Continuity of care

For members whose current provider is leaving the Premera Blue Cross Network

What is continuity of care?

With continuity of care, you may be able to continue to receive treatment or care for specific covered services for up to 90 days with your existing provider. If you are approved, the in-network benefit level applies to the covered service.

Do you qualify for continuity of care?

If you answer yes to any of the following questions, you may qualify for continuity of care benefits. Are you:

Receiving treatment or care for your pregnancy?	☐ Yes	□ No
2. Receiving care for short-term or acute illness or injury, such as a broken bone, strep throat, influenza, or COVID-19?	☐ Yes	□ No
3. Receiving treatment or care for chemotherapy, radiation therapy, anticoagulation therapy, or a medication regimen requiring a rapid increase in dose?	☐ Yes	□ No
4. Receiving treatment for a long-term or chronic illness such as diabetes, asthma, or arthritis?	☐ Yes	□No
5. Receiving care for a terminal illness?	□ Yes	□No
6. Receiving care for a recent major surgery or follow-up of reconstructive surgery?	☐ Yes	□No
7. Receiving treatment or care for mental health or substance use disorder?	☐ Yes	□No
8. Waiting for a surgery or hospital stay that has already been scheduled but occurs after the provider leaves the Premera network?	☐ Yes	□No

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If you answered NO to all of the questions above, you have two options:

- 1. Find a new in-network provider:
 - Visit the website address located on the back of your member ID card. Go to Find Care and select Find a Doctor.
 - Call customer service at the contact number on the back of your member ID card.
- 2. Continue to see your current provider. However, since your provider is not in your health plan network, this may cost more or not be paid for at all by your plan.

If you answered YES to any of the questions above, review the instructions below to apply for continuity of care benefits.

Instructions

If you qualify, Premera will approve your continued treatment or care for up to 90 days with your current, out-of-network healthcare provider. To apply:

- 1. Ask your current healthcare provider to send a request for continuity of care on your behalf. Your provider must submit a request by phone at **800-344-2227**, option 3 or by faxing the request in writing to **888-704-2091**.
- 2. Our care management team will review the request submitted by your provider and make a decision within 10 business days.
- 3. If your request is approved, you may continue treatment or care with your current healthcare provider at the in-network benefit level described in your benefit booklet. Your continuity of care benefits may also be limited to a defined period based on the treatment plan.

Although not all requests will meet the requirement for approval, Premera will work closely with you and your healthcare provider to help you with your continued treatment and care.

If you have questions about continuity of care benefits, call the customer service number on the back of your member ID card.

Notice of availability and nondiscrimination 844-722-4661 | TTY: 711

Call for free language assistance services and appropriate auxiliary aids and services.

Llame para obtener servicios gratuitos de asistencia lingüística, y ayudas y servicios auxiliares apropiados.

呼吁提供免费的语言援助服务和适当的辅助设备及服务。

呼籲提供免費的語言援助服務和適當的輔助設備及服務。

Gọi cho các dịch vụ hỗ trợ ngôn ngữ miễn phí và các hỗ trợ và dịch vụ phụ trợ thích hợp.

무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 신청하십시오.

Звоните для получения бесплатных услуг по переводу и других вспомогательных средств и услуг.

Tumawag para sa mga libreng serbisyo ng tulong sa wika at angkop na mga karagdagang tulong at serbisyo.

Звертайтесь за безкоштовною мовною підтримкою та відповідними додатковими послугами.

សូមហៅទូរសព្ទទៅសេវាជំនួយភាសាដោយឥតគិតថ្លៃ ព្រមទាំងសេវាកម្ម និងជំនួយចាំបាច់ដែលសមរម្យផ្សេងៗ។ 無料言語支援サービスと適切な補助器具及びサービスをお求めください。

Tajaajiloota deeggarsa afaan bilisaa fi gargaarsaa fi tajaajiloota barbaachisaa ta'an argachuuf bilbilaa.

ਮਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ੳਿਚਤ ਸਹਾਇਕ ਚੀਜ਼ਾਂ ਅਤੇ ਸੇਵਾਵਾਂ ਵਾਸਤੇ ਕਾਲ ਕਰੋ।

Fordern Sie kostenlose Sprachunterstützungsdienste und geeignete Hilfsmittel und Dienstleistungen an.

້ ໂທເພື່ອຮັບການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ແລະ ການບໍລິການ ແລະ ການຊ່ວຍເຫຼືອຜິເສດທີ່ເໝາະສົມແບບບໍ່ເສຍຄ່າ.

Rele pou w jwenn sèvis asistans lengwistik gratis ak èd epi sèvis oksilyè ki apwopriye.

Appelez pour obtenir des services gratuits d'assistance linguistique et des aides et services auxiliaires appropriés.

Zadzwoń, aby uzyskać bezpłatną pomoc językową oraz odpowiednie wsparcie i usługi pomocnicze.

Ligue para serviços gratuitos de assistência linguística e auxiliares e serviços auxiliares adequados.

Chiama per i servizi di assistenza linguistica gratuiti e per gli ausili e i servizi ausiliari appropriati.

اتصل للحصول على خدمات المساعدة اللغوية المجانية والمساعدات والخدمات المناسبة. براى خدمات كمك زباني رايگان و كمكها و خدمات امدادى مقتضى، تماس بگيريد.

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