# Instructions for requesting reimbursement

Use the Claim Reimbursement Form when you have expenses from a provider who does not bill Premera directly. If you'd like to request reimbursement for your prescriptions, use the Prescription Drug Reimbursement form instead.

This form can be used for requesting reimbursement on the following types of claims:

- Vision hardware (glasses, contacts)
- Medical (includes eye exams)
- Dental

# **Checklist of required documents**

lf you'r	e reques	sting reimbursement for vision hardware (glasses,	, contact	s), please include:
	Сору с	of the receipt from your provider		
lf you'r	e reques	sting reimbursement for medical (includes eye exa	ams) or c	lental care, please include:
	Proof o	of payment (if applicable)		
	An iten	nized bill, including:		
		Name of the patient		Diagnosis code (ICD-10) You can get this from your provider
		Date of service		Procedure code (CPT-4, HCPCS, ADA, or UB-04) You can get this from your provider
		Name, address, and IRS tax ID of the provider		Itemized charge for each service received

Note: Any highlights or modifications to your bill may cause a delay in processing your claim.

# **Next steps**

To help process your claim, the form must be fully completed, signed, and returned with all required documents. Send your documents one of two ways:

# Email through your Secure Inbox:

Simply sign into your account at premera.com and select **Secure Inbox**.

Scan and send this completed form and any required documents back to us as a secure email attachment.

### Mail to:

Premera Blue Cross Blue Shield of Alaska PO Box 91059 Seattle, WA 98111-9159

### Questions?

### Call:

800-508-4722 (TTY: 711) Monday through Friday

5 a.m. to 8 p.m. Pacific Time

#### Email:

Sign into your account at premera.com and select Secure Inbox



PO Box 91059 Seattle, WA 98111-9159

# **Claim Reimbursement Request**

General Information (See ID of Patient's name (first, MI, last)	card)	Subscriber name (Who the insurance is listed under)			
Prefix ID number G	roup number	Relationship to patient			
Patient's phone number Patient's b	pirthday (mm/dd/yyyy)	Is this claim the result of an accident or injury? This will help determine if any other parties, such as workers' compensation, can help pay for your care.  Yes No			
☐ I consent to receive voicemails at Premera containing my personal has related to this claim.					
Section A — Other Health Pla	n Information				
Does the patient have any other heal coverage?	th insurance	Name of other he	alth plan	Phone number	
☐ Yes* ☐ No Then, skip to	section B	 ID number			
*If the patient's other insurance pays must submit the claim to them before your request.	Please attach the Explanation of Benefits (EOB) from the other health plan.				
Section B — Claim Details					
This claim is for:  Uision hardware (glasses, contact Then, attach your itemized bill and skip to section D		(includes eye exams)	) 🗆 A denta	al visit	
Has the patient paid the total amoun	t due for this claim?				
☐ <b>Yes</b> ☐ <b>No</b> Then, attach proof of payment					
Additional required information:					
Provider name	Provider address/C	ty/State/Zip Code Procedure code(s)			
Provider phone number					
	_ Date of service (mc	Date of service (month/day/year)		Diagnosis code(s)	
	_ Date of service (mc	onth/day/year)	Diagnosis	code(s)	

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Section C — International Clair	ns (includes cruise ships)			
Did you receive care outside of the U.S	Type of Visit (	Type of Visit (check all that apply)		
☐ Yes  Then, attach an itemized bill, any available medical records, and complete this section	☐ No Then, skip to section D	□ Hospital □ Lab	☐ Office ☐ Urgent Care	
City of service	Describe illness or injury			
Country of service				
	Total amount charged	Currency used	Currency used to pay for care	
Section D — Signature				
To help process your claim, this form n instructions page to ensure you've inclu		returned. Please refer to	the checklist on the	
Patient signature (or legal guardian)	Printed na	Printed name (first, MI, last) Date (mm/dd/yyyy)		
X				

### Next Steps

## Send completed forms and documents one of two ways:

### **Email through your Secure Inbox**

Simply sign in to your account at premera.com and select **Secure Inbox**.

Scan and send this completed form and any required documents back to us as a secure email attachment.

#### Mail to

Premera Blue Cross Blue Shield of Alaska PO Box 91059 Seattle, WA 98111-9159

### **Questions?**

Call:

800-508-4722 (TTY: 711) Monday through Friday 5 a.m. to 8 p.m. Pacific Time

We also welcome your feedback at premeralistens.com.

Email:

Sign in to your account at premera.com and select Secure Inbox

# Notice of availability and nondiscrimination 800-508-4722 | TTY: 711

Call for free language assistance services and appropriate auxiliary aids and services.

Tumawag para sa mga libreng serbisyo ng tulong sa wika at angkop na mga karagdagang tulong at serbisyo.

Llame para obtener servicios gratuitos de asistencia lingüística, y ayudas y servicios auxiliares apropiados.

무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 신청하십시오.

Hu thov kev pab txhais lus pub dawb thiab lwm yam khoom pab dawb thiab kev pab cuam ua tsim nyog.

Звоните для получения бесплатных услуг по переводу и других вспомогательных средств и услуг.

呼吁提供免费的语言援助服务和适当的辅助设备及服务。

呼籲提供免費的語言援助服務和適當的輔助設備及服務。

Vala'au mo auaunaga tau fesoasoani mo gagana e leai ni totogi ma fesoasoani fa'aopo'opo talafeagai ma auaunaga. ໂທເພື່ອຮັບການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ແລະ ການບໍລິການ ແລະ ການຊ່ວຍເຫຼືອພິເສດທີ່ເໝາະສົມແບບບໍ່ເສຍຄ່າ.

無料言語支援サービスと適切な補助器具及びサービスをお求めください。

Tumawag para kadagiti libre a serbisio iti tulong iti pagsasao ken dagiti nakanada nga aid ken serbisio iti komunikasion.

Gọi cho các dịch vụ hỗ trợ ngôn ngữ miễn phí và các hỗ trợ và dịch vụ phụ trợ thích hợp.

Звертайтесь за безкоштовною мовною підтримкою та відповідними додатковими послугами.

ติดต่อขอบริการช่วยเหลือด้านภาษาฟรีพร้อมความช่วยเหลือและบริการอื่น ๆ เพิ่มเติม

Fordern Sie kostenlose Sprachunterstützungsdienste und geeignete Hilfsmittel und Dienstleistungen an.

Zadzwoń, aby uzyskać bezpłatną pomoc językową oraz odpowiednie wsparcie i usługi pomocnicze.

Rele pou w jwenn sèvis asistans lengwistik gratis ak èd epi sèvis oksilyè ki apwopriye.

Appelez pour obtenir des services gratuits d'assistance linguistique et des aides et services auxiliaires appropriés.

Ligue para serviços gratuitos de assistência linguística e auxiliares e serviços auxiliares adequados.

Chiama per i servizi di assistenza linguistica gratuiti e per gli ausili e i servizi ausiliari appropriati.

اتصل للحصول على خدمات المساعدة اللغوية المجانية والمساعدات والخدمات المناسبة. براى خدمات كمك زباني رايگان و كمكها و خدمات امدادى مقتضى، تماس بگيريد.

Discrimination is against the law. Premera Blue Cross Blue Shield of Alaska (Premera) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes. Premera does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex. Premera provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language assistance services to people whose primary language is not English, which may include qualified interpreters and information written in other languages. If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, TTY: 711, Fax: 425-918-5592, Email Appeals Department Inquiries @Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.isf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

