

Diabetes Management Plus

For small groups

Chronic conditions like diabetes are costly and highly prevalent. Two in three adults living with diabetes also have hypertension and nine out of ten are overweight or obese.¹ Premera Blue Cross Blue Shield of Alaska offers a virtual solution to support members with diabetes and weight management.

Multi-faceted program design



Comprehensive support

Integrated design that goes beyond diabetes and provides support for hypertension, mental health, and weight management.



Improved outcomes

Members who manage chronic conditions in one place can overcome care fragmentation and improve their health outcomes² to reduce total cost of care.

How Diabetes Management Plus works

Members must have a diabetes diagnosis to be eligible to enroll in Diabetes Management Plus.

MULTI-CONDITION SUPPORT

Diabetes Management Plus

- + Hypertension support
- + Digital mental health
- + Standard weight management

Tools for success

Members who qualify for the Diabetes Management Plus program can receive a smart scale and blood pressure cuff.

Contact your Premera account representative for more information.

PREMERA | 

BLUE CROSS BLUE SHIELD OF ALASKA

An Independent Licensee of the Blue Cross Blue Shield Association

¹National Diabetes Statistics Report.* Centers for Disease Control and Prevention, www.cdc.gov/diabetes/php/data-research/index.html. Accessed 11 July 2024