
Heritage Signature and Dental Choice Network

This provider network is available to groups with 1–50 employees

The Premera Heritage Signature and Dental Choice network is ideal if you want to offer your employees a high-benefit, low-cost plan with easy access to a large provider network within Washington state. Your employees can even get care when they work or travel outside of Washington with their Premera Blue Cross health plan.

Key benefits

1

Good access

There are over 47,000 in-network providers across Washington state, including Providence Health & Services hospitals, physicians, and other providers. Plus, we have over 3,400 dentists to support the embedded pediatric benefit. This includes access to the BlueCard® Program for care outside of Washington.*

2

Lower costs

Providers in the Heritage Signature and Dental Choice network have contracted with Premera to keep the total cost of care low.

- **Your company could save up to 5% on premiums.****
 - **Your employees could save up to 5% on out-of-pocket costs.****
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3

Quality care

Providers in the Heritage Signature and Dental Choice network commit to providing customers with efficient, high-quality care.

4

Easy search

Your employees will save more when they use in-network providers. The **Find a Doctor** tool on premera.com makes it easy to search for in-network doctors, hospitals, and other providers.

Help your employees use the **Find a Doctor** tool by visiting B'link, the Premera online resource center for employers. B'link provides flyers, copy-and-share messages, and other simple tools to promote your health plan. Visit the B'link website at blink.premera.com.

PREMERA | 

BLUE CROSS

An Independent Licensee of the Blue Cross Blue Shield Association

Network includes 47,278 providers, 84 hospitals, and 3,441 dentists as of May 2024.

**Cost savings are based on a comparison with Heritage and Dental Choice, Premera's largest provider network. Actual savings will vary based on the location of Washington employees and type of services.

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HERITAGE SIGNATURE AND DENTAL CHOICE NETWORK

Partial provider list as of June 2024*

WESTERN WASHINGTON

Seattle

Hospitals: Harborview Medical Center, University of Washington Medical Center - Northwest Campus, Fred Hutchinson Cancer Center, Seattle Children's Hospital, University of Washington Medical Center - Montlake Campus, Swedish Health Services (Ballard, Cherry Hill, First Hill), VA Puget Sound Health Care, Virginia Mason Hospital and Medical Center

Practices: Children's University Medical Group, Kinwell (Ballard, Denny Way, Westlake), Northwest Medical Clinics, University of Washington Physicians, Pacific Medical Centers, The Polyclinic, Providence Health Systems, Swedish Physicians, VA Puget Sound Health Care System, Virginia Mason

Eastside

Hospitals: EvergreenHealth Medical Center, Overlake Medical Center, Swedish Medical Center (Issaquah)

Practices: EvergreenHealth Medical Center, Kinwell (Redmond), Overlake Internal Medicine, Overlake Medical Clinic, Swedish Physicians, Virginia Mason Eastside Clinics

Lewis County

Hospitals: Providence Centralia Hospital

Practices: Providence Medical Group

Snohomish County

Hospitals: Cascade Valley Hospital, EvergreenHealth Monroe, Providence Regional Medical Center Everett, Swedish Edmonds

Practices: Cascade Valley Clinics, Virginia Mason, Edmonds Family Medicine, The Everett Clinic, Kinwell (Mill Creek, Lynnwood), Providence Physicians, Swedish Edmonds Professional Group, Western Washington Medical Group

South Puget Sound

Hospitals: MultiCare (Allenmore Hospital, Auburn Medical Center, Covington Medical Center, Good Samaritan Hospital, Mary Bridge Children's Hospital, and Tacoma General Hospital), Valley Medical Center Renton, VA Puget Sound American Lake Division

Practices: Kinwell (Renton, Federal Way), MultiCare Health System, Valley Medical Center

Kitsap County**

Hospitals: Harrison Medical Center

Practices: The Doctors Clinic, Franciscan Medical Group, Kinwell (Poulsbo), Harrison Medical Center

Olympia

Hospitals: MultiCare Capital Medical Center, Providence St. Peter Hospital

Practices: Capital Medical Center Specialty Physicians, Capital Physicians, Kinwell (Olympia)

CENTRAL WASHINGTON

Yakima

Hospitals: Astria Sunnyside Hospital, Astria Toppenish Hospital, Multicare Yakima Memorial Hospital

Practices: Yakima Valley Memorial Physicians

Tri-Cities

Hospitals: Trios Health Southridge Hospital, Kadlec Regional Medical Center, Lourdes Medical Center

Practices: Kadlec Clinic LLC, Kinwell (Pasco), Trios Health Medical Group, Tri-City Orthopaedic Clinic

Wenatchee

Hospitals: Confluence Health Hospital - Central Campus, Confluence Health Hospital - Mares Campus

Practices: Columbia Valley Community Health, Kinwell (East Wenatchee), Wenatchee Valley Clinic

*This is not an exhaustive list of all practices and hospitals participating in the Heritage Signature and Dental Choice network throughout Washington. This list is subject to change.
**CHI Franciscan Health facilities remain in network in Kitsap County only.

EASTERN WASHINGTON

Spokane

Hospitals: MultiCare Deaconess Hospital, MultiCare Valley Hospital, Providence Holy Family Hospital, Providence Sacred Heart Medical Center and Children's Hospital, Shriners Children's Spokane, Spokane VA Medical Center

Practices: Cancer Care Northwest, Columbia Medical Associates, Kinwell (West 6th, North Country Homes, Spokane Valley), MultiCare Rockwood Clinic, Providence Health and Services PMG (Providence Medical Groups) includes Stevens County providers, Spokane Digestive Disease Center

Walla Walla

Hospitals: Jonathan M. Wainwright Memorial VA Medical Center, Providence St. Mary Medical Center

Practices: Privia Medical Group Washington, Providence Health & Services

Washington rural hospitals included in the Heritage Signature and Dental Choice network

Arbor Health—Morton Hospital	Lincoln Hospital	Providence Mount Carmel Hospital
Cascade Medical Center	Mason General Hospital	Providence St. Joseph's Hospital
Columbia Basin Hospital	Mid-Valley Hospital	Pullman Regional Hospital
Columbia Memorial Hospital (Astoria, OR)*	Newport Community Hospital	Quincy Valley Hospital
Coulee Medical Center	North Valley Hospital	Samaritan Healthcare
Dayton General Hospital	Ocean Beach Hospital	Skagit Valley Hospital
East Adams Rural Hospital	Odessa Memorial Healthcare Center	Skyline Hospital
Ferry County Memorial Hospital	Olympic Medical Center	Snoqualmie Valley Hospital
Forks Community Hospital	Othello Community Hospital	PeaceHealth St. John Medical Center
Garfield County Memorial Hospital	PeaceHealth Peace Island Medical Center	Summit Pacific Medical Center
Grays Harbor Community Hospital	PeaceHealth Southwest Medical Center	Three Rivers Hospital
Island Hospital	PeaceHealth St. Joseph Medical Center	Tri-State Memorial Hospital
Jefferson Healthcare Hospital	PeaceHealth United General Medical Center	WhidbeyHealth Medical Center
Kittitas Valley Community Hospital	Prosser Memorial Hospital	Whitman Hospital and Medical Center
Klickitat Valley Hospital		Willapa Harbor Hospital
Kootenai Health St. Michael Medical Center		
Lake Chelan Community Hospital		

*Out-of-state, in-network acute care hospital is available to all members in this network, but may be particularly attractive to Pacific and Wahkiakum county members.

Discrimination is Against the Law

Premera Blue Cross (Premera) complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, Fax: 425-918-5592, TTY: 711, Email AppealsDepartmentInquiries@Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. You can also file a civil rights complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint Portal available at <https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status>, or by phone at 800-562-6900, 360-586-0241 (TDD). Complaint forms are available at <https://fortress.wa.gov/oic/onlineServices/cc/pub/complaintinformation.aspx>.

Language Assistance

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-722-1471 (TTY: 711).

注意: 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 800-722-1471 (TTY: 711)。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 800-722-1471 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 800-722-1471 (TTY: 711) 번으로 전화해 주십시오.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800-722-1471 (телетайп: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 800-722-1471 (TTY: 711).

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки.

Телефонуйте за номером 800-722-1471 (телетайп: 711).

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្អល្អ គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 800-722-1471 (TTY: 711)។

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。800-722-1471 (TTY:711) まで、お電話にてご連絡ください。

ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 800-722-1471 (መስማት ለተሳናቸው: 711)።

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajjila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 800-722-1471 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 800-722-1471 (رقم هاتف الصم والبكم: 711).

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 800-722-1471 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 800-722-1471 (TTY: 711).

ໂປດອຸບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ຄ່າສິ່ງຄ່າ, ຄວນມີພ້ອມໃຫ້ທ່ານ. ໂທ 800-722-1471 (TTY: 711).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sévis èd pou lang ki disponib gratis pou ou. Rele 800-722-1471 (TTY: 711).

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 800-722-1471 (ATS : 711).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 800-722-1471 (TTY: 711).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 800-722-1471 (TTY: 711).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 800-722-1471 (TTY: 711).

توجہ: اگر بہ زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 800-722-1471 (TTY: 711) تماس بگیرید.