

## My medication list

**Physicians and providers:** Review this list and instruct the patient on any changes you make.

Name \_\_\_\_\_

Physician Name \_\_\_\_\_ Phone \_\_\_\_\_

**Here's how to find out if your particular combination of medications are safe:**

1. List all your medications below, including over-the-counter medicines, vitamins and herbal supplements.
2. Review your medication list once a year with your healthcare provider.
3. Ask your doctor to explain each medicine:
  - Why you are taking it
  - How long you can expect to take it
  - Describe any possible side effects.

[illegible]