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| Matchmaker™ for Behavioral Health  It’s never been more important to take care of yourself and make sure you’re getting the support you need. Change, uncertainty, and new ways of going about our daily lives can take a toll, and yet finding a mental health provider who is accepting new patients can be hard.  You can see providers in your plan network in person or virtually. Our Behavioral Health Matchmakers offer the extra support needed on your care journey by providing a list of in-network, outpatient providers who are accepting new patients. Copays or deductibles apply when you see a provider.  Call customer service at the number on the back of your ID card to request help with finding a provider.  When you’re ready, visit our resource center at  [premera.com/visitor/care-essentials/mental-health](https://www.premera.com/visitor/care-essentials/mental-health) to find additional information on your benefits, finding care, and more. |
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