



# Benefits tailored to you

## Premera Blue Cross 2017 Health Plans for Small Groups

1-50 EMPLOYEES

Taking great care of our customers is important to us. That's why we offer a range of benefits that support your employees, bring you more value, and make selecting your health plans simple and easy.

# Why Premera?



## We're focused on making healthcare work better.

A Premera card in your wallet gives you access to care in a large network and a team you can trust. As the largest and oldest health plan in Washington, we believe in being there for you and your employees every step of the way. In fact, millions have trusted Premera for over 80 years.



## We're focused on bringing you value.

You want to get the most from what you spend on healthcare dollars. So we offer a wide range of options that help you balance costs with needs—from plans that use preferred provider networks to plans paired with health savings accounts.

You also earn a discount on your premiums based on how many employees participate in our wellness programs.

We also offer dental coverage, including our new Family Dental plan. This plan combines adult dental coverage and pediatric benefits already offered in some medical plan options.



## We're focused on making it convenient.

Our secure employer website makes it easy to manage your health plans with self-service tools, such as paying your bills conveniently and easily online.

We also offer a simple system for implementing and administering flexible spending, dependent care, and health savings accounts.



## Dental coverage for a brighter, happier smile

Premera's dental plans give employees access to one of the largest dental provider networks in Washington. Dental coverage includes:

- Services such as cleanings, routine exams, and x-rays are covered in full to help employees keep their smiles healthy—which supports overall health.
- One card, one bill, one customer service phone number, and one website for all their benefits.
- There is no waiting period for any service. Children covered under a pediatric dental plan can get care as soon as your coverage starts.

# What do your employees get with a Premera health plan?

## Great care

### **Provider network**

Access to doctors, pharmacies, hospitals, and other care providers throughout Washington.

### **24-Hour NurseLine**

Free, confidential health advice from a registered nurse by phone any time, day or night.

### **Virtual care**

Care with a trusted provider by phone call, online video, or other online media.

### **Pregnancy and newborn support**

Support for healthy babies and moms, high-risk pregnancies, and newborns who need neonatal intensive care.

## Great resources

### **Online apps**

Apps for finding doctors, tracking medications, checking account balances, and tracking wellness activities.

### **Online tools**

Tools to compare coverage options, access pharmacy information, and review claims.

### **Local customer service**

Trained customer service professionals who are ready to help answer questions.

### **On-the-go coverage**

Premera coverage—across the country or around the world with our BlueCard® program (available only for certain plans).

## Great wellness solutions

### **Well-being program**

Free biometric screening and health assessment for employees who qualify.

### **Wellness coaching**

One-on-one guidance for managing physical, emotional, or financial fitness (offered to qualifying participants).

### **Discounts**

Monthly discounts on fitness memberships, weight loss programs, and more.

### **CareCompass360®**

Whole-person approach to health management with support services tailored to member needs (offered to qualifying participants).

### **Dental coverage**

Access to more than 2,600 dentists who work with Premera to help manage costs and quality and provide great customer service. Coverage offered for families, adults, and children under age 19.

## Learn more

- Visit [premera.com](https://premera.com).
- Call **800-722-5561** from 8 a.m. to 5 p.m. Pacific Time, Monday – Friday.
- Talk with your producer or general agency partner.