

Your doctors. Our network.

Our provider network lets you use the doctors, dentists, and hospitals you know and trust. Premera Medicare Advantage members have access to our entire network of more than 22,000 providers.

You can receive care from any doctor or hospital in our Medicare network, even if they are located outside of the county where your plan is offered. All you need is a referral from your primary care provider (PCP).

To see if your provider is in our network, visit premera.com/ma and click **Find care.**

On behalf of Premera Blue Cross, the Silver&Fit program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). Silver&Fit is a federally registered trademark of ASH and used with permission herein. Other names may be trademarks of their respective owners.

Hearing Care Solutions is an independent company that provides the hearing aid benefit on behalf of Premera Blue Cross.

Y0134_PBC3468_M 042857 (10-01-2022)

Premera Blue Cross finds ways to make healthcare work better.

We want to provide the benefits and services you're looking for and make them easy to use.

Our 2023 benefits include*:

- **Preventive and comprehensive** dental coverage
- **Routine** chiropractic and acupuncture coverage
- **No-cost** Silver&Fit membership
- **Quarterly benefit** toward over-the-counter products
- **Part D Senior Savings Model** with a maximum copay of \$35 for 30-day supply of select diabetic insulins**
- **\$0 copay** for a 90-day supply of Tier 1 mail-order drugs
- **Worldwide** urgent care coverage
- **Advair and Shingrix** included in Tier 1 cost-sharing

*Not all benefits are available with all plans.

**LIS members are excluded from the Senior Savings Model (PDSS insulin program).



To enroll call

888-868-7767

(TTY/TDD: 711)

or visit premera.com/ma

2023
Medicare Advantage (HMO) Plans

Spokane and Walla Walla Counties

PREMERA | 

BLUE CROSS

An Independent Licensee of the Blue Cross Blue Shield Association

2023 Medicare Advantage Plan Highlights	SPOKANE AND WALLA WALLA COUNTIES	
	HMO	TOTAL HEALTH (HMO)
Monthly premium	\$0	\$23
Medical deductible	\$0	\$0
Annual out-of-pocket maximum	\$6,500	\$5,000
Primary care provider visit	\$5 copay \$0 telehealth copay	\$0 copay \$0 telehealth copay
Specialist visit	\$40 copay \$35 telehealth copay	\$30 copay \$25 telehealth copay
Inpatient hospital care	\$450 copay (days 1–4) \$0 copay (days 5+)	\$350 copay (days 1–4) \$0 copay (days 5+)
Ambulatory surgical center Outpatient hospital center	\$250 copay \$350 copay	\$250 copay \$275 copay
Emergency care (worldwide)	\$90 copay (waived if admitted)	\$90 copay (waived if admitted)
Over-the-counter benefit	\$25 per quarter	\$50 per quarter
X-rays and lab services	\$15 copay x-rays \$10 copay labs	\$10 copay x-rays \$0 copay labs
Eyewear allowance	\$150 hardware reimbursement	\$200 hardware reimbursement
Hearing aid allowance (through Hearing Care Solutions)	\$1,000 per ear / each year	\$1,000 per ear / each year
Drug deductible	\$160 on tiers 3–5	No deductible
Dental - preventive and comprehensive	\$1,000 annual maximum \$75 comprehensive deductible	\$1,500 annual maximum \$75 comprehensive deductible
Routine chiropractic and acupuncture	6 of each per year \$20 per visit	10 of each per year \$20 per visit
Naturopathic	NA	6 visits per year / \$30 per visit

Premera Blue Cross is an HMO plan with a Medicare contract. Enrollment in Premera Blue Cross depends on contract renewal. This information is not a complete description of benefits.