

Information Release Form

Authorization for Premera Blue Cross (Premera) to release your protected health information.

1 Member's Information

First Name	Last Name
Date of birth	ID#

2 Who are you authorizing?

First Name	Last Name	Phone	
Relationship to member	<input type="checkbox"/> Check here if this person is on the same plan as you.	Fax	
Address	City	State	Zip Code

3 Why are you authorizing them (must check at least one:)?

- At my own request
- At Premera's request for: Research Other: _____
- Other (specific date, specific time period, event or condition): _____

4 Review and sign

Premera Blue Cross, or any of its affiliates (the "Company"), may disclose my health records, claims, billing, and eligibility information with the Authorized Representative listed above. You can change your mind and withdraw this release at any time by informing the Company in writing at the address listed at the bottom of this form. The Company will make sure the change goes into effect within five business days after receiving your withdrawal request and will not be liable for any information released before your change goes into effect. The person or entity that receives the member's information may be able to share it. State and federal privacy rules may no longer protect it. This release is voluntary. We will not condition your enrollment in a health plan, eligibility for benefits or payment of claims on giving this release. This release will last until you cancel it or three years after you are no longer covered by this plan. This request applies only to your current health plan.

Signature X	Date of Signature
Print Name X	

5 If not the member, I am the:

- Legal Guardian
- Holder of Power of Attorney/Legal Representative (must attach supporting legal documentation)
- Other (please specify) _____

Mail to: Premera Blue Cross Medicare Advantage Plans PO Box 262548 Plano, TX 75026

Premera Blue Cross is an HMO plan with a Medicare contract. Enrollment in Premera Blue Cross depends on contract renewal.

