

Home Test Kit Programs

COLORECTAL CANCER SCREENING AND DIABETIC HBA1C MONITORING

Premera Blue Cross has partnered with Let’sGetChecked to provide home test kits to members who meet the recommended guidelines. Home testing can improve healthcare access for members who don’t have easy or convenient access to care.

Recommended guidelines for screening and testing

Colorectal cancer screening: Individuals aged 45 to 75 should be regularly screened for colorectal cancer for early detection of abnormalities. The American Cancer Society recommends either a colonoscopy once every 10 years or a FIT (Fecal Immunochemical Test) every year.*

Hemoglobin A1c (HbA1c) test: Individuals aged 18 to 75 with a diagnosis of Type 2 diabetes should receive an HbA1c test at least once per year.

Frequently Asked Questions

<p>I’m a Premera member. Why didn’t I receive a test kit?</p>	<p>Not all Premera members will receive a test kit if they don’t meet the screening guidelines.</p> <p>If you would like a test kit, your primary care provider can discuss your screening and/or testing options and provide more resources.</p>
<p>Can Premera send me a test kit?</p>	<p>Currently, on-demand kit ordering is not available.</p> <p>Please discuss your screening and/or testing options with your primary care provider.</p>
<p>I received a test kit. How can I opt out?</p>	<p>If you plan to complete this test with your doctor, or if you already have, please disregard the test kit. No action is needed.</p> <p>If you would like to opt out of future test kit programs, please contact MemberEngagement@premera.com.</p> <p>If you would like to change your communication preferences, please contact customer service at the number on the back of your member ID card.</p>

*American Cancer Society, cancer.org/cancer/types/colon-rectal-cancer, © 2024 American Cancer Society, Inc.
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 064744 (01-30-2024)