

Guidelines for Handling and Distributing Proprietary Information

The following matrix provides guidance on how to appropriately handle, protect and mark proprietary information.

Placement of Proprietary Markings

- When in hardcopy form, proprietary markings should be applied to the bottom center of each page, unless permanently bound; otherwise apply the marking to the outside front and back covers. Ring binders should be marked with the classification of the most sensitive information contained;
- Clearly visible markings should be applied to CDs, DVDs, magnetic tapes, diskettes, Zip disks, etc.;
- Appropriate markings should be securely affixed to slides, transparencies, etc. using a label, tag, or sticker when possible; otherwise enclose the items in appropriately marked envelopes;
- Attorney-Client Privileged and/or Attorney Work Product markings should only be used at the direction of Company attorneys, or when requesting legal advice.

Destruction of Proprietary Data

Proprietary data should be destroyed as appropriate per the Records & Information Management (RIM) policy, Device and Media Controls policy and Device and Media Controls Standard.

<u>Information Classification Requirements</u>			<u>Distribution Requirements</u> <u>(MAY ONLY BE DISTRIBUTED WHEN REQUIREMENTS ARE MET)</u>		
<u>Standard Proprietary Markings</u>	<u>Requirements for Information Release/Storage</u>	<u>Examples (not all inclusive)</u>	<u>Internal Distribution</u>	<u>External Distribution</u>	<u>Electronic Distribution</u>
Premera subsidiaries copyright statement: 1. © 2013 by Premera Blue Cross. All Rights Reserved. 2. © Property of Premera Blue Cross. 3. © 2013 LifeWise Health Plan of Washington 4. © 2013 LifeWise Health Plan of Oregon 5. © 2013 Vivacity, Inc. 6. © 2013 Connexion Insurance, Inc. 7. © 2013 Calypso Health Care Solutions 8. © 2013 LifeWise Assurance Company – OR – No Markings	Information which may be shared internally and externally without prior approval of the information owner. Such information may be stored in network shared drive folders that are accessible by all users.	<ul style="list-style-type: none"> • Advertising/marketing collateral (displays, print ads, commercials, product brochures, layouts, etc.) • Code of Conduct • Job descriptions • Specialty drug lists • Member premium rates • Annual report • Press releases • Public presentations given by associates and/or officers of the Company (provided confidential or proprietary information has in fact been redacted) • Integrated Health Management’s medical policies • Public web sites: <ul style="list-style-type: none"> - www.premera.com - www.vivacity.net - www.lifewiseac.com - www.lifewiseor.com - www.lifewisewa.com - www.connexioninsurance.com 	No special protection measures are required.		
<u>Confidential & Proprietary</u>	Information regarding the Company’s operations, associates or	<ul style="list-style-type: none"> • Memos, agendas, internal presentations, faxes, binder spines and 	Should be distributed via interoffice mail in sealed	Should be distributed in sealed envelopes when the	Must be e-mailed in accordance with the eMail and Other Electronic

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	<p>third parties doing business with the Company which is not generally available to the public which may be shared internally with associates, and with contractors or vendors on a need to know basis who have signed a Non-disclosure Agreement. Such documentation must be stored in secure shared drive folders that are accessible by only those who have a need to access it.</p> <p><u>Approval must be obtained in advance for release of associate data maintained by Human Resources.</u></p>	<p>covers</p> <ul style="list-style-type: none"> • Financial data (except public Annual Report and financial status memos to management) • Pricing or product information • Lists of member groups • Contracting and Procurement data • Sales/marketing information, data and reports • All other information which has been treated or designated by the Company as confidential and proprietary 	envelopes when possible.	delivery is accomplished by another party, e.g. courier, USPS, UPS, FedEx.	<p>Communications policy.</p> <p>Documents must be properly marked prior to faxing them.</p>
Confidential & Proprietary – For Internal Use Only	<p>Information which is intended for internal use only, but may be shared with associates, and with contractors or vendors on a need to know basis who have signed a Non-disclosure Agreement. Such documentation must be stored in secure shared drive folders that are accessible by only those who have a need to access it.</p>	<ul style="list-style-type: none"> • Corporate policies • Departmental procedures • Associate Handbook • Organization Charts • Salary Administration Manual • Financial status memos to management • Job aids • New hire orientation materials • Regulatory implementation memos • Record Retention Schedule 	Should be distributed via interoffice mail in sealed envelopes when possible.	Should be distributed in sealed envelopes when the delivery is accomplished by another party, e.g. courier, USPS, UPS, FedEx.	<p>Must be e-mailed in accordance with the eMail and Other Electronic Communications policy.</p> <p>Documents must be properly marked prior to faxing them.</p>
Confidential & Proprietary – Restricted (Solely for authorized persons having a need to know)	<p><u>Information which is not intended for wide distribution and may only be shared upon approval by a Director or above of the Company or the Legal & Regulatory Affairs Department, or pursuant to written instructions on the document.</u></p> <p>Such documentation must be stored in secure shared drive folders that are accessible by only those who have a need to access it.</p>	<ul style="list-style-type: none"> • Board materials • Revenue and membership projections • Market research • Strategic Plan • Business Continuity Plan • In-team audit notes, work papers and reports • Actuarial analyses • Underwriting reports • Competitive intelligence • Capital investment plans and projected earnings 	Should be distributed via interoffice mail in double-sealed envelopes (the inside envelope being a tamper-evident envelope, marked with a PRIVATE or CONFIDENTIAL label.)	<p>Should be distributed via interoffice mail in double-sealed envelopes (the inside envelope being a tamper-evident envelope, marked with a PRIVATE or CONFIDENTIAL label.)</p> <p>Boxes or cartons containing such information must be taped closed and the destination address verified before being sent.</p>	<p>Must be e-mailed in accordance with the eMail and Other Electronic Communications policy.</p> <p>Documents must be properly marked prior to faxing them.</p>

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		<ul style="list-style-type: none"> Provider reimbursement or contracting information 			
Attorney-Client Privileged and/or Attorney Work Product	<p><u>Information which has been prepared by or at the direction of the Company's counsel, and may only be disclosed to other internal or external parties at the direction of the Company's counsel.</u></p> <p>Such documentation must be stored in secure shared drive folders that are accessible by only those who have a need to access it.</p>	<ul style="list-style-type: none"> Notes, work papers, reports and presentations related to investigations or projects performed at the direction of Company counsel Written or oral communications with Company counsel when they are in fact confidential and are/will be maintained as confidential by Premera 	Should be distributed via interoffice mail in double-sealed envelopes (the inside envelope being a tamper-evident envelope, marked with a PRIVATE or CONFIDENTIAL label.)	Should be distributed via interoffice mail in double-sealed envelopes (the inside envelope being a tamper-evident envelope, marked with a PRIVATE or CONFIDENTIAL label)	<p>Must be e-mailed in accordance with the eMail Use and Other Electronic Communications policy and ISS Encryption Standard.</p> <p>Documents must be properly marked prior to faxing them.</p>
Confidential PPI – Member	<p>Means the Protected Personal Information (PPI) of any applicant, current or former member, regardless of how or where it is stored, whether it be formatted, or unformatted.</p> <p>See the Confidentiality of Protected Personal Information (PPI) Policy for specific requirements and restrictions before disclosing such information internally or externally. <i>When in doubt, consult your Privacy Liaison, who is trained to provide guidance on such matters.</i></p> <p>Such documentation must be stored in secure shared drive folders that are accessible by only those who have a need to access it.</p>	<ul style="list-style-type: none"> Claims information and diagnoses, whether in electronic or paper form Member names, addresses, subscriber number, Social Security Number, telephone number, etc. Membership & Billing spreadsheets Case/care management reports and files Medical review reports and files Utilization data 	Should be distributed via interoffice mail in sealed envelopes when possible.	Should be distributed in sealed envelopes when the delivery is accomplished by another party, e.g. courier, USPS, UPS, FedEx.	<p>Must be e-mailed in accordance with the eMail and Other Electronic Communications policy and the ISS Encryption standard.</p> <p>Documents must be properly marked prior to faxing them.</p>

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Confidential PPI – Associate – Restricted	<p>Means the Protected Personal Information (PPI) of any associate and their covered dependents, regardless of how or where it is stored, whether it be formatted, or unformatted.</p> <p>See the Access to Protected Personal Information and Other Restricted Access Groups policy and the Confidentiality of Protected Personal Information (PPI) policy for specific requirements and restrictions before disclosing such information. <i>When in doubt, consult Human Resources, who is trained to provide guidance on such matters.</i></p> <p>Such documentation must be stored in secure shared drive folders that are accessible by only those who have a need to access it.</p>	<p>The following apply only if related to an associate’s health care, provision of health care, or payment for provision of health care:</p> <ul style="list-style-type: none"> • Claims information and diagnoses, whether in electronic or paper form • Member names, addresses, subscriber number, Social Security Number, telephone number, etc. • Salary, payroll and other compensation data • Case/care management reports and files • Medical review reports and files • Utilization data 	Should be distributed via interoffice mail in sealed envelopes when possible.	Should be distributed in sealed envelopes when the delivery is accomplished by another party, e.g. courier, USPS, UPS, FedEx.	<p>Must be e-mailed in accordance with the eMail and Other Electronic Communications policy and the ISS Encryption standard.</p> <p>Documents must be properly marked prior to faxing them.</p>

Discrimination is Against the Law

Premera Blue Cross complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Premera:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:
Civil Rights Coordinator - Complaints and Appeals
PO Box 91102, Seattle, WA 98111
Toll free 855-332-4535, Fax 425-918-5592, TTY 800-842-5357
Email AppealsDepartmentInquiries@Premera.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:
U.S. Department of Health and Human Services
200 Independence Avenue SW, Room 509F, HHH Building
Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Getting Help in Other Languages

This Notice has Important Information. This notice may have important information about your application or coverage through Premera Blue Cross. There may be key dates in this notice. You may need to take action by certain deadlines to keep your health coverage or help with costs. You have the right to get this information and help in your language at no cost. Call 800-722-1471 (TTY: 800-842-5357).

አማራኛ (Amharic):

ይህ ማስታወቂያ አስፈላጊ መረጃ ይይዛል። ይህ ማስታወቂያ ስለ ማመልከቻዎ ወይም የ Premera Blue Cross ኸፋን አስፈላጊ መረጃ ሊኖረው ይችላል። በዚህ ማስታወቂያ ውስጥ ቀልፍ ቀናኛ ሊኖሩ ይችላሉ። የገቢና ኸፋንዎን ለመጠበቅና በአስተፋፊ አርዳታ ለማግኘት በተወሰኑ የጊዜ ገደቦች አርምጃ መውሰድ ይዘገዳት ይሆናል። ይህን መረጃ እንዲያገኙ እና ያለምንም ከፋያ በቋንቋዎ አርዳታ እንዲያገኙ መስጠት አለዎት።በስልክ ቁጥር: 800-722-1471 (TTY: 800-842-5357) ይደውሉ።

العربية (Arabic):

يحتوي هذا الإشعار معلومات هامة قد يحوي هذا الإشعار معلومات مهمة بخصوص طلبك أو التغطية التي تريد الحصول عليها من خلال Premera Blue Cross. قد تكون هناك تواريخ مهمة في هذا الإشعار. وقد تحتاج لاتخاذ إجراء في تواريخ معينة للحفاظ على تغطيتك الصحية أو للمساعدة في دفع التكاليف. يحق لك الحصول على هذه المعلومات والمساعدة بلمتأكد دون تكبد أية تكلفة. اتصل بـ800-722-1471 (TTY: 800-842-5357)

中文 (Chinese):

本通知有重要的訊息。本通知可能有關於您透過 Premera Blue Cross 提交的申請或保險的重要訊息。本通知內可能有重要日期。您可能需要在截止日期之前採取行動，以保留您的健康保險或者費用補貼。您有權利免費以您的母語得到本訊息和幫助。請撥電話 800-722-1471 (TTY: 800-842-5357)。

Oromoo (Cushite):

Beeksisni kun odeeffannoo barbaachisaa qaba. Beeksisti kun sagantaa yookan karaa Premera Blue Cross tiin tajaajila keessan ilaalchisee odeeffannoo barbaachisaa qabaachuu danda'a. Guyyaawwan murteessaa ta'an beeksisa kana keessatti ilaalaa. Tarii kaffaltiidhaan deeggaramuuf yookan tajaajila fayyaa keessaniif guyyaa dhumaa irratti wanti raawwattan jiraachuu danda'a. Kaffaltii irraa bilisa haala ta'een afaan keessaniin odeeffannoo argachuu fi deeggarsa argachuuf mirga ni qabaattu. Lakkoofsa bilbilaa 800-722-1471 (TTY: 800-842-5357) ti bilbilaa.

Français (French):

Cet avis a d'importantes informations. Cet avis peut avoir d'importantes informations sur votre demande ou la couverture par l'intermédiaire de Premera Blue Cross. Le présent avis peut contenir des dates clés. Vous devrez peut-être prendre des mesures par certains délais pour maintenir votre couverture de santé ou d'aide avec les coûts. Vous avez le droit d'obtenir cette information et de l'aide dans votre langue à aucun coût. Appelez le 800-722-1471 (TTY: 800-842-5357).

Kreyòl ayisyen (Creole):

Avi sila a gen Enfòmasyon Enpòtan ladann. Avi sila a kapab genyen enfòmasyon enpòtan konsènan aplikasyon w lan oswa konsènan kouvèti asirans lan atravè Premera Blue Cross. Kapab genyen dat ki enpòtan nan avi sila a. Ou ka gen pou pran kèk aksyon avan sèten dat limit pou ka kenbe kouvèti asirans sante w la oswa pou yo ka ede w avèk depans yo. Se dwa w pou resewva enfòmasyon sa a ak asistans nan lang ou pale a, san ou pa gen pou peye pou sa. Rele nan 800-722-1471 (TTY: 800-842-5357).

Deutsche (German):

Diese Benachrichtigung enthält wichtige Informationen. Diese Benachrichtigung enthält unter Umständen wichtige Informationen bezüglich Ihres Antrags auf Krankenversicherungsschutz durch Premera Blue Cross. Suchen Sie nach eventuellen wichtigen Terminen in dieser Benachrichtigung. Sie könnten bis zu bestimmten Stichtagen handeln müssen, um Ihren Krankenversicherungsschutz oder Hilfe mit den Kosten zu behalten. Sie haben das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Rufen Sie an unter 800-722-1471 (TTY: 800-842-5357).

Hmoob (Hmong):

Tsab ntawv tshaj xo no muaj cov ntshiab lus tseem ceeb. Tej zaum tsab ntawv tshaj xo no muaj cov ntsiab lus tseem ceeb txog koj daim ntawv thov kev pab los yog koj qhov kev pab cuam los ntawm Premera Blue Cross. Tej zaum muaj cov hnub tseem ceeb uas sau rau hauv daim ntawv no. Tej zaum koj kuj yuav tau ua qee yam uas peb kom koj ua tsis pub dhau cov caj nyoog uas teev tseg rau hauv daim ntawv no mas koj thiaj yuav tau txais kev pab cuam kho mob los yog kev pab them tej nqi kho mob ntawd. Koj muaj cai kom lawv muab cov ntshiab lus no uas tau muab sau ua koj hom lus pub dawb rau koj. Hu rau 800-722-1471 (TTY: 800-842-5357).

Iloko (Ilocano):

Daytoy a Pakdaar ket naglaon iti Napateg nga Impormasion. Daytoy a pakdaar mabalin nga adda ket naglaon iti napateg nga impormasion maipanggep iti apliksayonyo wenno coverage babaen iti Premera Blue Cross. Daytoy ket mabalin dagiti importante a petsa iti daytoy a pakdaar. Mabalin nga adda rumbeng nga aramidenyo nga addang sakbay dagiti partikular a naituding nga aldaw tapno mapagtalinaedyo ti coverage ti salun-atyo wenno tulong kadagiti gastos. Adda karbenganyo a mangala iti daytoy nga impormasion ken tulong iti bukodyo a pagsasao nga awan ti bayadanyo. Tumawag iti numero nga 800-722-1471 (TTY: 800-842-5357).

Italiano (Italian):

Questo avviso contiene informazioni importanti. Questo avviso può contenere informazioni importanti sulla tua domanda o copertura attraverso Premera Blue Cross. Potrebbero esserci date chiave in questo avviso. Potrebbe essere necessario un tuo intervento entro una scadenza determinata per consentirti di mantenere la tua copertura o sovvenzione. Hai il diritto di ottenere queste informazioni e assistenza nella tua lingua gratuitamente. Chiama 800-722-1471 (TTY: 800-842-5357).

日本語 (**Japanese**):

この通知には重要な情報が含まれています。この通知には、Premera Blue Cross の申請または補償範囲に関する重要な情報が含まれている場合があります。この通知に記載されている可能性がある重要な日付をご確認ください。健康保険や有料サポートを維持するには、特定の期日までに行動を取らなければならない場合があります。ご希望の言語による情報とサポートが無料で提供されます。800-722-1471 (TTY: 800-842-5357)までお電話ください。

한국어 (**Korean**):

본 통지서에는 중요한 정보가 들어 있습니다. 즉 이 통지서는 귀하의 신청에 관하여 그리고 Premera Blue Cross 를 통한 커버리지에 관한 정보를 포함하고 있을 수 있습니다. 본 통지서에는 핵심이 되는 날짜들이 있을 수 있습니다. 귀하는 귀하의 건강 커버리지를 계속 유지하거나 비용을 절감하기 위해서 일정한 마감일까지 조치를 취해야 할 필요가 있을 수 있습니다. 귀하는 이러한 정보와 도움을 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 800-722-1471 (TTY: 800-842-5357) 로 전화하십시오.

ລາວ (**Lao**):

ແຈ່ງການນີ້ມີຂໍ້ມູນສຳຄັນ. ແຈ່ງການນີ້ອາດຈະມີຂໍ້ມູນສຳຄັນກ່ຽວກັບຄ່າຮ້ອງສະໝັກ ຫຼື ຄວາມຄົມຄອງປະກັນໄພຂອງທ່ານຜ່ານ Premera Blue Cross. ອາດຈະມີວັນທີ່ສຳຄັນໃນແຈ່ງການນີ້. ທ່ານອາດຈະຈຳເປັນຕ້ອງດຳເນີນການຕາມກຳນົດ ເວລາສະເພາະເພື່ອຮັກສາຄວາມຄົມຄອງປະກັນສະພາບ ຫຼື ຄວາມຊ່ວຍເຫຼືອເລື່ອງຄ່າໃຊ້ຈ່າຍຂອງທ່ານໄວ້. ທ່ານມີສິດໂຕ້ຮົບຂໍ້ມູນນີ້ ແລະ ຄວາມຊ່ວຍເຫຼືອດ້ານພາສາຂອງທ່ານໂດຍບໍ່ເສຍຄ່າ. ໃຫ້ໃບຫາ 800-722-1471 (TTY: 800-842-5357).

ភាសាខ្មែរ (**Khmer**):

សេចក្តីជូនដំណឹងនេះមានព័ត៌មានយ៉ាងសំខាន់។ សេចក្តីជូនដំណឹងនេះប្រហែលជាមានព័ត៌មានយ៉ាងសំខាន់អំពីទម្រង់របបទ ឬការរ៉ាប់រងរបស់អ្នកតាមរយៈ Premera Blue Cross ។ ប្រហែលជាមាន កាលបរិច្ឆេទសំខាន់នៅក្នុងសេចក្តីជូនដំណឹងនេះ។ អ្នកប្រហែលជាត្រូវការបញ្ជូលមត្តការ ដល់កំណត់ថ្លៃជាភ័យ្យសំនាន ដើម្បីនឹងអាចទុកការធានារ៉ាប់រងសុខភាពរបស់អ្នក ឬប្រាក់ជំនួយចេញថ្លៃ។ អ្នកមានសិទ្ធិទទួលព័ត៌មាននេះ នឹងជំនួយនៅក្នុងការរារបស់អ្នកដោយមិនអស់លុយឡើយ។ សូមទូរស័ព្ទ 800-722-1471 (TTY: 800-842-5357)។

ਪੰਜਾਬੀ (**Punjabi**):

ਇਸ ਨੋਟਿਸ ਵਿਚ ਖਾਸ ਜਾਣਕਾਰੀ ਹੈ. ਇਸ ਨੋਟਿਸ ਵਿਚ Premera Blue Cross ਵਲੋਂ ਤੁਹਾਡੀ ਕਵਰੇਜ ਅਤੇ ਅਰਜੀ ਬਾਰੇ ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ ਹੋ ਸਕਦੀ ਹੈ . ਇਸ ਨੋਜਿਸ ਜਦ ਖਾਸ ਤਾਰੀਖਾਂ ਹੋ ਸਕਦੀਆਂ ਹਨ, ਸੇਕਰ ਤੁਸੀ ਜਸਰਤ ਕਵਰੇਜ ਵਿੱਖਣੀ ਹੋਵੇ ਜਾਂ ਓਸ ਦੀ ਠਾਹਤ ਜਵਿੱਚ ਮਦਦ ਦੇ ਇਛੁੱਕ ਹੋ ਤਾਂ ਤੁਹਾਨੂੰ ਅੱਤਮ ਤਾਰੀਖ ਤੋਂ ਪਹਿਲਾਂ ਕੁੱਝ ਖਾਸ ਕਦਮ ਚੁੱਕਣ ਦੀ ਲੋੜ ਹੋ ਸਕਦੀ ਹੈ ,ਤੁਹਾਨੂੰ ਮੁੜਤ ਵਿੱਚ ਤੇ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ ,ਕਾਲ 800-722-1471 (TTY: 800-842-5357).

Română (**Romanian**):

Prezentă notificare conține informații importante. Această notificare poate conține informații importante privind cererea sau acoperirea asigurării dumneavoastră de sănătate prin Premera Blue Cross. Pot exista date cheie în această notificare. Este posibil să fie nevoie să acționați până la anumite termene limită pentru a vă menține acoperirea asigurării de sănătate sau asistența privitoare la costuri. Aveți dreptul de a obține gratuit aceste informații și ajutor în limba dumneavoastră. Sunați la 800-722-1471 (TTY: 800-842-5357).

Русский (**Russian**):

Настоящее уведомление содержит важную информацию. Это уведомление может содержать важную информацию о вашем заявлении или страховом покрытии через Premera Blue Cross. В настоящем уведомлении могут быть указаны ключевые даты. Вам, возможно, потребуется принять меры к определенным предельным срокам для сохранения страхового покрытия или помощи с расходами. Вы имеете право на бесплатное получение этой информации и помощь на вашем языке. Звоните по телефону 800-722-1471 (TTY: 800-842-5357).

Fa'asamoa (**Samoan**):

Atonu ua iai i lenei fa'asilasilaga ni fa'amatalaga e sili ona taua e tatau ona e malamalama i ai. O lenei fa'asilasilaga o se fesoasoani e fa'amatala atili i ai i le tulaga o le polokalame, Premera Blue Cross, ua e tau fia maua atu i ai. Fa'amolemole, ia e iloilo fa'alelei i aso fa'apitoa olo'o iai i lenei fa'asilasilaga taua. Masalo o le'a iai ni feau e tatau ona e faia ao le'i aulia le aso ua ta'ua i lenei fa'asilasilaga ina ia e iai pea ma maua fesoasoani mai ai i le polokalame a le Malo olo'o e iai i ai. Olo'o iai iate oe le aia tatau e maua atu i lenei fa'asilasilaga ma lenei fa'matalaga i legagana e te malamalama i ai aunoa ma se togia tupe. Vili atu i le telefoni 800-722-1471 (TTY: 800-842-5357).

Español (**Spanish**):

Este Aviso contiene información importante. Es posible que este aviso contenga información importante acerca de su solicitud o cobertura a través de Premera Blue Cross. Es posible que haya fechas clave en este aviso. Es posible que deba tomar alguna medida antes de determinadas fechas para mantener su cobertura médica o ayuda con los costos. Usted tiene derecho a recibir esta información y ayuda en su idioma sin costo alguno. Llame al 800-722-1471 (TTY: 800-842-5357).

Tagalog (**Tagalog**):

Ang Paunawa na ito ay naglalaman ng mahalagang impormasyon. Ang paunawa na ito ay maaaring naglalaman ng mahalagang impormasyon tungkol sa iyong aplikasyon o pagsakop sa pamamagitan ng Premera Blue Cross. Maaaring may mga mahalagang petsa dito sa paunawa. Maaring mangailangan ka na magsagawa ng hakbang sa ilang mga itinakdang panahon upang mapanatili ang iyong pagsakop sa kalusugan o tulong na walang gastos. May karapatan ka na makakuha ng ganitong impormasyon at tulong sa iyong wika ng walang gastos. Tumawag sa 800-722-1471 (TTY: 800-842-5357).

ไทย (**Thai**):

ประกาศนี้ มีข้อมูลสำคัญ ประกาศนี้อาจมีข้อมูลที่สำคัญเกี่ยวกับ การขอสมัครวีซ่าขอเข้าประเทศในสุขภาพของคุณผ่าน **Premera Blue Cross** และอาจมีกำหนดการในประเทศนี้ คุณอาจจะต้องดำเนินการภายในกำหนดระยะเวลาที่แน่นอน เพื่อจะรักษาการประกันสุขภาพของคุณหรือการช่วยเหลือที่มีค่าใช้จ่าย
โทร 800-722-1471 (TTY: 800-842-5357)

Український (**Ukrainian**):

Це повідомлення містить важливу інформацію. Це повідомлення може містити важливу інформацію про Ваше звернення щодо страховального покриття через Premera Blue Cross. Зверніть увагу на ключові дати, які можуть бути вказані у цьому повідомленні. Існує імовірність того, що Вам треба буде здійснити певні кроки у конкретні кінцеві строки для того, щоб зберегти Ваше медичне страхування або отримати фінансову допомогу. У Вас є право на отримання цієї інформації та допомоги безкоштовно на Вашій рідній мові. Дзвоніть за номером телефону 800-722-1471 (TTY: 800-842-5357).

Tiếng Việt (**Vietnamese**):

Thông báo này cung cấp thông tin quan trọng. Thông báo này có thông tin quan trọng về đơn xin tham gia hoặc hợp đồng bảo hiểm của quý vị qua chương trình Premera Blue Cross. Xin xem ngày quan trọng trong thông báo này. Quý vị có thể phải thực hiện theo thông báo đúng trong thời hạn để duy trì bảo hiểm sức khỏe hoặc được trợ giúp thêm về chi phí. Quý vị có quyền được biết thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Xin gọi số 800-722-1471 (TTY: 800-842-5357).