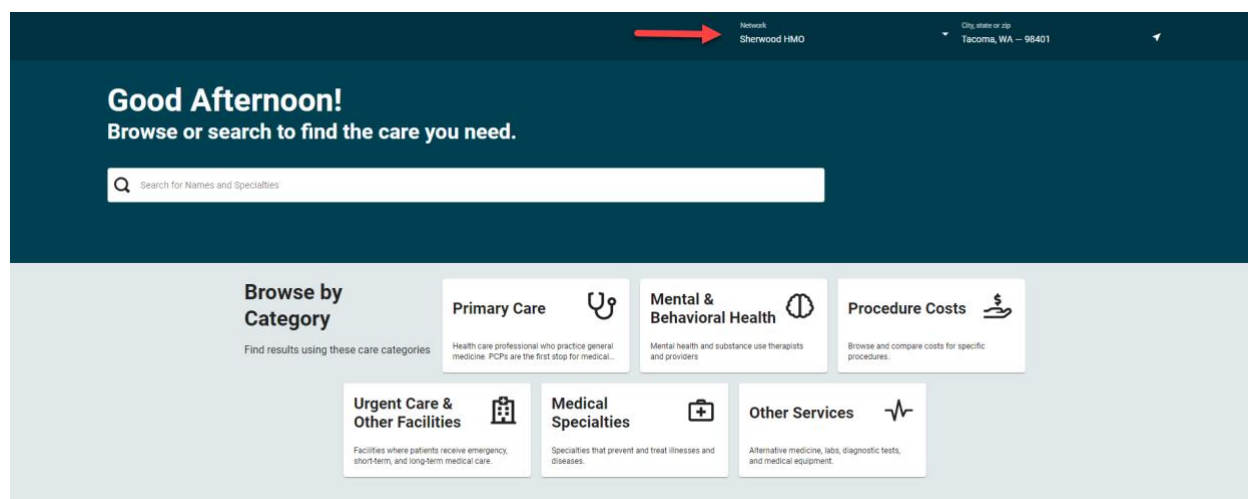


Sherwood HMO network provider directory quick reference guide

Premera HMO Core Plus members and providers have access to the [Sherwood HMO network provider directory](#). Providers can use the directory to find in-network specialists to refer patients to.

Members can also use the directory to pick the right Sherwood HMO primary care provider (PCP) for their needs, but they need to sign in to their account on [premera.com](#) first.



There are certain services that are Direct Access and do not require a referral from a member's PCP. Check the [Direct Access Services List](#) before submitting a request.