adverse reaction</li> </ul>



Site of Service Administration	Medical Necessity
	<ul style="list-style-type: none"> <li>• Unstable renal function which decreases the ability to respond to fluids</li> <li>• Difficult or unstable vascular access</li> <li>• Acute mental status changes or cognitive conditions that impact the safety of infusion therapy</li> <li>• A known history of severe adverse drug reactions and/or anaphylaxis to prior treatment with a related or similar drug</li> </ul> <p><b>This site is considered medically necessary when the individual has cytokine release syndrome (CRS) and all the following are met:</b></p> <ul style="list-style-type: none"> <li>• CRS is grade 3 or 4 as evidenced by ALL the following: <ul style="list-style-type: none"> <li>○ Temperature at least 38 °C</li> <li>○ Hypotension that requires 1 or more vasopressors</li> <li>○ Hypoxia that requires oxygen through a high-flow nasal cannula, face mask, non-rebreather mask, or Venturi mask OR positive pressure (continuous positive airway pressure [CPAP], bilevel positive airway pressure [BiPAP], intubation, or mechanical ventilation)</li> </ul> </li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• The individual will be admitted into an inpatient setting as soon as possible</li> </ul>
<p><b>Hospital-based outpatient setting</b></p> <ul style="list-style-type: none"> <li>• Outpatient hospital IV infusion department</li> <li>• Hospital-based outpatient clinical level of care</li> </ul>	<p><b>These sites are considered not medically necessary for infusion and injectable therapy services of various medical and biologic agents when the site-of-service criteria in this policy are not met.</b></p>

Step therapy tiers are listed below; please refer to the Policy section for details.

Psoriatic Arthritis – First Line					
TNF- $\alpha$ Inhibitors	IL-17 Inhibitor	IL-12/23 Inhibitors	IL-23 Inhibitors	Janus Kinase Inhibitors	PDE-4 Inhibitor



<ul style="list-style-type: none"> <li>• Inflectra (IV)</li> <li>• Infliximab (Janssen – unbranded) (IV)</li> <li>• Remicade (IV)</li> <li>• Simponi Aria (IV)</li> </ul>	<ul style="list-style-type: none"> <li>• Taltz (SC)</li> </ul>	<ul style="list-style-type: none"> <li>• Stelara (SC)</li> <li>• Steqeyma (SC)</li> <li>• Yesintek (SC)</li> </ul>	<ul style="list-style-type: none"> <li>• Skyrizi (SC)</li> <li>• Tremfya (SC) [pen, syringe, and injector]</li> </ul>	<ul style="list-style-type: none"> <li>• Rinvoq / Rinvoq LQ (oral)</li> <li>• Xeljanz / Xeljanz XR (oral)</li> </ul>	<ul style="list-style-type: none"> <li>• Otezla (oral)</li> </ul>
<ul style="list-style-type: none"> <li>• Adalimumab-adaz</li> <li>• (Hyrimoz unbranded) (SC)</li> <li>• Adalimumab-adbm (Cyltezo unbranded) (SC)</li> <li>• Adalimumab-ryvk (Simlandi unbranded) (SC)</li> <li>• Cyltezo (SC)</li> <li>• Enbrel (SC)</li> <li>• Simlandi (SC)</li> </ul>			<ul style="list-style-type: none"> <li>• Skyrizi (SC)</li> </ul>		

### Psoriatic Arthritis – Second Line

TNF- $\alpha$ Inhibitors	IL-17 Inhibitors	IL-12/23 Inhibitors	T-Cell Costimulation Modulator
<ul style="list-style-type: none"> <li>• Avsola (IV)</li> <li>• Renflexis (IV)</li> </ul>	<ul style="list-style-type: none"> <li>• Bimzelx (SC)</li> <li>• Cosentyx (IV/SC)</li> </ul>	<ul style="list-style-type: none"> <li>• Imuldosa (SC)</li> <li>• Otulfi (SC)</li> <li>• Pyzchiva (SC)</li> <li>• Selarsdi (SC)</li> <li>• Brand ustekinumab (Stelara unbranded) (SC)</li> <li>• Brand ustekinumab-aekn (Selarsdi unbranded) (SC)</li> <li>• Brand ustekinumab-ttwe (Pyzchiva unbranded) (SC)</li> </ul>	<ul style="list-style-type: none"> <li>• Orencia (IV/SC)</li> </ul>
<ul style="list-style-type: none"> <li>• Cimzia (SC)</li> <li>• Simponi(SC)</li> </ul>			
<ul style="list-style-type: none"> <li>• Abrilada (SC)</li> <li>• Adalimumab-aacf (Idacio unbranded) (SC)</li> <li>• Adalimumab-aaty (Yuflyma unbranded) (SC)</li> <li>• Adalimumab-fkjp (Hulio unbranded) (SC)</li> <li>• Amjevita (SC)</li> <li>• Hadlima (SC)</li> <li>• Hulio (SC)</li> </ul>			

<ul style="list-style-type: none"> <li>• Humira (SC)</li> <li>• Hyrimoz (SC)</li> <li>• Idacio (SC)</li> <li>• Yuflyma (SC)</li> <li>• Yusimry (SC)</li> </ul>		<ul style="list-style-type: none"> <li>• Wezlana (SC)</li> </ul>	
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## TNF- $\alpha$ Antagonists – First Line

Agent	Medical Necessity, Psoriatic Arthritis
<ul style="list-style-type: none"> <li>• Cyltezo (adalimumab-adbm) SC</li> <li>• Simlandi (adalimumab-ryvk) SC</li> <li>• Adalimumab-adaz (Hyrimoz unbranded) SC</li> <li>• Adalimumab-adbm (Cyltezo unbranded) SC</li> <li>• Adalimumab-ryvk (Simlandi unbranded) SC</li> <li>• Enbrel (etanercept) SC</li> <li>• Simponi Aria (golimumab) IV</li> </ul>	<p><b>Simponi Aria (golimumab) IV is subject to review for site of service administration.</b></p> <p><b>Cyltezo (adalimumab-adbm), Simlandi (adalimumab-ryvk), adalimumab-adaz (Hyrimoz unbranded), adalimumab-adbm (Cyltezo unbranded), adalimumab-ryvk (Simlandi unbranded), Enbrel (etanercept) or Simponi Aria (golimumab) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul> <p><b>Note:</b> This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy <a href="#">5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies</a>. Please check the member Plan booklet or member ID card to determine whether this policy criteria applies.</p>
<ul style="list-style-type: none"> <li>• Inflectra (infliximab-dyyb) IV</li> <li>• Infliximab (Janssen – unbranded) IV</li> </ul>	<p><b>Inflectra (infliximab-dyyb), Infliximab (Janssen – unbranded), and Remicade (infliximab) are subject to review for site of service administration.</b></p>

<ul style="list-style-type: none"> <li>• <b>Remicade (infliximab) IV</b></li> </ul>	<p><b>Inflectra (infliximab-dyyb), Infliximab (Janssen – unbranded), and Remicade (infliximab) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul>
<b>IL-17 Inhibitor - First Line</b>	
<p><b>Taltz (ixekizumab) SC</b></p>	<p><b>Taltz (ixekizumab) SC may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul>
<b>IL-12/23 Inhibitor - First Line</b>	
<ul style="list-style-type: none"> <li>• <b>Stelara (ustekinumab) SC</b></li> <li>• <b>Steqeyma (ustekinumab-stba) SC</b></li> <li>• <b>Yesintek (ustekinumab-kfce) SC</b></li> </ul>	<p><b>Stelara (ustekinumab) SC, Steqeyma (ustekinumab-stba) SC, and Yesintek (ustekinumab-kfce) SC may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 6 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul>
<b>IL-23 Inhibitors - First Line</b>	
<p><b>Tremfya (guselkumab) SC (pen, syringe, and injector)</b></p>	<p><b>Tremfya (guselkumab) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist</li> </ul>
<p><b>Skyrizi (risankizumab-rzaa) SC</b></p>	<p><b>Skyrizi (risankizumab-rzaa) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist</li> </ul>
<b>Janus Kinase Inhibitors - First Line</b>	

<ul style="list-style-type: none"> <li>• Rinvoq (upadacitinib) oral</li> <li>• Rinvoq LQ (upadacitinib) oral</li> </ul>	<p><b>Rinvoq (upadacitinib) and Rinvoq LQ (upadacitinib) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 2 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• The individual has had an inadequate response or intolerance to 1 or more TNF blockers</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul>
<ul style="list-style-type: none"> <li>• Xeljanz (tofacitinib) oral</li> <li>• Xeljanz XR (tofacitinib extended-release) oral</li> </ul>	<p><b>Xeljanz (tofacitinib) and Xeljanz XR (tofacitinib extended-release) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Has had an inadequate response or intolerance to 1 or more TNF blockers</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul>
<b>PDE4 Inhibitor - First Line</b>	
Otezla (apremilast) oral	<p><b>Otezla (apremilast) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul>
<b>TNF-α Antagonists – Second Line</b>	
<ul style="list-style-type: none"> <li>• Abrilada (adalimumab-afzb) SC</li> <li>• Adalimumab-aacf (Idacio unbranded) SC</li> <li>• Adalimumab-aaty (Yuflyma unbranded) SC</li> <li>• Adalimumab-fkjp (Hulio unbranded) SC</li> <li>• Amjevita (adalimumab-atto) SC</li> </ul>	<p><b>Abrilada (adalimumab-afzb), adalimumab-aacf (Idacio unbranded), adalimumab-aaty (Yuflyma unbranded), adalimumab-fkjp (Hulio unbranded), Amjevita (adalimumab-atto), Hadlima (adalimumab-bwwd), Hulio (adalimumab-fkjp), Humira (adalimumab), Hyrimoz (adalimumab-adaz), Idacio (adalimumab-aacf), Yuflyma (adalimumab-aaty), and Yusimry (adalimumab-aqvh) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul>



<ul style="list-style-type: none"> <li>• <b>Hadlima (adalimumab-bwwd) SC</b></li> <li>• <b>Hulio (adalimumab-fkjp) SC</b></li> <li>• <b>Humira (adalimumab) SC</b></li> <li>• <b>Hyrimoz (adalimumab-adaz) SC</b></li> <li>• <b>Idacio (adalimumab-aacf) SC</b></li> <li>• <b>Yuflyma (adalimumab-aaty) SC</b></li> <li>• <b>Yusimry (adalimumab-aqvh) SC</b></li> </ul>	<p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Has had an inadequate response or intolerance to ALL the following agents: <ul style="list-style-type: none"> <li>• Cyltezo (adalimumab-adbm) OR adalimumab-adbm (Cyltezo unbranded)</li> <li>• Adalimumab-adaz (Hyrimoz unbranded)</li> <li>• Simlandi (adalimumab-ryvk) OR adalimumab-ryvk (Simlandi unbranded)</li> </ul> </li> </ul> <p><b>Note:</b> This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy <a href="#">5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies</a>. Please check the member Plan booklet or member ID card to determine whether this policy criteria applies.</p>
<ul style="list-style-type: none"> <li>• <b>Cimzia (certolizumab pegol) SC</b></li> <li>• <b>Simponi (golimumab) SC</b></li> </ul>	<p><b>Cimzia (certolizumab pegol) and Simponi (golimumab) SC may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Has had an inadequate response or intolerance to 2 of the following agents: <ul style="list-style-type: none"> <li>• Enbrel (etanercept)</li> <li>• Cyltezo (adalimumab-adbm) <b>OR</b> Simlandi (adalimumab-ryvk) <b>OR</b> adalimumab-adaz (Hyrimoz unbranded) <b>OR</b> adalimumab-adbm (Cyltezo unbranded) <b>OR</b> adalimumab-ryvk (Simlandi unbranded)</li> <li>• Otezla (apremilast)</li> <li>• Rinvoq (upadacitinib) or Rinvoq LQ (upadacitinib)</li> <li>• Skyrizi (risankizumab-rzaa) SC</li> </ul> </li> </ul>



	<ul style="list-style-type: none"> <li>Stelara (ustekinumab) SC <b>OR</b> Steqeyma (ustekinumab-stba) SC <b>OR</b> Yesintek (ustekinumab-kfce) SC</li> <li>Taltz (ixekizumab)</li> <li>Tremfya (guselkumab)</li> <li>Xeljanz (tofacitinib) <b>OR</b> Xeljanz XR (tofacitinib extended-release)</li> </ul> <p><b>Note:</b> This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy <a href="#">5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies</a>. Please check the member Plan booklet or member ID card to determine whether this policy criteria applies.</p>
<ul style="list-style-type: none"> <li>Avsola (infliximab-axxq) IV</li> <li>Renflexis (infliximab-abda) IV</li> </ul>	<p><b>Avsola (infliximab-axxq) and Renflexis (infliximab-abda) are subject to review for site of service administration.</b></p> <p><b>Avsola (infliximab-axxq) and Renflexis (infliximab-abda) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>The individual is aged 18 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>Medication is being prescribed by or in consultation with a rheumatologist or dermatologist</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>Has had a documented trial and treatment failure with Inflectra (infliximab-dyyb), Infliximab (Janssen – unbranded), or Remicade (infliximab)</li> </ul>
<b>IL-12/23 Inhibitors - Second Line</b>	
<ul style="list-style-type: none"> <li>Imuldosa (ustekinumab-srlf) SC</li> <li>Otulfi (ustekinumab-aaaz) SC</li> <li>Pyzchiva (ustekinumab-ttwe) SC</li> <li>Selarsdi (ustekinumab-ackn) SC</li> <li>Ustekinumab (Stelara unbranded) SC</li> </ul>	<p><b>Imuldosa (ustekinumab-srlf) SC, Otulfi (ustekinumab-aaaz) SC, Pyzchiva (ustekinumab-ttwe) SC, Selarsdi (ustekinumab-ackn) SC, ustekinumab (Stelara unbranded) SC, ustekinumab-aekn (Selarsdi unbranded) SC, ustekinumab-ttwe (Pyzchiva unbranded) SC, and Wezlana (ustekinumab-auub) SC may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>The individual is aged 6 years or older</li> </ul> <p><b>AND</b></p>



- **Ustekinumab-aekn (Selarsdi unbranded) SC**
- **Ustekinumab-ttwe (Pyzchiva unbranded) SC**
- **Wezlana (ustekinumab-auub) SC**

- Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist

**AND**

- Has had an inadequate response or intolerance to ALL the following agents:
  - Stelara (ustekinumab) SC
  - Steqeyma (ustekinumab-stba) SC
  - Yesintek (ustekinumab-kfce) SC

## IL-17 Inhibitors - Second Line

**Bimzelx (bimekizumab-bkzx) SC**

**Bimzelx (bimekizumab-bkzx) may be considered medically necessary for the treatment of active psoriatic arthritis when:**

- The individual is aged 18 years or older

**AND**

- Has had an inadequate response or intolerance to 1 of the following agents:
  - Enbrel (etanercept)
  - Cyltezo (adalimumab-adbm) **OR** Simlandi (adalimumab-ryvk) **OR** adalimumab-adaz (Hyrimoz unbranded) **OR** adalimumab-adbm (Cyltezo unbranded) **OR** adalimumab-ryvk (Simlandi unbranded)
  - Otezla (apremilast)
  - Skyrizi (risankizumab-rzaa)
  - Stelara (ustekinumab) **OR** Steqeyma (ustekinumab-stba) SC **OR** Yesintek (ustekinumab-kfce) SC
  - Taltz (ixekizumab)
  - Tremfya (guselkumab)

**AND**

- Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist

**Note:** This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy [5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies](#). Please check the member Plan booklet or member ID card to determine whether this policy criteria applies.



<p><b>Cosentyx (secukinumab) IV/SC</b></p>	<p><b>Cosentyx (secukinumab) IV is subject to review for site of service administration.</b></p> <p><b>Cosentyx (secukinumab) may be considered medically necessary for the treatment of active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 2 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Has had an inadequate response or intolerance to 2 of the following agents: <ul style="list-style-type: none"> <li>• Enbrel (etanercept)</li> <li>• Cyltezo (adalimumab-adbm) <b>OR</b> Simlandi (adalimumab-ryvk) <b>OR</b> adalimumab-adaz (Hyrimoz unbranded) <b>OR</b> adalimumab-adbm (Cyltezo unbranded) <b>OR</b> adalimumab-ryvk (Simlandi unbranded)</li> <li>• Otezla (apremilast)</li> <li>• Rinvoq (upadacitinib) <b>OR</b> Rinvoq LQ (upadacitinib)</li> <li>• Skyrizi (risankizumab-rzaa)</li> <li>• Stelara (ustekinumab) <b>OR</b> Steqeyma (ustekinumab-stba) SC <b>OR</b> Yesintek (ustekinumab-kfce) SC</li> <li>• Taltz (ixekizumab)</li> <li>• Tremfya (guselkumab)</li> <li>• Xeljanz (tofacitinib) <b>OR</b> Xeljanz XR (tofacitinib extended-release)</li> </ul> </li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist</li> </ul> <p><b>Note:</b> This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy <a href="#">5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies</a>. Please check the member Plan booklet or member ID card to determine whether this policy criteria applies.</p>
<p><b>T-Cell Costimulation Modulators – Second Line</b></p>	
<p><b>Orencia (abatacept) IV/SC</b></p>	<p><b>Orencia (abatacept) IV is subject to review for site of service administration.</b></p>



**Orencia (abatacept) IV/SC may be considered medically necessary for the treatment of adults with active psoriatic arthritis when:**

- The individual is aged 18 years or older

**AND**

- Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist

**AND**

- Has had an inadequate response or intolerance to 2 of the following agents:
  - Enbrel (etanercept)
  - Cyltezo (adalimumab-adbm) **OR** Simlandi (adalimumab-ryvk) **OR** adalimumab-adaz (Hyrimoz unbranded) **OR** adalimumab-adbm (Cyltezo unbranded) **OR** adalimumab-ryvk (Simlandi unbranded)
  - Otezla (apremilast)
  - Rinvoq (upadacitinib) **OR** Rinvoq LQ (upadacitinib)
  - Skyrizi (risankizumab-rzaa)
  - Stelara (ustekinumab) SC **OR** Steqeyma (ustekinumab-stba) SC **OR** Yesintek (ustekinumab-kfce) SC
  - Taltz (ixekizumab)
  - Tremfya (guselkumab)
  - Xeljanz (tofacitinib) **OR** Xeljanz XR (tofacitinib extended-release)

**OR**

- Has heart failure, a previously treated lymphoproliferative disorder, a previous serious infection, or a demyelinating disorder

**Note:** This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy [5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies](#). Please check the member Plan booklet or member ID card to determine whether this policy criteria applies.



	<p><b>Orencia (abatacept) SC may be considered medically necessary for the treatment of pediatric individuals with active psoriatic arthritis when:</b></p> <ul style="list-style-type: none"> <li>• The individual is aged 2 years or older</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Medication is being prescribed by or in consultation with a dermatologist or a rheumatologist</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• Has had an inadequate response or intolerance to ONE of the following agents:             <ul style="list-style-type: none"> <li>• Enbrel (etanercept)</li> <li>• Rinvoq (upadacitinib) <b>OR</b> Rinvoq LQ (upadacitinib)</li> <li>• Stelara (ustekinumab) SC <b>OR</b> Steqeyma (ustekinumab-stba) SC <b>OR</b> Yesintek (ustekinumab-kfce) SC</li> </ul> </li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>• Has heart failure, a previously treated lymphoproliferative disorder, a previous serious infection, or a demyelinating disorder</li> </ul>
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Drug	Investigational
As listed	<p><b>The medications listed in this policy are subject to the product's US Food and Drug Administration (FDA) dosage and administration prescribing information.</b></p> <p><b>All other uses of the above-named agents when used in combination with each other or for conditions not outlined in this policy or <a href="#">Related Medical Policies</a> are considered investigational.</b></p>

Drug	Not Medically Necessary
As listed	<b>All other uses of the drugs for approved conditions listed in this policy are considered not medically necessary.</b>

Length of Approval	
Approval	Criteria
Initial authorization	Non-formulary exception reviews and all other reviews for all drugs listed in policy may be approved up to 12 months.
Re-authorization criteria	Non-formulary exception reviews and all other reviews for all drugs listed in policy may be approved up to 12 months as long as the drug-specific coverage criteria are met, and chart notes demonstrate that the individual continues to show a positive clinical response to therapy.

Documentation Requirements
<p>The individual's medical records submitted for review for all conditions should document that medical necessity criteria are met. The record should include the following:</p> <ul style="list-style-type: none"> <li>Office visit notes that contain the diagnosis, relevant history, physical evaluation and medication history</li> </ul>

## Coding

Code	Description
<b>HCPCS</b>	
J0129	Injection, abatacept (Orencia), 10 mg (code may be used for Medicare when drug administered under the direct supervision of a physician, not for use when drug is self-administered)
J0139	Injection, adalimumab (Humira), 1 mg (new code effective 01/01/25)
J0717	Injection, certolizumab pegol (Cimzia), 1 mg (code may be used for Medicare when drug administered under the direct supervision of a physician, not for use when drug is self-administered)
J1438	Injection, etanercept (Enbrel), 25mg (code may be used for Medicare when drug administered under the direct supervision of a physician, not for use when drug is self-administered)
J1602	Injection, golimumab (Simponi Aria), 1 mg, for intravenous use
J1628	Injection, guselkumab (Tremfya), 1 mg
J1745	Injection, infliximab, excludes biosimilar (Remicade or Janssen unbranded), 10mg



Code	Description
J3247	Injection, secukinumab, intravenous, (Cosentyx) 1 mg
J3357	Injection, ustekinumab (Stelera), 1mg
J3590	Unclassified biologics (use to report: Abrilada, Adalimumab-adaz HCF, Amjevita, Bimzelx, Cyltezo, Hadlima, Hulio, Hyrimoz LCF, Hyrimoz HCF, Imuldosa, Kevzara, Kineret, Sandoz (unbranded), Simponi, Skyrizi, Taltz, Yuflyma, Yusimry)
Q5098	Injection, ustekinumab-srlf (Imuldosa), biosimilar, 1 mg (new code effective 07/01/25)
Q5099	Injection, ustekinumab-stba (Stequeyma), biosimilar, 1 mg (new code effective 07/01/25)
Q5100	Injection, ustekinumab-kfce (Yesintek), biosimilar, 1 mg (new code effective 07/01/25)
Q5103	Injection, infliximab-dyyb, biosimilar (Inflectra), 10 mg
Q5104	Injection, infliximab-abda, biosimilar (Renflexis), 10 mg
Q5115	Injection, rituximab-abbs, biosimilar (Truxima), 10 mg
Q5121	Injection, infliximab-axxq, biosimilar (Avsola), 10 mg
Q5137	Injection, ustekinumab-auub (Wezlana), biosimilar, SC, 1 mg
Q5138	Injection, ustekinumab-auub (Wezlana), biosimilar, IV, 1 mg
Q5140	Injection, adalimumab-fkjp (Hulio), biosimilar, 1 mg (new code effective 01/01/25)
Q5141	Injection, adalimumab-aaty (Yuflyma), biosimilar, 1 mg (new code effective 01/01/25)
Q5142	Injection, adalimumab-ryvk biosimilar (Simlandi), 1 mg (new code effective 01/01/25)
Q5143	Injection, adalimumab-adbm, biosimilar (Cyltezo), 1 mg (new code effective 01/01/25)
Q5144	Injection, adalimumab-aacf (Idacio), biosimilar, 1 mg (new code effective 01/01/25)
Q5145	Injection, adalimumab-afzb (Abrilada), biosimilar, 1 mg (new code effective 01/01/25)
Q9996	Injection, ustekinumab-ttwe (Pyzchiva), subcutaneous, 1 mg
Q9998	Injection, ustekinumab-aekn (Selarsdi), 1 mg
Q9999	Injection, ustekinumab-aauz (Otulfi), biosimilar, 1 mg (new code effective 04/01/25)

**Note:** CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). HCPCS codes, descriptions and materials are copyrighted by Centers for Medicare Services (CMS).

## Related Information





## Consideration of Age

Age limits specified in this policy are determined according to FDA-approved indications, where applicable.

For site of service for medical necessity the age described in this policy is 13 years of age or older. Site of service is defined as the location where the drug is administered, such as a hospital-based outpatient setting, an infusion center, a physician's office, or at home. The age criterion for site of service for medical necessity is based on the following: Pediatric individuals are not small adults. Pediatric individuals differ physiologically, developmentally, cognitively, and emotionally from adult individuals, and vary by age groups from infancy to teen. Children often require smaller doses than adults, lower infusion rates, appropriately sized equipment, the right venipuncture site determined by therapy and age, and behavioral management during administration of care. Specialty infusion training is therefore necessary for pediatric IV insertions and therapy. Due to pediatrics unique physiology and psychology, site of service review is limited to individuals above the age of 13.

## Evidence Review

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### Psoriatic Arthritis

Psoriatic Arthritis (PsA) is characterized as a spondyloarthropathy associated with psoriasis. The true incidence is unknown and is variably reported to occur in 6-42% (25% is considered a reasonable estimate) of individuals with psoriasis, an immunologic skin disease which occurs in 2-3% of the general population. There is similarity in the histopathogenesis of PsA and RA, including the role of cytokines such as tumor necrosis factor alpha (TNF-  $\alpha$ ), although there are important differences as well. Several subsets of PsA have also been described. PsA is characterized by stiffness - both peripheral and spine inflammation and pain - joint deformities related to joint destruction, dactylitis, enthesitis (inflammation at insertion sites of tendons, ligaments, and joint capsule fibers), and psoriasis skin plaques. The course of PsA is variable, but the majority of individuals develop a chronic progressive form of the disease resulting in joint destruction, unless treated effectively. Although less well characterized than in RA, similar levels of disability, decreased quality of life, increased co-morbidities, and premature mortality are now being noted in long term registry studies.



Pharmacologic therapy combined with a physical rehabilitation program is the most effective available treatment for psoriatic arthritis (PsA). As with RA, early initiation of pharmacologic therapy is needed to avoid joint damage and disability.

NSAIDs have customarily been used in milder disease along with corticosteroids or traditional DMARDs. Moderate to severe disease requires the use of traditional DMARDs such as MTX, sulfasalazine, or the anti-TNF agents. Azathioprine and cyclosporine are rarely used. Retinoids, phototherapy, and topical and systemic corticosteroids have also been used to treat the skin manifestations of PsA. In January 2002, etanercept, a TNF- $\alpha$  inhibitor became the first therapy to be approved for the indication. Adalimumab has also recently received FDA-approval for this indication. Additionally, infliximab has been demonstrated effective for this condition in at least one randomized, double-blind, controlled clinical trial. FDA has since approved the newer TNF- $\alpha$  inhibitors certolizumab pegol and golimumab for this indication. More recently, the IL12/IL23 inhibitor ustekinumab and the phosphodiesterase four inhibitor apremilast are now approved.

## 2025 Update

Moved psoriatic arthritis criteria for the infliximab products, adalimumab products, Simponi Aria, Enbrel, Taltz, Stelara, Skyrizi, Tremfya, Rinvoq, Rinvoq LQ, Xeljanz, Xeljanz XR, Otezla, Cimzia, Simponi, Bimzelx, Cosentyx, and Orencia from Policy 5.01.550 to 5.01.645. Added coverage criteria for Imuldosa (ustekinumab-srlf), Otulfi (ustekinumab-aaaz), Pyzchiva (ustekinumab-ttwe), Selarsdi (ustekinumab-ackn), Steqeyma (ustekinumab-stba), ustekinumab (Stelara unbranded), ustekinumab-aekn (Selarsdi unbranded), ustekinumab-ttwe (Pyzchiva unbranded), Yesintek (ustekinumab-kfce), and Wezlana (ustekinumab-auub). Added the following to note to select criteria for Bimzelx (bimekizumab-bkzx), Cimzia (certolizumab pegol), Cosentyx (secukinumab) IV/SC, Orencia (abatacept) IV/SC, and Simponi (golimumab) SC: This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy 5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies.

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11. Yuflyma (adalimumab-aaty). Prescribing Information. Celltrion USA, Inc; Jersey City, NJ. Revised January 2024.
12. Cyltezo (adalimumab-adbm). Prescribing Information. Boehringer Ingelheim Pharmaceuticals, Inc; Ridgefield, CT. Revised April 2024.
13. Hadlima (adalimumab-bwwd). Prescribing Information. Merck Sharp & Dohme Corp; Whitehouse Station, NJ. Revised June 2024.
14. Abrilada (adalimumab-afzb). Prescribing Information. Pfizer Inc; New York, NY. Revised April 2024.
15. Hulio (adalimumab-fkjp). Prescribing Information. Mylan Pharmaceuticals Inc; Morgantown, WV. Revised December 2023.
16. Yusimry (adalimumab-aqvh). Prescribing Information. Coherus BioSciences, Inc., Redwood City, California. Revised September 2023.
17. Cosentyx (secukinumab). Prescribing Information. Novartis Pharmaceuticals Corporation, East Hanover, NJ. Revised October 2024.
18. Stelara (ustekinumab). Prescribing Information. Janssen Biotech, Inc. Horsham, PA. Revised November 2024.
19. Orencia (abatacept). Prescribing Information. Bristol-Myers Squibb. Princeton, NJ. Revised May 2024.
20. Simlandi (adalimumab-ryvk). Prescribing Information. Teva Pharmaceuticals. Parsippany, NJ. Revised June 2024.
21. Cimzia (certolizumab pegol). Prescribing Information. UCB, Inc. Smyrna, GA. Revised September 2024.
22. Bimzelx (bimekizumab-bkzx). Prescribing Information. UCB, Inc. Smyrna, GA. Revised November 2024.

## History



Date	Comments
07/01/25	<p>New policy, approved June 10, 2025. Moved psoriatic arthritis criteria for the infliximab products, adalimumab products, Simponi Aria, Enbrel, Taltz, Stelara, Skyrizi, Tremfya, Rinvoq, Rinvoq LQ, Xeljanz, Xeljanz XR, Otezla, Cimzia, Simponi, Bimzelx, Cosentyx, and Orencia from Policy 5.01.550 to 5.01.645. Added coverage criteria for Imuldosa (ustekinumab-srlf), Otulfi (ustekinumab-aaaz), Pyzchiva (ustekinumab-ttwe), Selarsdi (ustekinumab-ackn), Steqeyma (ustekinumab-stba), ustekinumab (Stelara unbranded), ustekinumab-aekn (Selarsdi unbranded), ustekinumab-ttwe (Pyzchiva unbranded), Yesintek (ustekinumab-kfce), and Wezlana (ustekinumab-auub). Added the following to note to select criteria for Bimzelx (bimekizumab-bkzx), Cimzia (certolizumab pegol), Cosentyx (secukinumab) IV/SC, Orencia (abatacept) IV/SC, and Simponi (golimumab) SC: This medical necessity criteria does not apply to one Open formulary (Formulary ID: 6062; Rx Plan F1) and one Preferred formulary (Formulary ID: 6064; Rx Plan G3). The criteria for members with these custom Open and Preferred formulary plans can be found in policy 5.01.647 Medical Necessity Criteria for Custom Open and Preferred Formularies. Added HCPCS code Q9999. Also added HCPCS codes Q5137 and Q5138 for Wezlana, Q9996 and Q9998 for Steqeyma. Also added new HCPCS codes Q5098 for Imuldosa and Q5099 for Otulfi and Q5100 for Yesinek.</p>

**Disclaimer:** This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. The Company adopts policies after careful review of published peer-reviewed scientific literature, national guidelines and local standards of practice. Since medical technology is constantly changing, the Company reserves the right to review and update policies as appropriate. Member contracts differ in their benefits. Always consult the member benefit booklet or contact a member service representative to determine coverage for a specific medical service or supply. CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). ©2025 Premiera All Rights Reserved.

**Scope:** Medical policies are systematically developed guidelines that serve as a resource for Company staff when determining coverage for specific medical procedures, drugs or devices. Coverage for medical services is subject to the limits and conditions of the member benefit plan. Members and their providers should consult the member benefit booklet or contact a customer service representative to determine whether there are any benefit limitations applicable to this service or supply. This medical policy does not apply to Medicare Advantage.

