

Select a PCP, step by step

HERE'S HOW TO DESIGNATE A PRIMARY CARE PROVIDER IN YOUR PREMERA ONLINE ACCOUNT

Step 1: Sign in to your account

Sign in to your account at <u>premera.com/ak/my-account</u>. If you don't have an account, create one by selecting "Click here to register." You'll need your subscriber ID number.



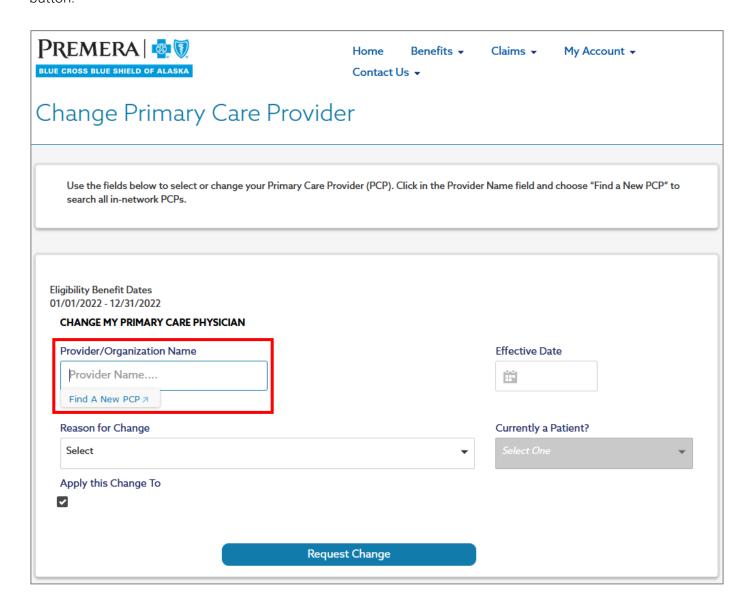
Step 2: Go to the My Account dropdown menu, then Change PCP

Once you're signed in, hover over the "My Account" dropdown menu and select "Change PCP."



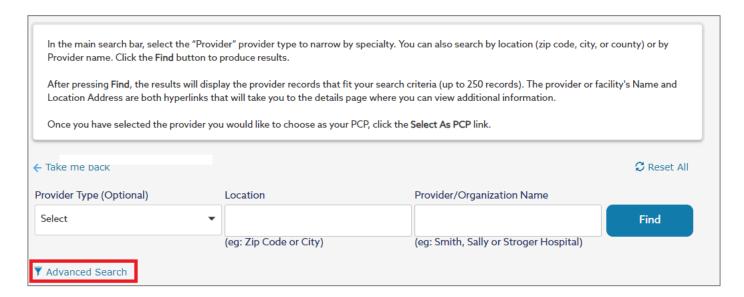
Step 3: Click in the Provider/Organization Name box and select Find A New PCP \rightarrow

On the Change PCP page, click into the "Provider/Organization Name" box, then click the Find A New PCP button.



Step 4: Search for a PCP

Use the search boxes to enter information to search for a PCP. You can search by provider type, Location, or Name—or use the Advanced Search for even more search options, such as gender, language, and more.



Step 5: Select your PCP

Once you have found the provider you want to select as your PCP, choose "Select As PCP" to the left of their name.



Step 6: Review and submit

Once you have selected your PCP, review to make sure the information is correct, then select "Request Change."

Questions?

We're here to help. Customer service can help you designate a PCP or answer other questions. Call 800-809-9361 (TTY:711), Monday through Friday, 8 a.m. to 6 p.m. Pacific Time.

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PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 800-809-9361 (TTY: 711) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-809-9361 (TTY: 711). 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 800-809-9361 (TTY:711) 번으로 전화해 주십시오. LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 800-809-9361 (TTY: 711). ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800-809-9361 (телетайп: 711). 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 800-809-9361 (TTY:711) MO LOU SILAFIA: Afai e te tautata Gagana fa'a Samoa, o loo iai auaunaga fesoasoan, e fai fua e leai se totogi, mo oe, Telefoni mai: 800-809-9361 (TTY: 711). ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 800-809-9361 (TTY: 711). 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。800-809-9361 (TTY/711) まで、お電話にてご連絡ください。 PAKDAAR: Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 800-809-9361 (TTY: 711). CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 800-809-9361 (TTY: 711). УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 800-809-9361 (телетайп: 711). เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 800-809-9361 (TTY: 711). ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 800-809-9361 (TTY: 711) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 800-809-9361 (TTY: 711).

ملحوظة. إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1300-809-800 رقم هاتف الصم والبكم 711.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 800-809-9361 (TTY: 711).

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 800-809-9361 (ATS: 711)

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 800-809-9361 (TTY: 711).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 800-809-9361 (TTY: 711).

توجه اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با (TTY: 711) 600-908-809 تماس بگیرید.