

Break a Sweat Without Breaking the Bank™

Thousands of Fitness Options

- Choose from **12,700+** standard gyms for just **\$28/mo.**¹
- Plus, **8,700+** premium exercise studios with **20% - 70% discounts** at most locations.¹

Flexible & Affordable

- **No long-term contracts.** Switch gyms and cancel with ease.
- Join multiple gyms and get a **\$5 monthly discount** on each additional membership.²

Go Beyond the Gym

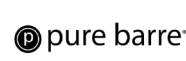
- **1:1 well-being coaching** to help you reach your health goals, at no additional cost.
- Get Fit at Home™ for free with **12,000+ on-demand workout videos** before you enroll.



Standard
Fitness Network



Premium
Fitness Network



Get Started: blue.premera.com/pebb

¹ Monthly fees are subject to applicable enrollment fees and taxes. Costs for premium exercise studios exceed \$28/mo. plus applicable enrollment fees and taxes. Fees vary based on premium fitness studios selected.

² Members may purchase multiple standard and premium gym memberships with a \$5 discount off the monthly fee for each membership purchased after their first.

On behalf of Premera Blue Cross, Active&Fit Direct is an independent company which provides the fitness benefit. These programs are not insurance and may be discontinued at any time.

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