

Health plan checklist

CHOOSING THE RIGHT HEALTH PLAN IS CRITICAL

Use this handy guide to help you select a School Employees Benefits Board (SEBB) health plan.

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Individual or family coverage

Do you plan to cover only yourself or your whole family? This will affect your monthly premium contribution.

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In-network doctors

Is your current doctor in network? Check if your primary care provider and local hospital are in network with the health plan you are considering.

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Pharmacy coverage

Do you take medications regularly? It's important to understand the pharmacy benefit connected to the health plan.

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Monthly premium contribution

Would you rather pay more out of pocket on your monthly premium or more when you need care? Some plans cost more each month but have a lower deductible and/or costs when you need care.

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Out-of-state coverage

Are you covering dependents living out-of-state, or do you like to travel during school breaks? Make sure you pick a plan that provides a broad nationwide network of doctors and hospitals.

Premera Blue Cross is here to make your plan selection simple and easy.

Contact us with questions about our SEBB health plans at 800-807-7310 (TRS: 711), Monday–Friday, 5 a.m. to 8 p.m. Pacific Time. Or visit premera.com/sebb.