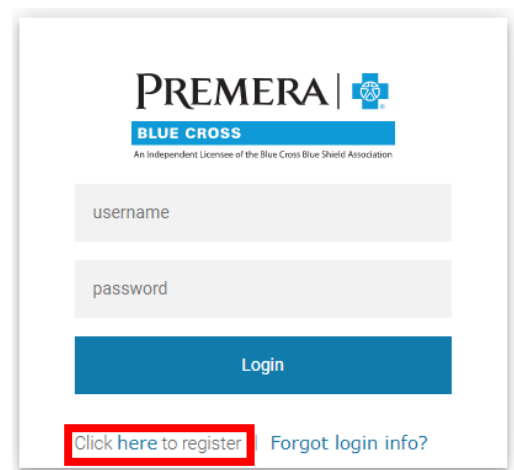


# Select a PCP, step by step

## HERE'S HOW TO DESIGNATE A PRIMARY CARE PROVIDER IN YOUR PREMERA ONLINE ACCOUNT

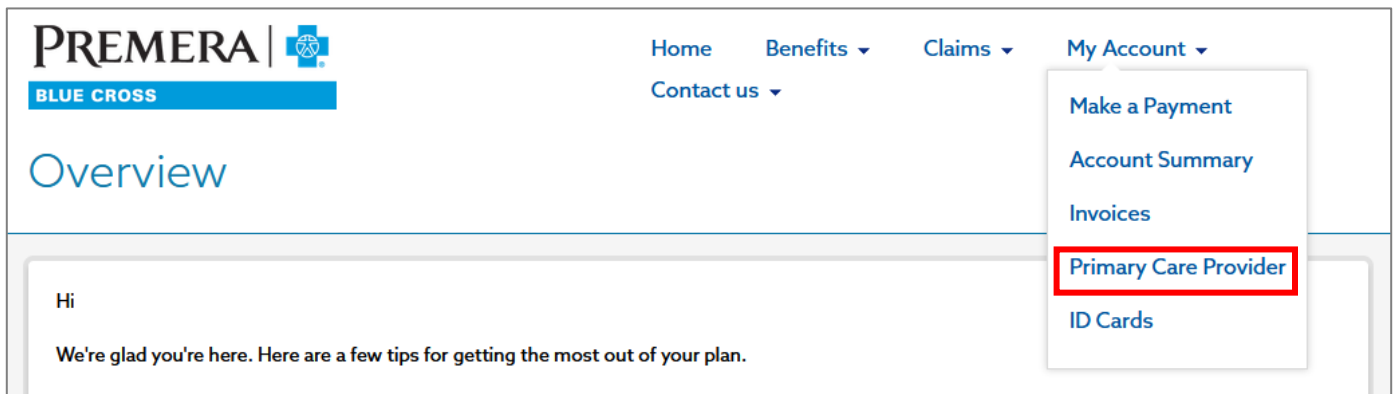
### Step 1: Sign in to your account

Sign in to your account at [premera.com/wa/my-account](https://premera.com/wa/my-account). If you don't have an account, create one by selecting "Click here to register." You'll need your subscriber ID number.




### Step 2: Go to the My Account dropdown menu, then Change PCP

Once you're signed in, hover over the "My Account" dropdown menu and select "Primary Care Provider."



**Step 3: Click in the Provider/Organization Name box and select Find A New PCP →**

On the Change PCP page, click into the “Provider/Organization Name” box, and click the Find A New PCP button.

**PREMERA** |   
**BLUE CROSS**

Home   Benefits ▾   Claims ▾   My Account ▾  
Contact us ▾


## Change Primary Care Provider

Use the fields below to select or change your Primary Care Provider (PCP). Click in the Provider Name field and choose “Find a New PCP” to search all in-network PCPs.

Eligibility Benefit Dates  
01/01/2022 - 12/31/2022

**CHANGE MY PRIMARY CARE PHYSICIAN**

**Provider/Organization Name**  
Provider Name....  
[Find A New PCP ↗](#)

**Effective Date**  


**Reason for Change**  
Primary Care Provider (PCP) Change ▾

**Currently a Patient?**  
Select One ▾

Apply this Change To

**Request Change**

## Step 4: Search for a PCP

Use the search boxes to enter information to search for a PCP. You can search by provider type, location, or by name—or use the Advanced Search for even more search options, such as gender, language, and more.

In the main search bar, select the "Provider" provider type to narrow by specialty. You can also search by location (zip code, city, or county) or by Provider name. Click the Find button to produce results.

After pressing Find, the results will display the provider records that fit your search criteria (up to 250 records). The provider or facility's Name and Location Address are both hyperlinks that will take you to the details page where you can view additional information.

Once you have selected the provider you would like to choose as your PCP, click the Select As PCP link.

[← Take me back](#) [Reset All](#)

Provider Type (Optional)      Location      Provider/Organization Name

Select                 

(eg: Zip Code or City)      (eg: Smith, Sally or Stroger Hospital)

[Advanced Search](#)

## Step 5: Select your PCP

Once you have found the provider you want to select as your PCP, choose "Select As PCP" to the left of their name.

Showing 250 of 311242 Search Results [Download PDF](#)

Provider/Organization Name	Provider ID	Address	Phone	Network	Provider Type	Update Date
<a href="#">Select As PCP</a> 600 STEWART MEDICAL GROUP PC	P0116424	600 STEWART MEDICAL GROUP PC 201 Valley Mall Pkwy, Ste 3, East Wenatchee, WA, 98802		INDIVIDUAL SIGNATURE	Provider	10/30/2022 11:53:00 PM

## Step 6: Review and submit

Once you have selected your PCP, review to make sure the information is correct, then select "Request Change."

## Questions?

We're here to help. Customer service can help you designate a PCP or answer other questions. Call 800-607-0546 (TTY:711), Monday through Friday, 8 a.m. to 6 p.m. Pacific Time.

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**Discrimination is against the law.** Premera Blue Cross (Premera) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4536, Fax: 425-918-5592, TTY: 711, Email [AppealsDepartmentInquires@Premera.com](mailto:AppealsDepartmentInquires@Premera.com). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, H-H Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

### Language assistance

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-607-0546 (TTY: 711).

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 800-607-0546 (TTY: 711)。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 800-607-0546 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 800-607-0546 (TTY: 711) 번으로 전화해 주십시오.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800-607-0546 (телетайп: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 800-607-0546 (TTY: 711).

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 800-607-0546 (телетайп: 711).

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយប្រាកដប្រាកដដោយមិនគិតលុយ គឺអាចបានសំរាប់អ្នក។ ចូរទូរស័ព្ទ 800-607-0546 (TTY: 711)។

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。800-607-0546 (TTY:711) まで、お電話にてご連絡ください。

ማሳሰቢያ: የኢትዮጵያ ቋንቋ ለማርም ከሆነ የትርጉም ሊርዳታ ድርጅቶች: በኑሌ ሲታከሙት ተነጋግቶታል: ወደ ሚኪተለው ቁጥር ይደውሉ 800-607-0546 (ማስማት ለተሰናዳው: 711)።

XIYYEFFFANNA: Afaan dubbattu Oroomiffa, lajaajjila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 800-607-0546 (TTY: 711).

ملحوظة: إذا كنت تتحدث انكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 800-607-0546 برقم هاتف الصم والبكم. (711)

વિખાન લિઇ: ને તુમોં ખંનાસોં ચેલદે વે, તાં ઢામાં દિંચ મવાંદિત્તા મેલાં તુવાંડે લયીં મુદતઝ ઉપલભ્ય વૈ। 800-607-0546 (TTY: 711) 'ઝે વાલ વરો।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 800-607-0546 (TTY: 711).

ប៊ែចឡា: ប្រសិនបើ អ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយប្រាកដប្រាកដដោយមិនគិតលុយ គឺអាចបានសំរាប់អ្នក។ ចូរទូរស័ព្ទ 800-607-0546 (TTY: 711)។

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 800-607-0546 (TTY: 711).

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 800-607-0546 (ATS : 711).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 800-607-0546 (TTY: 711).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 800-607-0546 (TTY: 711).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 800-607-0546 (TTY: 711).

توجه: اگر بہ زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 800-607-0546 تماس بگیرید.