

FOR EMPLOYERS

Sherwood HMO network

This provider network is available to small- and large-group employers with employees enrolled in a Premiera Blue Cross HMO (PBC HMO) plan.

The Sherwood HMO network is built from committed providers who are focused on delivering the best care at the lowest cost. This network is available in King, Pierce, Thurston, and Spokane counties. Emergency and urgent care are covered when traveling out of area.

Key benefits

1

Growing network

Members get more affordable care from our growing and curated network.

Did you know? We prioritize care near where members spend most of their time, which lowers the total cost of care.

2

More affordable options

By investing in care options in specific counties—King, Pierce, Spokane, and Thurston—we're able to lower the cost of care.

Employers can save up to 15% compared to preferred provider organization (PPO) plans.*

3

Hassle-free healthcare

A member's primary care provider (PCP) is their healthcare partner, which means they handle all the hard stuff.

Did you know? A PCP has access to a member's medical history, which allows them to make more informed care decisions and keep the total cost down.

4

Less time looking

Members have access to convenient digital tools like the Find a Doctor tool, digital health messages, and virtual care options to help navigate their plan.

Did you know? PCP-centered plans mean less troubleshooting and fewer dead ends.

*Savings calculations are based on a similar plan design.

SHERWOOD HMO NETWORK

Partial provider list as of September 2025¹

WESTERN WASHINGTON

EvergreenHealth
Good Samaritan Hospital
Kinwell Medical Group
Mary Bridge Children's
MultiCare Health System
Optum²
Overlake Hospital and Medical Clinics
Peninsula Family Medical Center
Sound Family Medicine
Virginia Mason Medical Center³
Yelm Family Medicine

EASTERN WASHINGTON

Centennial Pediatrics of Spokane
Deer Park Family Clinic
Jamison Family Medicine
The Kids Clinic
Kinwell Medical Group
MultiCare Health System
The Native Project
New Health Lake Spokane Medical
Northwest Spokane Pediatrics
Simplicity Direct Care

Want to learn more?

You can find more information about PBC HMO on our website hmo.premera.com/employer. That page will give you a helpful overview of our plan and its benefits to you and your employees.

Help your employees get the information they need about their HMO plan by visiting B'link, the online resource center for employers. B'link provides flyers, copy-and-share messages, and other simple tools. Visit the B'link website at blink.premera.com then go to **Employee Communications > Health Plan Basics > Premera Blue Cross HMO**.

¹This is not an exhaustive list of all practices and hospitals participating in the Sherwood HMO network throughout Washington. This list is subject to change.

²Only includes obstetrical or transplant services if obstetrician or transplant surgeon has admitting privileges at a hospital in the Sherwood HMO network.

³Does not include Franciscan Health system.