

## Department of Transportation Substance Abuse Professional service

## FOR SELF-FUNDED GROUPS

When an employee in a safety-sensitive position fails to comply with drug or alcohol testing regulations, it creates challenges for the employee and the entire workflow. It's crucial for an employer managing this disruption to maintain productivity, safety, and regulatory compliance. Our Department of Transportation (DOT) Substance Abuse Professional (SAP) service, administered by ComPsych, simplifies the process, minimizes downtime, and ensures your organization meets all United States DOT regulations while supporting employee recovery.

DOT SAP is an add on to our Employee Assistance Program (EAP) with ComPsych.

Save time	Ensure DOT	Support employee	Reduce
and money	Compliance	wellbeing	liability
Streamlined case	Avoid costly fines and	Connect employees to	Comprehensive follow-
management reduces	legal risks with expert	treatment and aftercare,	up testing and
employee downtime and	oversight and thorough	fostering a healthier,	monitoring to protect
administrative costs,	documentation.	safer workforce.	your organizaton and
keeping your operations			the public.
on track.			

## **HOW IT WORKS**

**Start anytime, anywhere** Your designated representative can initiate the process with a ComPsych GuidanceConsultant (Clinical Intake Counselor) 24/7 via dedicated toll-free line.

**Expert case management** The GuidanceConsultant assigns a ComPsych DOT Coordinator who works with you and the employee to facilitate an evaluation with a local ComPsych contracted SAP. Throughout the process, the coordinator will provide you with detailed updates on treatment recommendations, compliance, and follow-up testing requirements. ComPsych oversees every step from initial referral to aftercare monitoring, guaranteeting all documentation and procedures align with DOT regulations.

**Return-to-work and beyond** The DOT Coordinator monitors aftercare compliance post-return to work, collaborating with the employer's representative and employee to ensure safe resumption of safety-sensitive duties.

Add DOT SAP service to your EAP today and protect your bottom line while ensuring a safer workplace. Contact your **Premera account representative** for more information