

FOR EMPLOYERS

Heritage Prime Network

This provider network is available to groups with 51+ employees

The Heritage Prime network is ideal if you want to offer your employees a high-benefit, low-cost plan with easy access to providers within Washington state. Your employees can even get care when they work or travel outside of Washington through the benefits of having a Premera Blue Cross health plan.

Key benefits

1

Good access

There are 42,468 in-network providers¹ across Washington state, including doctors, hospitals, and other facilities. This includes access to the BlueCard® program for care outside of Washington.

2

Lower costs

Providers in the Heritage Prime network have contracted with Premera to keep the total cost of care low.

Your company could save up to 5% on premiums.²

Your employees could save up to 5% on out-of-pocket costs.²

3

Quality care

Providers in the Heritage Prime network commit to providing customers with the care they need, when they need it, and in the right way.

4

Easy search

Your employees will pay less whenever they use in-network providers. The **Find a Doctor** tool on **premera.com** makes it easy to search for in-network doctors, hospitals, and other providers.

Help your employees use the **Find a Doctor** tool by visiting B'link, the Premera online resource center for employers. B'link provides a flyer, copy-and-share messages, and other simple tools. Visit the B'link website at blink.premera.com.

¹Heritage Prime network includes 42,468 total providers and 74 hospitals. Provider and hospital counts are as of July 2023.

²Cost savings are based on a comparison with Heritage and Dental Choice, Premera's largest provider network. Actual savings will vary based on the location of Washington employees and type of services.

PREMERA | 

BLUE CROSS

An Independent Licensee of the Blue Cross Blue Shield Association

HERITAGE PRIME NETWORK

Partial provider list as of February 2024*

WESTERN WASHINGTON

Seattle

- **Hospitals:** Fred Hutchinson Cancer Research Center, Harborview Medical Center, Seattle Children's, University of Washington Medical Center, University of Washington Medical Center–Northwest Campus, VA Puget Sound Seattle, Virginia Mason Hospital and Medical Center
- **Practices:** Children's University Medical Group, Kinwell, Northwest Medical Clinics, The Polyclinic, University of Washington Physicians, VA Puget Sound Health Care System, Virginia Mason

Eastside

- **Hospitals:** EvergreenHealth Medical Center, Overlake Medical Center
- **Practices:** EvergreenHealth Medical Center, Kinwell Redmond, Overlake Internal Medicine, Overlake Medical Clinic, Virginia Mason Eastside Clinics

Snohomish County

- **Hospitals:** Cascade Valley Hospital, EvergreenHealth Monroe
- **Practices:** Cascade Valley Clinics, Virginia Mason, Edmonds Family Medicine, The Everett Clinic, Kinwell Mill Creek/Lynnwood, Western Washington Medical Group

South Puget Sound

- **Hospitals:** MultiCare (Allenmore Hospital, Auburn Medical Center, Covington Medical Center, Good Samaritan Hospital, Mary Bridge Children's Hospital, and Tacoma General Hospital), Valley Medical Renton, VA Puget Sound American Lake Division
- **Practices:** Kinwell, MultiCare Health System, Valley Medical Center

Kitsap County**

- **Hospitals:** Harrison Medical Center
- **Practices:** The Doctors Clinic, Franciscan Medical Group, Harrison Medical Center, Kinwell Poulsbo

Olympia

- **Hospitals:** MultiCare Capital Medical Center
- **Practices:** Capital Medical Center Specialty Physicians, Capital Physicians

CENTRAL WASHINGTON

Yakima

- **Hospitals:** Astria Sunnyside Hospital, Astria Toppenish Hospital, MultiCare Yakima Valley Memorial
- **Practices:** Yakima Valley Memorial Physicians

Tri-Cities

- **Hospitals:** Trios Southridge Hospital, Lourdes Medical Center
- **Practices:** Kinwell Pasco, Trios Health Medical Group, Tri-City Orthopaedic Clinic

Wenatchee

- **Hospitals:** Hospital–Central Campus, Confluence Health Hospital–Mares Campus
- **Practices:** Columbia Valley Community Health, Kinwell Wenatchee, Wenatchee Valley Clinic

EASTERN WASHINGTON

Spokane

- **Hospitals:** MultiCare Deaconess Medical Center, MultiCare Valley Hospital and Medical Center, Shriners Hospitals for Children, Spokane VA Medical Center
- **Practices:** Cancer Care Northwest, Kinwell, MultiCare Rockwood Clinic, Spokane Digestive Disease Center

Walla Walla

- **Hospitals:** Jonathan M. Wainwright Memorial VA Medical Center
- **Practices:** Adventist Health Medical Group

*This is not an exhaustive list of all practices and hospitals participating in the Heritage Prime network throughout Washington. This list is subject to change.

**CHI Franciscan Health facilities remain in network in Kitsap County only.

Washington rural hospitals included in the Heritage Prime network

Cascade Medical Center	Lincoln Hospital	Prosser Memorial Hospital
Columbia Basin Hospital	Mason General Hospital	Pullman Regional Hospital
Columbia Memorial Hospital (Astoria, OR)*	Mid-Valley Hospital	Quincy Valley Medical Center
Coulee Medical Center	Morton General Hospital	Samaritan Hospital
Dayton General Hospital	Newport Hospital & Health Services	Skagit Valley Hospital
East Adams Rural Hospital	North Valley Hospital	Skyline Hospital
Ferry County Memorial Hospital	Ocean Beach Hospital	Snoqualmie Valley Hospital
Forks Community Hospital	Odessa Memorial Healthcare Center	St. John Medical Center
Garfield County Memorial Hospital	Olympic Medical Center	Summit Pacific Medical Center
Grays Harbor Community Hospital	Othello Community Hospital	Sunnyside Community Hospital
Island Hospital	PeaceHealth Peace Island Medical Center	Three Rivers Hospital
Jefferson Healthcare	PeaceHealth Southwest Medical Center	Tri-State Memorial Hospital
Kittitas Valley Community Hospital	PeaceHealth St. Joseph Medical Center	WhidbeyHealth Medical Center
Klickitat Valley Health	PeaceHealth United General	Whitman Hospital and Medical Center
Lake Chelan Community Hospital		Willapa Harbor Hospital
Legacy Salmon Creek Hospital		

*This out-of-state, in-network acute care hospital is available to all members in this network, but may be particularly attractive to Pacific and Wahkiakum county members.

Notice of availability and nondiscrimination 800-722-1471 | TTY: 711

Call for free language assistance services and appropriate auxiliary aids and services.

Llame para obtener servicios gratuitos de asistencia lingüística, y ayudas y servicios auxiliares apropiados.

呼吁提供免费的语言援助服务和适当的辅助设备及服务。

呼籲提供免費的語言援助服務和適當的輔助設備及服務。

Gọi cho các dịch vụ hỗ trợ ngôn ngữ miễn phí và các hỗ trợ và dịch vụ phụ trợ thích hợp.

무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 신청하십시오.

Звоните для получения бесплатных услуг по переводу и других вспомогательных средств и услуг.

Tumawag para sa mga libreng serbisyo ng tulong sa wika at angkop na mga karagdagang tulong at serbisyo.

Звертайте за безкоштовною мовною підтримкою та відповідними додатковими послугами.

សូមហៅទូរសព្ទទៅសេវាជំនួយភាសាដោយឥតគិតថ្លៃ ព្រមទាំងសេវាកម្ម និងជំនួយចាំបាច់ដែលសមរម្យផ្សេងៗ។

無料言語支援サービスと適切な補助器具及びサービスをお求めください。

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Tajaajiloota deeggarsa afaan bilisaa fi gargaarsaa fi tajaajiloota barbaachisaa ta'an argachuuf bilbilaa.

ਮੁਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ਉਚਿਤ ਸਹਾਇਕ ਚੀਜ਼ਾਂ ਅਤੇ ਸੇਵਾਵਾਂ ਵਾਸਤੇ ਕਾਲ ਕਰੋ।

Fordern Sie kostenlose Sprachunterstützungsdienste und geeignete Hilfsmittel und Dienstleistungen an.

ໂທເພື່ອຮັບການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ແລະ ການບໍລິການ ແລະ ການຊ່ວຍເຫຼືອພິເສດທີ່ເໝາະສົມແບບບໍ່ເສຍຄ່າ.

Rele pou w jwenn sèvis asistans lengwistik gratis ak èd epi sèvis oksilyè ki apwopriye.

Appelez pour obtenir des services gratuits d'assistance linguistique et des aides et services auxiliaires appropriés.

Zadzwoń, aby uzyskać bezpłatną pomoc językową oraz odpowiednie wsparcie i usługi pomocnicze.

Ligue para serviços gratuitos de assistência linguística e auxiliares e serviços auxiliares adequados.

Chiama per i servizi di assistenza linguistica gratuiti e per gli ausili e i servizi ausiliari appropriati.

اتصل للحصول على خدمات المساعدة اللغوية المجانية والمساعدات والخدمات المناسبة.

برای خدمات کمک زبانی رایگان و کمک‌ها و خدمات امدادی مقتضی، تماس بگیرید.

Discrimination is against the law. Premera Blue Cross (Premera) complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes. Premera does not exclude people or treat them less favorably because of race, color, national origin, age, disability, sex, sexual orientation, or gender identity. Premera provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language assistance services to people whose primary language is not English, which may include qualified interpreters and information written in other languages. If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, TTY: 711, Fax: 425-918-5592, Email AppealsDepartmentInquiries@Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. You can also file a civil rights complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint Portal available at <https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status>, or by phone at 800-562-6900, 360-586-0241 (TDD). Complaint forms are available at <https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx>.

