

Heritage Signature and Dental Choice Network

This provider network is available to groups with 1–50 employees

The Premera Heritage Signature and Dental Choice network is ideal if you want to offer your employees a high-benefit, low-cost plan with easy access to a large provider network within Washington state. Your employees can even get care when they work or travel outside of Washington through the benefits of having a Premera Blue Cross health plan.

Key benefits

1 Good Access	There are nearly 42,000 in-network providers across Washington state, including Providence Health & Services hospitals, physicians, and other providers. Plus, we have nearly 4,000 dentists to support the embedded pediatric benefit. Includes access to the BlueCard™ Program for care outside of Washington.*
2 Lower Costs	Providers in the Heritage Signature and Dental Choice network have contracted with Premera to keep the total cost of care low. Your company could save up to 5% on premiums.** Your employees could save up to 5% on out-of-pocket costs.**
3 Quality Care	Providers in the Heritage Signature and Dental Choice network commit to providing customers with the care they need, when they need it, and in the right way.
4 Easy Search	Your employees will pay less whenever they use in-network providers. The Find a Doctor tool on premera.com makes it easy to search for in-network doctors, hospitals, and other providers.

Help your employees use the **Find a Doctor** tool by visiting B'link, the Premera online resource center for employers. B'link provides a flyer, copy-and-share messages, and other simple tools. Visit the B'link website at blink.premera.com.

*Network includes 41,872 providers, 90 hospitals, and 3,921 dentists.

**Cost savings are based on a comparison with Heritage and Dental Choice, Premera's largest provider network. Actual savings will vary based on the location of Washington employees and type of services.



BLUE CROSS

An Independent Licensee of the Blue Cross Blue Shield Association

HERITAGE SIGNATURE AND DENTAL CHOICE NETWORK

Partial provider list as of May, 2020*

WESTERN WASHINGTON

Seattle

- **Hospitals:** Harborview Medical Center, Northwest Hospital and Medical Center, Seattle Cancer Care Alliance, Seattle Children's, University of Washington Medical Center, Swedish Health System (Ballard, Cherry Hill, First Hill), VA Puget Sound Seattle, Virginia Mason Medical Center
- **Practices:** Children's University Medical Group, Northwest Medical Clinics, University of Washington Physicians, Pacific Medical Centers, Polyclinic, Providence Health Systems, Swedish Physicians, VA Puget Sound Health Care System, Virginia Mason

Eastside

- **Hospitals:** EvergreenHealth, Overlake Medical Center, Swedish Medical Center (Issaquah)
- **Practices:** EvergreenHealth Medical Center, Overlake Internal Medicine, Overlake Medical Clinic, Swedish Physicians, Virginia Mason Eastside Clinics

Lewis County

- **Hospitals:** Providence Centralia Hospital

- **Practices:** Providence Medical Group

Snohomish County

- **Hospitals:** Cascade Valley Hospital, EvergreenHealth (Monroe), Providence Regional Medical Center Everett, Swedish Edmonds
- **Practices:** Cascade Valley Clinics, Virginia Mason, Edmonds Family Medicine, The Everett Clinic, Providence Physicians, Swedish Edmonds Professional Group, Western Washington Medical Group

South Puget Sound

- **Hospitals:** MultiCare (Allenmore Hospital, Auburn Medical Center, Covington Medical Center, Good Samaritan Hospital, Mary Bridge Children's Hospital, and Tacoma General Hospital), Valley Medical (Renton), VA Puget Sound American Lake Division
- **Practices:** MultiCare Health System, Valley Medical Center

Kitsap County**

- **Hospitals:** Harrison Medical Center
- **Practices:** The Doctors Clinic, Franciscan Medical Group, Harrison Medical Center

Olympia

- **Hospitals:** Capital Medical Center, Providence St. Peter Hospital
- **Practices:** Capital Medical Center Specialty Physicians, Capital Physicians

CENTRAL WASHINGTON

Yakima

- **Hospitals:** SHC Medical Center Toppenish, Yakima Valley Memorial Hospital, Virginia Mason Memorial
- **Practices:** Yakima Valley Memorial Physicians

Tri-Cities

- **Hospitals:** Trios Health, Kadlec Regional Medical Center, Lourdes Medical Center
- **Practices:** Kadlec Clinic LLC, Trios Health Medical Group, Tri-City Orthopaedic Clinic

Wenatchee

- **Hospitals:** Confluence Health (Central Washington Hospital, Wenatchee Valley Hospital)
- **Practices:** Columbia Valley Community Health, Wenatchee Valley Clinic

*This is not an exhaustive list of all practices and hospitals participating in the Heritage Signature and Dental Choice network throughout Washington. This list is subject to change.
**CHI Franciscan Health facilities remain in network in Kitsap County only.

EASTERN WASHINGTON

Spokane

- **Hospitals:** MultiCare Deaconess Medical Center, MultiCare Valley Hospital and Medical Center, Providence (Holy Family Hospital, Sacred Heart), Shriners Hospitals for Children, Spokane VA Medical Center
- **Practices:** Cancer Care Northwest, Columbia Medical Associates, MultiCare Rockwood Clinic, Providence Health and Services PMG (Providence Medical Groups) includes Stevens County providers, Spokane Digestive Disease Center

Walla Walla

- **Hospitals:** Jonathan M. Wainwright Memorial VA Medical Center, Providence St. Mary Medical Center
- **Practices:** Adventist Health Medical Group, Providence Medical Group Walla Walla

Washington rural hospitals included in the Heritage Signature and Dental Choice network

Cascade Medical Center	Mason General Hospital	Providence Mount
Columbia Basin Hospital	Mid-Valley Hospital	Carmel Hospital
Columbia Memorial Hospital (Astoria, OR)*	Morton General Hospital	Providence St. Joseph's Hospital
Coulee Medical Center	Newport Hospital & Health Services	Pullman Regional Hospital
Dayton General Hospital	North Valley Hospital	Quincy Valley Medical Center
East Adams Rural Hospital	Ocean Beach Hospital	Samaritan Hospital
Ferry County Memorial Hospital	Odessa Memorial Healthcare Center	Skagit Valley Hospital
Forks Community Hospital	Olympic Medical Center	Skyline Hospital
Garfield County Memorial Hospital	Othello Community Hospital	Snoqualmie Valley Hospital
Grays Harbor Community Hospital	PeaceHealth Peace Island Medical Center	St. John Medical Center
Island Hospital	PeaceHealth Southwest Medical Center	Summit Pacific Medical Center
Jefferson Healthcare	PeaceHealth St. Joseph Medical Center	Sunnyside Community Hospital
Kittitas Valley Community Hospital	PeaceHealth United General	Three Rivers Hospital
Klickitat Valley Health	Prosser Memorial Hospital	Tri-State Memorial Hospital
Lake Chelan Community Hospital		WhidbeyHealth General Hospital
Legacy Salmon Creek Hospital		Whitman Hospital and Medical Center
Lincoln Hospital		Willapa Harbor Hospital

*Out-of-state, in-network acute care hospital is available to all members in this network, but may be particularly attractive to Pacific and Wahkiakum county members.