

When you need a doctor, don't wait.

REAL-TIME NEEDS, REAL-TIME CARE.

With Premera Blue Cross Blue Shield of Alaska, supporting the health, happiness, and productivity of your employees is simple. myCare Alaska offers a chat-first virtual care platform that allows your employees to securely text with a dedicated doctor on their time.

- Connect to an in-network doctor in <60 seconds.
- Ask general or urgent medical questions from their desk—no need for employees to go into a medical office.
- Access care from their phone anywhere they have internet access.
- Get answers 24 hours a day, 7 days a week.
- Increase team productivity by spending more time focusing on their work and not having to hassle with receiving care.

Eliminate barriers to care.

Access to care 7 days a week from a smartphone or computer means that your employees can get care when it's most convenient for them. When there are no appointments or time limits, you have more satisfied, healthier, engaged employees—and proven value from your benefits investment.

Support employee health and wellness.

Instead of waiting for a doctor's appointment to answer questions or wondering if an appointment is needed, employees can use myCare Alaska to get answers to medical questions as soon as they have them. No long waiting time for answers, diagnoses, or care plans mean employees can heal faster, keep illness out of the office, and manage their health when it is most convenient to them.

How to tell your employees about myCare Alaska

Premera provides ready-to-share communication that make it easy for you to tell your employees about the benefits of using myCare Alaska. Sign into your account on the secure employer website and select the link to Employee Communications Center to download materials today.

For more information about myCare Alaska visit mycarealaska.com.