

# Premera Designated Centers of Excellence

PREMERA | 

BLUE CROSS



# Premera Designated Centers of Excellence

An overview of product details

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**About this solution**

Affordable access and comprehensive navigation helps maximize savings and outcomes on specialty surgery, procedures, and treatments

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**Plan type**

Self-funded

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**Available**

This solution is available January 1, 2025

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**Price**

Contact your Premera representative for specific pricing information

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# Premera Designated Centers of Excellence

Combining quality and cost savings



## Concierge level support and navigation

- Personalized journey from start to finish
- Coordination of medical documentation
- Pre- and post-care plans developed by experienced clinical providers



## Specialties offered

11 available

Top four specialties:

**Spine**  
**Bariatric**

**Cardiac**  
**Total joint replacement**



## Distinguished facilities

- Blue Distinction Centers and Blue Distinction Centers+
- Recognized for patient safety and improved outcomes
- Rated for provider expertise, patient experience, and cost-effective care



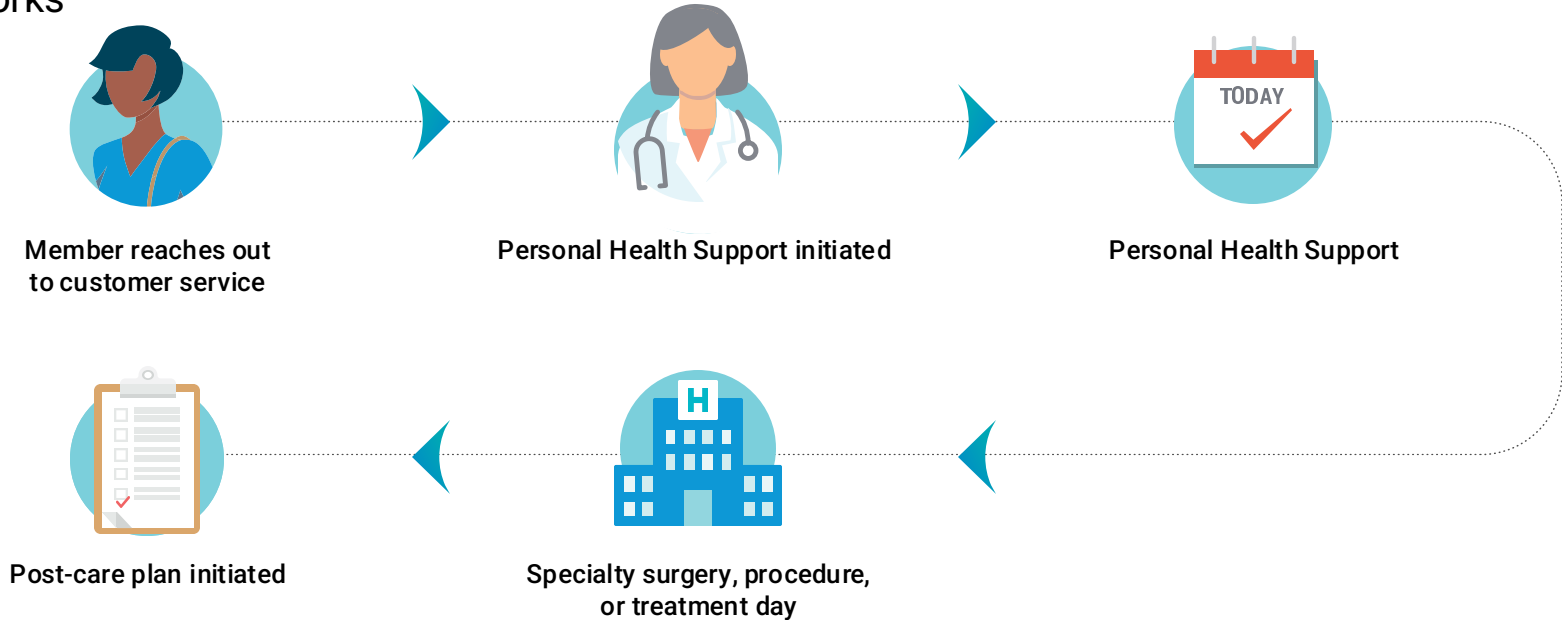
## Significant savings and improved outcomes

**21%**  
**cost savings**  
on average per procedure

**31%**  
**improved outcomes**  
across enrolled members

# Premera Designated Centers of Excellence

## How it works



▶ For members and groups to recognize savings, members must engage with the Premera Personal Health Support team.

\*Employers may opt out of travel benefits.

# Premera Designated Centers of Excellence

With you every step of the way

## Personal Health Support

Benefit education	Procedure education	Coordinate provider offices	Coordinate medical documents	Pre-op prep	Post-op plan
<ul style="list-style-type: none"><li>• Review costs</li><li>• What's included</li></ul>	<ul style="list-style-type: none"><li>• Review what the member needs to know</li></ul>	<ul style="list-style-type: none"><li>• Primary care provider</li><li>• Site of service</li></ul>	<ul style="list-style-type: none"><li>• Medical records</li><li>• Forms</li><li>• Referrals</li><li>• Prior authorizations</li></ul>	<ul style="list-style-type: none"><li>• Appointment support</li><li>• Answer any questions</li><li>• Durable medical equipment</li><li>• Physical therapy referrals</li></ul>	<ul style="list-style-type: none"><li>• Initial call within 3 days</li><li>• Follow up call in 14 days</li><li>• Ongoing support as needed</li></ul>

89% member satisfaction score

\*Items listed are not all-inclusive of Personal Health Support services.

# Premera Designated Centers of Excellence

Distinguished facilities and clinical specialties

## Top four specialties:

Bariatric

Cardiac

Spine

Total joint replacement

## Additional specialties:

Cancer care

Cellular immunotherapy:  
CAR-T

Fertility care

Gene therapy:  
Ocular disorders

Maternity care

Substance use treatment  
and recovery

Transplants

# Thank you



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