Matchmaker for Behavioral Health



Matchmaker™ for Behavioral Health by Premera Blue Cross Blue Shield of Alaska is an expansion of our commitment to improve access and navigation of finding a behavioral health provider.

Matchmaker for Behavioral Health experience



Membe

Member contacts
Premera customer service
or case management.



CSR

Premera representative completes member intake over the phone.



Navigator team

Matchmaker team curates a list of providers that is delivered to the member in three to four business days.

A measurable meaningful solution

With Matchmaker for Behavioral Health, members receive a highly personalized list of behavioral health providers based on their plan, needs, and personal preferences including in-person or virtual appointments, language spoken, gender, and more.

Matchmaker for Behavioral Health access

Fully insured: included as part of the plan
 OptiFlex: included as part of the plan
 Self-funded: opt in, per list pricing (groups can save more by bundling life or disability products with Connexion Insurance Solutions)

Contact your Premera representative for more information.

2 out of 3

employers rank employee behavioral health as a top priority.¹

25%

per list savings when groups bundle life or disability.

Did you know?

Matchmaker for Behavioral Health supports subscribers and their dependents including children

