Preventive care

—

See a healthcare provider for preventive care—at no additional cost to you

When you receive routine preventive care, your Premera health plan pays for the services—you don't!

Preventive care:

- Helps avoid serious health problems—and additional healthcare costs—before they start
- Keeps you healthy for the people at home and at work who count on you

Preventive services may include screenings, vaccinations, and medications. You can get the full preventive care list and guide to using your benefits at **premera.com/care-essentials/preventive-care**.

During your preventive care visit, if your provider recommends additional screenings or tests that are not considered preventive, you may have out-of-pocket costs.

Scan or click these QR codes to watch videos about the importance of preventive care—even for those who are generally healthy.

Choose a Primary Care Provider

Book a Preventive Care Visit

Understand Preventive Care Visits