

# Amazon Autism Spectrum Disorders

## MEMBER INFORMATION PACKET

Premera Blue Cross administers the Autism Spectrum Disorder benefit for all eligible Amazon members. This benefit provides coverage for behavioral interventions based on the principles of applied behavior analysis (ABA).

This packet provides information about accessing providers and services, receiving reimbursement for treatment costs, and eligibility and coverage details. Share this information with your child's health care provider.

### Tips for ABA benefit access

#### Understanding benefits and coverage

Review your benefit booklet to better understand benefit coverage and eligibility requirements. If you have any questions about what is covered and who is eligible, you can contact Premera customer service at **877-995-2696** or **AmazonABA@premera.com** for assistance.

#### Submitting claims

Your provider has the option to submit your claims on your behalf. If your provider is not able to do so, you can complete the Medical Claim Form found in the Forms section of **premera.com/amazon**.

Please make sure to submit all of the required information to Premera. This includes the claim form and an itemized bill, as noted in the instructions section on the form.

#### Diagnosis requirement

This benefit is available for enrolled dependent children who are diagnosed with the following conditions:

- Autistic disorder
- Childhood disintegrative disorder
- Rett syndrome
- Asperger's disorder
- Pervasive developmental disorder

If you have questions or need additional information, please contact customer service at **877-995-2696** or **AmazonABA@premera.com**.

This is intended to serve as a guide only and is not a guarantee for payment or coverage; refer to your benefit booklet for benefit and coverage information.

### **Program manager requirements**

Some states (such as Washington) may require behavior analysts, also called program managers, to be licensed by the state. If a state license is required in your state, your provider must hold the license to provide services. In addition to any state requirement, the provider must also be a Board Certified Behavior Analyst® (BCBA) to have your services covered by the plan. **You may want to check with your provider before services are provided to make sure they are licensed (if required by the state) and a BCBA.**

### **To find an in-network provider**

Go to **[premera.com/amazon](https://premera.com/amazon)** and search for a behavior analyst in the provider directory. Additionally, you can ask your child's primary care provider for a list of recommended program managers and then review the provider directory or call customer service.

### **Therapy assistant services**

These are providers who are not licensed or certified. They are trained by a licensed provider or a BCBA to deliver direct treatment to individuals and their families. Although some ABA programs use licensed providers or BCBAs for direct treatment services, many ABA programs use therapy assistants. Therapy assistants receive direction and supervision from a licensed provider or a BCBA (program manager). Therapy assistant services must be billed by a licensed provider or a BCBA.

### **Customer service**

Contact customer service for benefit questions, provider status verification, and claims status. Open 24 hours everyday with the exception of holidays at **877-995-2696 (TTY: 711)** or **[AmazonABA@premera.com](mailto:AmazonABA@premera.com)**.

This guide provides highlights of Amazon's benefit plans. For full information on your benefits, including any limitations that may apply to you, please see your benefit booklet.