Our new approach treats the whole person, not just the disease

CHRONIC CONDITION SUPPORT

For groups on a self-funded Premera medical plan

Six in ten adults are living with a chronic condition in the United States¹. Of those individuals, 91 percent of them say they need more help managing their condition². Often the stress and cost of daily management is overwhelming and filled with hassles. Premera Blue Cross is about to change that.

Treating the person, not the disease

Premera offers a comprehensive chronic condition support program. This program supports your employees who are at risk of developing diabetes, those who are working daily to manage their condition, and those who are managing hypertension. The program provides solutions to make healthcare simple and easy. It's just another way Premera is making healthcare work better for your employees.

Chronic condition support goes beyond just diabetes care

Going beyond diabetes prevention, our chronic condition support program includes diabetes management, diabetes prevention, and hypertension management.

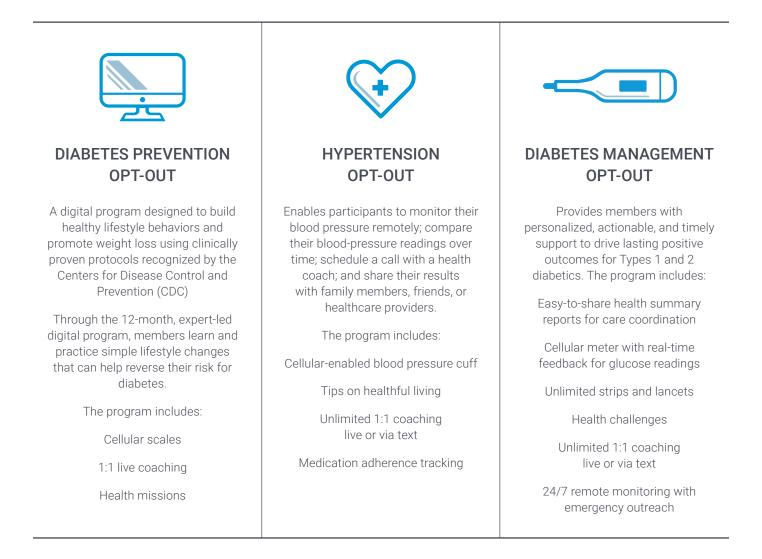
Our chronic condition support program helps your business by offering your employees:

- Personal health support from expert coaches
- Management and strategy support
- Connected technology that deliver real-time results and remote monitoring
- Continuing educational content support



CHRONIC CONDITION SUPPORT PROGRAM

See the features of each program



For more information contact your Premera account manager.