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| *This message is part of an email series offering tips for good health and advice to help you understand and get the most out of your Premera Blue Cross health plan.* |
| The Find a Doctor tool helps you find in-network care and moreWhen you use the Find a Doctor tool at [premera.com](https://www.premera.com/sign-in), you can get the most from your benefits. You usually pay less whenever you use providers and services that are in your health plan’s provider network. **With the Find a Doctor tool, you can:*** Find doctors, dentists, hospitals, and more in your plan’s network
* Find out if the doctor is accepting new patients
* See cost estimates for common procedures based on your network
* Find specialty doctors
* Locate urgent care centers close to your home or current location
* See a provider’s ratings and awards

**How to use the tool** * Sign in to your member account at [premera.com](https://www.premera.com/sign-in)
* Go to **Find Care** and then Find a **Doctor**
* Click the blue **search your network** button
* Select current location or enter your city, state, or ZIP code

**TIP**You can even use the Find the Doctor tool when you’re on the go with the Premera mobile app. Make sure to sign in to see your specific network. |
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