PREMERA BLUE CROSS

Travel and Lodging Reimbursement Request

Instructions for requesting reimbursement

Use this form for travel claims you have incurred through the T-Mobile medical travel and lodging benefit. Travel and lodging reimbursement benefits are available when travel is necessary to obtain covered treatment for an eligible medical condition only when a treatment option is not available within 50 miles of the patient's home. Travel and lodging claims should not be submitted until after the travel has occurred.

Do not use this form for medical care reimbursement.

This form can be used for requesting reimbursement on the following types of claims:

- Airfare
- Lodging
- Mileage
- Transportation (such as a bus, ferry, train, taxi)
- Toll costs
- Parking

Non-covered travel services:

- Alcohol/tobacco
- Lodging at any establishment that is not commercial
- Meals
- Baggage fees
- Personal care items (such as shampoo, deodorant, toothbrush)
- Souvenirs (such as t-shirts, sweatshirts, toys)
- Telephone calls
- Travel in a mobile home, RV, or travel trailer
- Travel insurance
- Costs for pets or animals, other than service animals
- Entertainment (such as movies, visits to museums, additional mileage for sightseeing)
- Expenses for person other than the patient and an eligible covered care companion
- Any air, train, or bus fare, or upgrades for any ticket other than a regularly scheduled commercial airline flight or route in coach class
- Lodging at a residence owned by a family member or friend
- International travel

Notes: Any highlights or modifications to your bill may cause a delay in processing your claim. One member per claim form. If same provider, you can use one claim form to submit for multiple dates of service.

Next steps

To help process your claim, the form must be fully completed, signed, and returned with all required documents. Send your documents one of two ways:

Email through your Secure Inbox:

Simply sign in to your account at **premera.com/t-mobile** and select Secure Inbox. Scan and send this completed form and any required documents back to us as a secure email attachment.

Mail to:

Premera Blue Cross
PO Box 91059
Seattle, WA 98111-9159

Questions?

Call: 866-358-2300 (TTY: 711), Monday through Friday, 5 a.m. to 8 p.m. Pacific Time

Email: Sign in to your account at **premera.com/t-mobile** and select Secure Inbox

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Travel and lodging claims should not be submitted until after the travel has occurred.

General information (see your Premera member ID card)

Patient first name _____ MI ____ Last name _____ Subscriber name (Who the insurance is listed under) _____

Prefix _____ ID number _____ Group number _____ Relationship to patient _____

Patient's phone number _____

I consent to receive voicemails at this number from Premera containing my personal health information related to this claim.

Patient's birthday (mm/dd/yyyy)_____

Is this claim the result of an accident or injury? This will help determine if any other parties, such as workers' compensation, can help pay for your care. ◯ **Yes** ◯ **No**

Section A — Other health plan information

Does the patient have any other health insurance coverage? ◯ **Yes*** ◯ **No** Then, skip to section B

*If the patient's other insurance pays for care first, you must submit the claim to them before we can process your request.

Name of other health plan _____ Phone number _____ ID number _____

Please attach the explanation of benefits (EOB) from the other health plan.

Section B — Claim details

Travel expenses (up to IRS maximum allowable):

Traveler	Airfare	Lodging	Car service	Taxi	Parking	Ferry	Mileage	Other
Member								
Companion								
Other								

Please include all receipts and/or travel documents that include the name of the passenger, dates and cost of travel, and origination and final destination. This includes:

- An airline boarding pass and detailed itinerary
- Ground transportation ticket or receipt
- Hotel bill

Has the patient paid the total amount due for this travel/lodging claim? ◯ **Yes** ◯ **No**

Continued on back

Additional required information:

Medical provider name
(for underlying medical claim)

Provider address

City State ZIP code

Procedure code(s)

Provider phone number

Date(s) of service (month/day/year)

Diagnosis code(s)

Section C — Signature

Print this form and sign below

Patient signature (or legal guardian)

X

Printed name

Date (mm/dd/yyyy)

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Please note: It is a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines, and denial of insurance benefits.

Notice of availability and nondiscrimination **800-722-1471 | TTY: 711**

Call for free language assistance services and appropriate auxiliary aids and services.
Llame para obtener servicios gratuitos de asistencia lingüística, y ayudas y servicios auxiliares apropiados.
呼吁提供免费的语言援助服务和适当的辅助设备及服务。
呼籲提供免費的語言援助服務和適當的輔助設備及服務。
Gọi cho các dịch vụ hỗ trợ ngôn ngữ miễn phí và các hỗ trợ và dịch vụ phụ trợ thích hợp.
무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 신청하십시오.
Звоните для получения бесплатных услуг по переводу и других вспомогательных средств и услуг.
Tumawag para sa mga libreng serbisyo ng tulong sa wika at angkop na mga karagdagang tulong at serbisyo.
Звертайтесь за безкоштовною мовною підтримкою та відповідними додатковими послугами.
សូមហៅទូរសព្ទទៅសេវាជំនួយភាសាដោយឥតគិតថ្លៃ ព្រមទាំងសេវាកម្ម និងជំនួយចាំបាច់ដែលសមរម្យផ្សេងៗ។
無料言語支援サービスと適切な補助器具及びサービスをお求めください。
ለነፃ የቋንቋ እርዳታ አገልግሎቶች እና ተገቢ ድጋፍ ሰጪ አጋዥ መሳሪያዎችን እና አገልግሎቶችን ለማግኘት በስልክ ቁጥር
Tajaajiloota deeggarsa afaan bilisaa fi gargaarsaa fi tajaajiloota barbaachisaa ta'an argachuuf bilbilaa.
મુફત ભાષા સહાયિતા સેવાવાં અને ઉચિત સહાયિક ચીજાં અને સેવાવાં વાસતે કાલ કરો।
Fordern Sie kostenlose Sprachunterstützungsdienste und geeignete Hilfsmittel und Dienstleistungen an.
ໂທເພື່ອຮັບການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ແລະ ການບໍລິການ ແລະ ການຊ່ວຍເຫຼືອພິເສດທີ່ເໝາະສົມແບບບໍ່ເສຍຄ່າ.
Rele pou w jwenn sèvis asistans lengwistik gratis ak èd epi sèvis oksilyè ki apwopriye.
Appelez pour obtenir des services gratuits d'assistance linguistique et des aides et services auxiliaires appropriés.
Zadzwoń, aby uzyskać bezpłatną pomoc językową oraz odpowiednie wsparcie i usługi pomocnicze.
Ligue para serviços gratuitos de assistência linguística e auxiliares e serviços auxiliares adequados.
Chiama per i servizi di assistenza linguistica gratuiti e per gli ausili e i servizi ausiliari appropriati.
اتصل للحصول على خدمات المساعدة اللغوية المجانية والمساعدات والخدمات المناسبة.
برای خدمات کمک زبانی رایگان و کمک‌ها و خدمات امدادی مقتضی، تماس بگیرید.

Discrimination is against the law. Premera Blue Cross (Premera) complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes. Premera does not exclude people or treat them less favorably because of race, color, national origin, age, disability, sex, sexual orientation, or gender identity. Premera provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language assistance services to people whose primary language is not English, which may include qualified interpreters and information written in other languages. If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, TTY: 711, Fax: 425-918-5592, Email AppealsDepartmentInquiries@Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. You can also file a civil rights complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint Portal available at https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status, or by phone at 800-562-6900, 360-586-0241 (TDD). Complaint forms are available at https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx.

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037397 (07-05-2024)

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