

## Services that don't require a referral from a PCP

Direct Access Services
<b>Alternative medicine</b>
Acupuncture
Chiropractic care
Naturopathic services
Outpatient physical, occupational and speech therapy, massage therapy (benefit limits apply)
Spinal manipulations
<b>Hospital Based Services</b>
Anesthesia (Regardless of Location)
Blood bank services
<b>Preventive services</b>
<a href="#">(Link to all Preventive services)</a>
<b>Other services</b>
Ambulance / Air ambulance (emergent/urgent care only)
Ancillary services (x-ray, lab, pathology)
Behavioral health (includes hypnosis and gender affirming care)
DME purchases / rentals / supplies (some supplies require authorization)
Emergency services / Urgent care
Eye exam (adult and pediatric)
Family planning services
Hearing hardware
Inpatient hospital ancillary professional fees
Male & female sterilization
Newborn care (up to 31 days)
Pediatric dental
Obstetric care
Urgent care centers
Vision hardware (includes contacts)