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| Kinwell Connect **A new kind of primary care for Premera members**  Premera’s ongoing efforts to make healthcare work better includes expanding access to primary care for in Washington state. Premera members in Washington now have access to a new standard of primary care at Kinwell clinics. Kinwell offers a new approach to primary care, elevating the patient experience to create a better relationship between patients and their healthcare teams. With Kinwell you get more time, less complexity, more comfort, and a better relationship with the care team you and your family trust with your health.  **Care at no out-of-pocket cost**  You pay $0 out of pocket when you seek care at a Kinwell Clinic. If you are on a high-deductible health plan, primary care services at Kinwell are $0 after you’ve met your deductible.  **Kinwell services**   * Basic office procedures (skin biopsy, mole removal, etc.) * Childhood Immunizations/Adult Vaccines * Chronic condition management * COVID/flu testing * Health coaching * Physical/Annual exam * Point of care labs * Primary care office visit * Same-day care needs (UTI, conjunctivitis, respiratory illness) * Sports physicals * Virtual primary care * Weight management * Well-child exams * Women’s health   **The Kinwell clinic experience**   * Same or next day appointments * High quality, accessible, and patient-centered health care for the whole family * Integrated preventive services and behavioral health care * Virtual or in-person appointments with your provider of choice   **Schedule an appointment today!**  For a list of Kinwell clinic locations in Washington, and to schedule a virtual or in-person appointment online, visit [kinwellhealth.com](https://kinwellhealth.com/appointments/). |
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