**LifeStation**®

Premera |



Do you live alone?

Do your loved ones worry about your well-being when you are home alone?

Is it important for you to continue living independently?

Have you had a fall or other emergency situation in the last 12 months?

Do you worry about falling and not being able to get help?

Do you worry about safety in the shower?

Have you been hospitalized or visited the ER in the past 2 years?

Do you have any of the following conditions? Heart condition, Stroke, Diabetes, COPD, Osteoporosis, Arthritis

Do you take 2 or more medications on a daily basis?

Do you use a cane, walker or other device to help with balance or walking?

If the answer is "Yes" to 5 or more of these questions, a medical alert system is highly recommended to keep you safe and secure.



Our medical alert solution provides independence, security, and peace of mind.

**Order Today!** Call 855-781-3381

**Order Today!** Call 855-781-3381





# Get help when you need it most



# Help at the Push of a Button

In the event of a fall or other emergency, our medical alert system can get you help quickly.

# The Right Medical Alert System for You

# Find My Loved One®

# 3 Easy Steps to Peace of Mind



#### In Home Cellular

Our in-home cellular system works even for customers without a traditional landline.



#### **Mobile with GPS**

Access to help even when you are not at home.
Mobile with GPS helps identify your location in the event of an emergency.



#### **Smartwatch**

Track steps, monitor heart rate, and get emergency help in a modern, sleek smartwatch.



#### **Fall Detection**

Our medical alert system with Fall Detection uses a proprietary sensor within the help button that automatically notifies us when it determines that you have fallen.



#### Step 1

Choose the medical alert system that works best for you.



IN HOME CELLULAR



MOBILE WITH GPS



SMART WATCH



### Step 2

Call 855-781-3381 to learn more.

#### Step 3

Enjoy the safety and security that comes with our medical alert system.

#### What Happens in an Emergency



medical alert

device.

Press your 2 Ca



2 Care Specialists 3 Care ready to assist.



3 Caregiver is contacted. Help is on the way.



Call **855-781-3381** to order now.





To order: Call 855-781-3381 today! Or visit www.LifeStation.com/Premera

These programs are not insurance and may be discontinued at any time. On behalf of Premera Blue Cross, LifeStation is an independent company which provides a medical alert system. Premera Blue Cross headquarters are located at 7001 220th St Mountlake Terrace, WA 98043. Discrimination is against the law. Premera Blue Cross complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, genderity, or sexual orientation. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia linguistica. Llame al 800-722-1471 (TTY: 711). 32s / 如果您使用账件文、您可以免费操制器测据表,请数据 800-722-1471 (TTY: 711) 049794 (07-10201)