

# Diabetic glucose monitors and supplies

## 2020 PREFERRED BRANDS AND MANUFACTURERS

Premera Blue Cross Medicare Advantage **Alpine (HMO)**

Premera Blue Cross Medicare Advantage **Charter + Rx (HMO)**

Premera Blue Cross Medicare Advantage **Peak + Rx (HMO)**

Premera Blue Cross Medicare Advantage **Sound + Rx (HMO)**

Premera Blue Cross exclusive diabetic glucose monitoring devices and supplies for the plans listed above are manufactured by Lifescan, Inc. and Abbott Diabetes Care, Inc. We will not cover other brands and manufacturers unless your doctor or other provider tells us that the brand is appropriate for your medical needs.

More information can be found in your 2020 Evidence of Coverage, Chapter 4, "Medical benefits chart—(what is covered and what you pay)."

LifeScan, Inc.	Abbott Diabetes Care, Inc.
<p><b>Preferred Blood Glucose Meters</b></p> <ul style="list-style-type: none"><li>• OneTouch® Ultra®2 System</li><li>• OneTouch® Ultra Mini™ System Kit™</li><li>• OneTouch Verio® IQ System Kit</li><li>• OneTouch Verio® Sync System Kit</li><li>• OneTouch Verio® System Kit</li><li>• OneTouch Verio® Flex System Kit</li></ul> <p><b>Preferred Blood Glucose Meter Test Strips</b></p> <ul style="list-style-type: none"><li>• OneTouch® Ultra® test strips</li><li>• OneTouch® Verio® test strips</li></ul>	<p><b>Preferred Blood Glucose Meters</b></p> <ul style="list-style-type: none"><li>• FreeStyle InsuLinx® System</li><li>• FreeStyle Lite® System</li><li>• Precision Xtra® System</li></ul> <p><b>Preferred Blood Glucose Meter Test Strips</b></p> <ul style="list-style-type: none"><li>• FreeStyle InsuLinx® Test Strips</li><li>• FreeStyle Lite® Test Strips</li><li>• FreeStyle® Test Strips</li><li>• FreeStyle Precision Neo®</li><li>• Precision Xtra® Test Strips, 50 ct</li><li>• Precision Xtra® Test Strips, 100 ct</li></ul>

For additional information, call Premera Blue Cross Medicare Advantage customer service at **888-850-8526 (TTY/TDD: 711)** Monday – Friday, 8 a.m. to 8 p.m. (7 days a week, 8 a.m. to 8 p.m., from October 1 – March 31). Or visit [premera.com/ma](http://premera.com/ma). We will be happy to help you.



If you (or your provider) don't agree with the plan's coverage decision, you or your provider may file an appeal. You can also file an appeal if you don't agree with your provider's decision about what product or brand is appropriate for your medical condition. (For more information about appeals, see your 2020 Evidence of Coverage Chapter 9, What to do if you have a problem or complaint (coverage decisions, appeals, complaints).)

Premera Blue Cross Medicare Advantage customers may be eligible for a meter exchange program offered by these manufacturers.

Lifescan, Inc. blood glucose meters customers with diabetes can call 855-776-5568 toll free for more information on this program. Please have brochure code 385PRM100 available when you call. Customers are limited to one meter system per 365 days. Please note that a prescription is REQUIRED.

Abbott Diabetes Care, Inc. blood glucose meters customers with diabetes can call 866-224-8892 toll free for more information on this program. Please have offer code 8WXGP8MB available when you call. Customers can also sign up online at ChooseFreeStyle.com with offer code 8WXGP8MB. Customers are limited to one meter system per 365 days. Please note that a prescription is REQUIRED.

Note: If a customer does not have a prescription from their physician, and it is an urgent situation, the customer or representative should contact their provider or Premera Blue Cross Medicare Advantage customer service for assistance at 888-850-8526 (TTY/TDD: 711) Monday – Friday, 8 a.m. to 8 p.m. (7 days a week, 8 a.m. to 8 p.m., October 1 - March 31).

The list of preferred products may change during the year when new meters are available from the manufacturer. In general, coverage for the preferred products listed here will continue for the current plan year unless a product is discontinued for safety reasons. If this happens we will notify you of this change. The most recent list of preferred products is available on our website at **[premera.com/ma](http://premera.com/ma)**.

Premera Blue Cross is an Independent Licensee of the Blue Cross Blue Shield Association

**Discrimination is Against the Law**

Premera Blue Cross (Premera) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, Premera Blue Cross Medicare Advantage Plans - Complaints & Appeals, PO Box 262527, Plano, TX 75026, Phone: 888-850-8526, Fax: 800-889-1076, TTY: 711, Email [AppealsDepartmentInquiries@Premera.com](mailto:AppealsDepartmentInquiries@Premera.com). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

**Language Assistance**

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-850-8526 (TTY: 711).

**注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 888-850-8526 (TTY: 711)。

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 888-850-8526 (TTY: 711).

**주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 888-850-8526 (TTY: 711) 번으로 전화해 주십시오.

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 888-850-8526 (телетайп: 711).

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 888-850-8526 (TTY: 711).

**УВАГА!** Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 888-850-8526 (телетайп: 711).

**ប្រយ័ត្ន:** បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្អ្លល

គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 888-850-8526 (TTY: 711)។

**注意事項:** 日本語を話される場合、無料の言語支援をご利用いただけます。888-850-8526 (TTY:711)

まで、お電話にてご連絡ください。

**ማሳሰቢያ:** የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር

ይደውሉ 888-850-8526 (መስማት ለተሳናቸው፡ 711)።

**XIYYEEFFANNAA:** Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa

888-850-8526 (TTY: 711).

*ملحوظة:* إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 888-850-8526 (رقم هاتف الصم والبكم: 711).

**ਧਿਆਨ ਦਿਓ:** ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 888-850-8526

(TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.

Rufnummer: 888-850-8526 (TTY: 711).

**ໂປດອຸກຸບ:** ຖ້າ າວ າ ທ າ ນ ວ ື າ ພາສາ ລາວ, ການບ ະ ວ ື ການຊ ະ ວ ຂ ຫ ື ອ ດ ື າ ນ ພາສາ, ໂດຍບ ະ ຶ

ສ ວ ື ຄ ຶ າ, ຄ ມ ື ນ ມ ື ພ ື ອ ມ ື ທ ື ທ ື າ ນ. ໂທ 888-850-8526 (TTY: 711).

Premera Blue Cross is an HMO plan with a Medicare contract. Enrollment in Premera Blue Cross depends on renewal.