The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-809-9361 (TTY: 711) or visit us at <u>https://www.premera.com/ak/SBC</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>Provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary/</u> or call 1-800-809-9361 (TTY: 711) to request a copy.

| Important Questions   | Answers  | Why This Matters:   |  |  |  |  |
|---|--|---|--|--|--|--|
| What is the overall <u>deductible</u> ?                             | <u>In-network</u> : \$800 Individual / \$1,600<br>Family<br><u>Out-of-network</u> : \$1,600 Individual   | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount<br>before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each<br>family member must meet their own individual <u>deductible</u> until the total amount of<br><u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .  |  |  |  |  |
| Are there services covered before you meet your <u>deductible</u> ? | Yes. Does not apply to <u>copayments</u> ,<br>certain <u>prescription drugs</u> and services<br>listed below as "No charge."                                       | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductib</u><br>amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers<br>certain preventive services without <u>cost-sharing</u> and before you meet your<br><u>deductible</u> . See a list of covered preventive services at<br>https://www.healthcare.gov/coverage/ preventive-care-benefits/.  |  |  |  |  |
| Are there other <u>deductibles</u> for specific services?           | No.  | You don't have to meet <u>deductibles</u> for specific services.  |  |  |  |  |
| What is the <u>out-of-pocket limit</u><br>for this <u>plan</u> ?    | <u>In-network</u> : \$3,000 Individual / \$6,000<br>Family<br><u>Out-of-network</u> : Not Applicable   | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own out-of-pocket limits until the overall family <u>out-of-pocket limit</u> has been met.  |  |  |  |  |
| What is not included in the<br><u>out-of-pocket limit</u> ?         | <u>Premium</u> , <u>balance-billed</u> charges,<br>penalties for failure to obtain pre-<br>authorization for services, and health care<br>this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u><br><u>limit</u> .  |  |  |  |  |
| Will you pay less if you use a <u>network provider</u> ?            | Yes. See Legacy and Dental Select medical network. For a list of <u>in-network</u> <u>providers</u> , see <u>https://www.premera.com</u> or call 1-800-809-9361.   | You pay the least if you use a <u>provider</u> in our preferred network. You pay more if<br>you use a <u>provider</u> in our non-preferred network. You will pay the most if you use an<br><u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the<br>difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance</u><br><u>billing</u> ).Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for<br>some services (such as lab work). Check with your <u>provider</u> before you get services. |  |  |  |  |
| Do you need a referral to see a <u>specialist</u> ?                 | No.  | You can see the specialist you choose without a referral.   |  |  |  |  |



| Common  |   | Wha  | t You Will Pay  | Limitations, Exceptions, & Other<br>Important Information   |  |
|---|---|--|---|---|--|
| Common<br>Medical Event   | Services You May Need                                       | Network <u>Provider</u><br>(You will pay the least)            | Out-Of-Network <u>Provider</u><br>(You will pay the most) |   |  |
|   | Primary care visit to treat<br>an injury or illness         | \$20 <u>copayment</u>  | 60% coinsurance   | <u>Deductible</u> does not apply <u>in-network</u> .<br><u>Deductible</u> applies <u>out-of-network</u> .   |  |
| lf you visit a health   | <u>Specialist</u> visit                                     | \$40 <u>copayment</u>  | 60% coinsurance   | Deductible does not apply <u>in-network</u> .<br>Deductible applies <u>out-of-network</u> .   |  |
| care <u>provider's</u> office<br>or clinic  | <u>Preventive care</u> / <u>screening</u><br>/ immunization | No charge  | 60% <u>coinsurance</u>                                    | Deductible does not apply <u>in-network</u> .<br>Deductible applies <u>out-of-network</u> .<br>You may have to pay for services that<br>aren't <u>preventive</u> . Ask your <u>provider</u> if<br>the services needed are <u>preventive</u> .<br>Then check what your <u>plan</u> will pay for. |  |
|   | <u>Diagnostic test</u> (x-ray,<br>blood work)               | 30% coinsurance  | 60% coinsurance   | Deductible applies.   |  |
| lf you have a test  | Imaging (CT/PET scans,<br>MRIs)                             | 30% <u>coinsurance</u>   | 60% <u>coinsurance</u>                                    | Deductible applies.<br>Prior authorization required for some<br>outpatient imaging tests. The penalty<br>is: 50% of the allowable charge up to a<br>maximum of \$1,500 per occurrence.  |  |
| If you need drugs to<br>treat your illness or<br>condition<br>More information about                        | Preferred generic drugs                                     | \$10 <u>copayment</u> (retail)<br>\$30 <u>copayment</u> (mail) | \$10 <u>copayment</u> (retail)<br>Not covered (mail)      | <u>Deductible</u> does not apply.<br>Covers up to a 30 day supply (retail),<br>covers up to a 90 day supply (mail). No<br>charge for specific preventive drugs.<br>Prior authorization required for some<br>drugs.  |  |
| prescription drug<br>coverage is available at<br>https://www.premera.co<br>m/documents/052166_2<br>023.pdf. | Preferred brand drugs                                       | \$20 <u>copayment</u> (retail)<br>\$60 <u>copayment</u> (mail) | \$20 <u>copayment</u> (retail)<br>Not covered (mail)      | <u>Deductible</u> does not apply.<br>Covers up to a 30 day supply (retail),<br>covers up to a 90 day supply (mail). No<br>charge for specific preventive drugs.<br>Prior authorization required for some<br>drugs.  |  |

| Common                         |   | Wha   | t You Will Pay   | Limitations, Exceptions, & Other<br>Important Information  |  |
|--------------------------------|---|---|--|--|--|
| Medical Event                  | Services You May Need                             | Network <u>Provider</u><br>(You will pay the least)   | Out-Of-Network <u>Provider</u><br>(You will pay the most)                                |  |  |
|                                | Non-preferred brand drugs                         | \$60 <u>copayment</u> after<br>deductible (retail)<br>\$180 <u>copayment</u> after<br>deductible (mail) | \$60 <u>copayment</u> after deductible<br>(retail)<br>Not covered (mail)                 | Deductible applies.<br>Covers up to a 30 day supply (retail),<br>covers up to a 90 day supply (mail). No<br>charge for specific preventive drugs.<br>Prior authorization required for some<br>drugs. |  |
|                                | Specialty drugs                                   | \$250 <u>copayment</u> after<br>deductible  | \$250 <u>copayment</u> after deductible  | Deductible applies.<br>Covers up to a 30 day supply. Only<br>covered at specific contracted specialty<br>pharmacies. Prior authorization<br>required for some drugs.                                 |  |
| If you have outpatient surgery | Facility fee (e.g.,<br>ambulatory surgery center) | 30% <u>coinsurance</u>  | 60% <u>coinsurance</u>   | Deductible applies.<br>Prior authorization required for some<br>services. The penalty is: 50% of the<br>allowable charge up to a maximum of<br>\$1,500 per occurrence.                               |  |
|                                | Physician/surgeon fees                            | 30% coinsurance   | 60% coinsurance  | Deductible applies.  |  |
|                                | Emergency room care                               | 30% <u>coinsurance</u>  | 30% coinsurance  | Deductible applies.  |  |
| lf you need immediate          | Emergency medical<br>transportation               | 30% coinsurance   | 30% <u>coinsurance</u>   | Deductible applies.  |  |
| medical attention              | <u>Urgent care</u>                                | Hospital-based: 30%<br><u>coinsurance</u><br>Freestanding center: \$30<br><u>copayment</u>              | Hospital-based: 30% <u>coinsurance</u><br>Freestanding center: 60%<br><u>coinsurance</u> | Hospital-Based: <u>Deductible</u> applies.<br>Freestanding center: <u>Deductible</u> does<br>not apply <u>in-network</u> . <u>Deductible</u><br>applies <u>out-of-network</u> .                      |  |
| lf you have a hospital<br>stay | Facility fee (e.g., hospital room)                | 30% <u>coinsurance</u>  | 60% <u>coinsurance</u>   | Deductible applies.<br>Prior authorization required for all<br>planned inpatient stays. The penalty is:<br>50% of the allowable charge up to a<br>maximum of \$1,500 per occurrence.                 |  |
|                                | Physician/surgeon fees                            | 30% coinsurance   | 60% <u>coinsurance</u>   | Deductible applies.  |  |

| Common   |  | Wha  | t You Will Pay  | Limitationa Evaptiona 8 Other  |
|--|--|--|---|--|
| Medical Event  | Services You May Need                        | Network <u>Provider</u><br>(You will pay the least)                        | Out-Of-Network <u>Provider</u><br>(You will pay the most) | <ul> <li>Limitations, Exceptions, &amp; Other<br/>Important Information</li> </ul>   |
| If you need mental   | Outpatient services                          | Office Visit: \$20<br><u>copayment</u><br>Facility: 30% <u>coinsurance</u> | 60% <u>coinsurance</u>                                    | Office visit: <u>Deductible</u> does not apply<br><u>in-network</u> . <u>Deductible</u> applies <u>out-of-</u><br><u>network</u> .<br>Facility: <u>Deductible</u> applies.   |
| health, behavioral<br>health, or substance<br>abuse services | Inpatient services                           | 30% <u>coinsurance</u>   | 60% <u>coinsurance</u>                                    | Deductible applies.<br>Prior authorization required for all<br>planned inpatient stays. The penalty is:<br>50% of the allowable charge up to a<br>maximum of \$1,500 per occurrence.   |
|  | Office visits                                | 30% <u>coinsurance</u>   | 60% <u>coinsurance</u>                                    | Deductible applies.<br>Cost-sharing does not apply for<br>preventive services. Depending on the<br>type of services, a coinsurance may<br>apply. Maternity care may include tests<br>and services described elsewhere in<br>the SBC (such as, ultrasound).   |
| If you are pregnant  | Childbirth/delivery<br>professional services | 30% <u>coinsurance</u>   | 60% <u>coinsurance</u>                                    | <u>Deductible</u> applies.<br><u>Cost-sharing</u> does not apply for<br><u>preventive services</u> . Depending on the<br>type of services, a <u>coinsurance</u> may<br>apply. Maternity care may include tests<br>and services described elsewhere in<br>the SBC (such as, ultrasound).  |
|  | Childbirth/delivery facility<br>services     | 30% <u>coinsurance</u>   | 60% <u>coinsurance</u>                                    | <u>Deductible</u> applies.<br><u>Cost-sharing</u> does not apply for<br><u>preventive services</u> . Depending on the<br>type of services, a <u>coinsurance</u> may<br>apply. Maternity care may include tests<br>and services described elsewhere in<br>the SBC (such as, ultrasound).<br>Prior authorization is not required.<br>However, you should notify the carrier<br>of your admission for delivery as soon<br>as reasonably possible. |

| Common  |                         | Wha  | t You Will Pay  | Limitations, Exceptions, & Other  |
|---|-------------------------|--|---|---|
| Medical Event   | Services You May Need   | Network <u>Provider</u><br>(You will pay the least)                        | Out-Of-Network <u>Provider</u><br>(You will pay the most) | Important Information   |
|   | Home health care        | 30% <u>coinsurance</u>   | 60% <u>coinsurance</u>                                    | Deductible applies.<br>Limited to 130 visits per calendar year  |
|   | Rehabilitation services | Office Visit: \$20<br><u>copayment</u><br>Facility: 30% <u>coinsurance</u> | 60% <u>coinsurance</u>                                    | Office Visit: <u>Deductible</u> does not apply<br><u>in-network</u> . <u>Deductible</u> applies <u>out-of-</u><br><u>network</u> .<br>Facility: <u>Deductible</u> applies.<br>Limited to 45 outpatient visits per<br>calendar year, limited to 30 inpatient<br>days per calendar year. Prior<br>authorization required for all planned<br>inpatient stays. The penalty is: 50% of<br>the allowable charge up to a maximum<br>of \$1,500 per occurrence. |
| If you need help<br>recovering or have<br>other special health<br>needs | Habilitation services   | Office Visit: \$20<br><u>copayment</u><br>Facility: 30% <u>coinsurance</u> | 60% <u>coinsurance</u>                                    | Office Visit: <u>Deductible</u> does not apply<br><u>in-network</u> . <u>Deductible</u> applies <u>out-of-</u><br><u>network</u> .<br>Facility: <u>Deductible</u> applies.<br>Limited to 45 outpatient visits per<br>calendar year, limited to 30 inpatient<br>days per calendar year. Prior<br>authorization required for all planned<br>inpatient stays. The penalty is: 50% of<br>the allowable charge up to a maximum<br>of \$1,500 per occurrence. |
|   | Skilled nursing care    | 30% <u>coinsurance</u>   | 60% <u>coinsurance</u>                                    | Deductible applies.<br>Limited to 60 days per calendar year.<br>Prior authorization required for all<br>planned inpatient stays. The penalty is:<br>50% of the allowable charge up to a<br>maximum of \$1,500 per occurrence.   |

| Common                                 |                            | Wha   | t You Will Pay  | Limitations, Exceptions, & Other   |  |
|--|----------------------------|---|---|--|--|
| Medical Event                          | Services You May Need      | Network <u>Provider</u><br>(You will pay the least) | Out-Of-Network <u>Provider</u><br>(You will pay the most) | Important Information  |  |
|  | Durable medical equipment  | 30% <u>coinsurance</u>                              | 60% <u>coinsurance</u>                                    | Deductible applies.<br>Prior authorization required to buy<br>some medical equipment over \$750.<br>The penalty is: 50% of the allowable<br>charge up to a maximum of \$1,500 per<br>occurrence. |  |
|  | Hospice service            | 30% <u>coinsurance</u>                              | 60% <u>coinsurance</u>                                    | Deductible applies.<br>Limited to 240 respite hours, limited to<br>10 inpatient days – 6 months overall<br>lifetime benefit limit.   |  |
|  | Children's eye exam        | \$30 <u>copayment</u>                               | \$30 <u>copayment</u>                                     | Deductible does not apply.<br>Limited to one exam per calendar year<br>(under age 19).   |  |
| If your child needs dental or eye care | Children's glasses         | No charge   | No charge   | Deductible does not apply.<br>Frames and lenses limited to 1 pair per calendar year.   |  |
|  | Children's dental check-up | 10% coinsurance                                     | 30% coinsurance   | Deductible does not apply <u>in-network</u> .<br>Deductible applies <u>out-of-network</u> .  |  |

## **Excluded Services & Other Covered Services:**

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) |                                  |  |  |  |  |
|--|----------------------------------|--|--|--|--|
| Assisted fertility treatment     Dental care (Adult)     Private-duty nursing  |                                  |  |  |  |  |
| Bariatric surgery  | <ul> <li>Hearing aids</li> </ul> | <ul> <li>Routine eye care (Adult)</li> </ul> |  |  |  |
| Cosmetic surgery     Long-term care     Weight loss programs   |                                  |  |  |  |  |
|  |                                  |  |  |  |  |

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

| • | Abortion    | ٠ | Chiropractic care or other spinal | • | Foot care  |
|---|-------------|---|-----------------------------------|---|--|
| • | Acupuncture |   | manipulations                     | • | Non-emergency care when traveling outside the U.S. |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-907-269-7900 or 1-800-467-8725 for the state insurance department, or the insurer at 1-800-809-9361 or TTY 711. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a claim. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: your <u>plan</u> at 1-800-809-9361, or the state insurance department at 1-907-269-7900 or 1-800-467-8725.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-809-9361 or TTY 711.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-809-9361 or TTY 711.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-809-9361 or TTY 711.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-809-9361 or TTY 711.

——To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

| <b>Peg is Having a baby</b><br>(9 months of in-network pre-natal ca<br>hospital delivery)   |                             | Managing Joe's type 2 dia<br>(a year of routine in-network care of<br>controlled condition)   |                             | Mia's Simple Fractur<br>(in-network emergency room visit an<br>care)   |                             |
|---|-----------------------------|---|-----------------------------|--|-----------------------------|
| <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li>Specialist <u>copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>  | \$800<br>\$40<br>30%<br>30% | <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li>Specialist <u>copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>              | \$800<br>\$40<br>30%<br>30% | <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li>Specialist <u>copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>         | \$800<br>\$40<br>30%<br>30% |
| This EXAMPLE event includes services like:<br><u>Specialist</u> office visits ( <i>prenatal care</i> )<br>Childbirth/Delivery Professional Services<br>Childbirth/Delivery Facility Services<br>Diagnostic tests ( <i>ultrasounds and blood work</i> )<br><u>Specialist</u> visit ( <i>anesthesia</i> ) |                             | This EXAMPLE event includes services like:Primary care physician office visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter) |                             | This EXAMPLE event includes services like:Emergency room care (including medicalsupplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy) |                             |
| Total Example Cost  | \$12,700                    | Total Example Cost  | \$5,600                     | Total Example Cost   | \$2,800                     |
| In this example, Peg would pay:   |                             | In this example, Joe would pay:   |                             | In this example, Mia would pay:  |                             |
| Cost Sharing  |                             | Cost Sharing  |                             | Cost Sharing   |                             |
| <u>Deductibles</u>  | \$800                       | <u>Deductibles</u>  | \$200                       | <u>Deductibles</u>   | \$800                       |
| <u>Copayments</u>   | \$0                         | <u>Copayments</u>   | \$1,000                     | <u>Copayments</u>  | \$100                       |
| Coinsurance   | \$2,200                     | Coinsurance   | \$0                         | <u>Coinsurance</u>   | \$500                       |
| What isn't covered  |                             | What isn't covered  |                             | What isn't covered   |                             |
| Limits or exclusions  | \$60                        | Limits or exclusions  | \$20                        | Limits or exclusions   | \$0                         |
| The Total Peg would pay is  | \$3,060                     | The Total Joe would pay is  | \$1,220                     | The Total Mia would pay is   | \$1,400                     |

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

Premera Blue Cross is an Independent Licensee of the Blue Cross Blue Shield Association

MET-INDIV-WA 38344AK1100002-05

# PREMERA |

#### Discrimination is Against the Law

Premera Blue Cross Blue Shield of Alaska (Premera) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, Fax: 425-918-5592, TTY: 711, Email <u>AppealsDepartmentInquiries@Premera.com</u>. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights Complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <u>http://www.hhs.gov/ocr/office/file/index.html</u>.

#### Language Assistance

<u>PAUNAWA</u>: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 800-809-9361 (TTY: 711). <u>ATENCIÓN</u>: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-809-9361 (TTY: 711). <u>주의</u>: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 800-809-9361 (TTY: 711) 번으로 전화해 주십시오. <u>LUS CEEV</u>: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 800-809-9361 (TTY: 711). <u>BHИМАНИЕ</u>: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800-809-9361 (телетайп: 711). <u>注意</u>: 如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 800-809-9361 (TTY: 711)。

Телефонуйте за номером 800-809-9361 (телетайп: 711).

<u>เรียน</u>: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้พรี โทร 800-809-9361 (TTY: 711).

<u>ACHTUNG</u>: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 800-809-9361 (TTY: 711). <u>UWAGA</u>: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 800-809-9361 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 9361-809-809 (رقم هاتف الصم والبكم: 711). ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 800-809-9361 (TTY: 711).

<u>ATTENTION</u> : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 800-809-9361 (ATS : 711). <u>ATENÇÃO</u>: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 800-809-9361 (TTY: 711).

<u>ATTENZIONE</u>: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 800-809-9361 (TTY: 711). توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با (TTY: 711) (TTY: 7