Prenatal and Postpartum Care (PPC)

APPLICABLE LINES OF BUSINESS
- Commercial
- Exchange

MEASURE DESCRIPTION
The percentage of deliveries of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year. For these women, the measure assesses the following facets of prenatal and postpartum care:

- **Timeliness of Prenatal Care:** The percentage of deliveries that received a prenatal care visit in the first trimester, on or before the enrollment start date or within 42 days of enrollment in the organization.

- **Postpartum Care:** The percentage of deliveries that had a postpartum visit on or between 7 and 84 days after delivery.¹

EXCLUSIONS
Patients are excluded if:
- Deliveries not resulting in a live birth(s).

PATIENT CLAIMS SHOULD INCLUDE

<table>
<thead>
<tr>
<th>Description</th>
<th>Codes</th>
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<tbody>
<tr>
<td>Prenatal Visits</td>
<td>CPT: 99201-05, 99211-15, 99241-45, 99483</td>
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<td>HCPCS: G0463, T1015</td>
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<td>Prenatal Bundled Services</td>
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<td>HCPCS: H1005</td>
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<td>Stand Alone Prenatal Visits</td>
<td>CPT: 99500</td>
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<td>CPT II: 0500F, 0501F, 0502F</td>
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<td>HCPCS: H1000-04</td>
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<td>Cervical Cytology Lab Test</td>
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<td>HCPCS: G0123-24, G0141, G0143-45, G0147-48, P3000-01, Q0091</td>
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<td>Postpartum Visits</td>
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<td>CPT II: 0503F</td>
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<td>ICD-10: Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2</td>
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<td>Postpartum Bundled Services</td>
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<td>Online Assessments</td>
<td>CPT: 98969, 98970-72, 99421-23, 99444, 99457</td>
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<tr>
<td>Telephone Visits</td>
<td>CPT: 98966-68, 99441-43</td>
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</table>
PATIENT MEDICAL RECORDS SHOULD INCLUDE

**Prenatal Care:**
- Documentation in the medical record must include a note indicating the date when the prenatal care visit occurred, and evidence of one of the following:
  - A diagnosis of pregnancy
  - A basic physical obstetrical examination that includes auscultation for fetal heart tone, or pelvic exam with obstetric observations, or measurement of fundus height
  - Gravidity and parity
  - Complete obstetrical history
  - Prenatal office visit with obstetrics panel/TORCH antibody panel/Rubella with ABO/Rh blood typing/ultrasound
  - Documentation of LMP, EDD or gestational age in conjunction with either of the following
    - Prenatal risk assessment and counseling/education
    - Complete obstetrical history
  - Screening test in the form of an obstetric panel, including include all of the following: hematocrit, differential WBC count, platelet count, hepatitis surface antigen, rubella antibody, syphilis test, RBC antibody screen, Rh and ABO blood typing
  - TORCH antibody panel alone
  - A rubella antibody test/titer with an Rh incompatibility (ABO/Rh) blood typing
  - Ultrasound or a pregnant uterus

**Postpartum Care:**
- Documentation in the medical record must include a note indicating the date when a postpartum visit occurred and one of the following:
  - Pelvic exam
  - Evaluation of weight, BP, breasts and abdomen, breastfeeding status
  - Notation of postpartum care:
    - Notation of “postpartum care,” “PP care,” “PP check,” “6-week check”
    - A preprinted “Postpartum Care” form in which information was documented during the visit
  - Perineal or cesarean incision/wound check
  - Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders
  - Glucose screening for women with gestational diabetes
  - Documentation of any of the following topics:
    - Infant care or breastfeeding
    - Resumption of intercourse, birth spacing or family planning
    - Sleep/fatigue
    - Resumption of physical activity and attainment of healthy weight
    - Attainment of health weight

*Note: Do not include postpartum care provided in an acute inpatient setting.*
TIPS FOR SUCCESS

- Send reminders to new mothers about the importance of prenatal and postpartum care and help them book an appointment; patients typically follow through on scheduling prenatal and postpartum care when recommended by their provider.
- Prenatal visits are a great time to discuss updating the mother’s immunization record including the flu and Tdap vaccines.
- Partner with obstetricians to ensure the prenatal and postpartum visits are scheduled in a timely manner. Pediatricians and family providers can support the mother by reminding her to schedule a postpartum checkup during the baby’s first well child visit.
- Educate patients on recognizing the signs and symptoms of perinatal depression which can occur during or after pregnancy.

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