



**BLUE CROSS BLUE SHIELD OF ALASKA**

Premera Blue Cross Blue Shield of Alaska  
PO Box 91059  
Seattle, WA 98111-1234

We need your help to process a claim

**Return within  
45 days**

Member name \_\_\_\_\_

Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

We need information about your claim related to a medical visit.

This will help determine if any other parties (such as auto insurance), can help pay for your care. We cannot process your claim until the attached Incident Questionnaire form is fully completed, signed, and returned.

Premera Blue Cross Blue Shield of Alaska requires an Incident Questionnaire when you have a claim and the treatment or condition has diagnoses that could be related to an accident or incident.

**Next steps**

- 1. Complete the General Information section in the form to give us more details about your injury or condition.
- 2. Next, complete any other required sections based on your responses.
- 3. Sign and date the form in Section D.
- 4. Return the completed Incident Questionnaire form within 45 days from the date of this letter.

**If we don't hear from you**

- Your claim(s) will be denied if you do not return the completed form within 45 days from the date of this letter.
- If your claim is denied, you may be responsible for some or all the costs of your care.

**Send completed form via:**

**Fax:**  
425-918-5878

— OR —

**Mail:**  
Premera Blue Cross Blue Shield of Alaska  
PO Box 327, Mail Stop 227  
Seattle, WA 98111-0327

A decision will be made no later than 30 days after the Incident Questionnaire has been received. We may contact you if the form is not sufficiently filled out.

Thank you,  
Claims Department  
Premera Blue Cross Blue Shield of Alaska

**Questions?**  
800-508-4722 (TTY: 711)  
Monday through Friday  
6 a.m. to 6 p.m. Alaska Time

We also welcome your feedback at [premeralistens.com](http://premeralistens.com).

Member name

Address

City/State/ZIP

Patient name

Member ID

Date of birth

Provider name

Claim number (if known)

Date of service

**General information (required)**

Yes  No **Was this claim related to an incident?**  
If No, describe what happened, then skip to Section D.

Date incident/accident occurred: \_\_\_\_\_

Describe what happened and where it took place (including the state it happened in).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**This claim is related to:**

**On-site work incident or illness**  
Complete Section A.

Describe all body parts injured and the nature of the injuries (such as broken right wrist) for yourself and any family members involved.

\_\_\_\_\_  
\_\_\_\_\_

**Off-site work incident**  
Complete Sections A and B.

**Motorized vehicle incident, including in, on, or around a vehicle, such as watercraft, ATV, or automobile**  
Complete Section B.

Patient's attorney's name (if applicable) Phone number (if applicable)

\_\_\_\_\_

**Other**  
Complete Section C.

Address/City/State/ZIP (if applicable)

\_\_\_\_\_

**Section A – Complete if you checked "Work incident or illness"**

Completed this section? Skip to Section D.

Yes  No **Are you self-employed?**  
 Yes  No **Are you an owner or sole proprietor?**  
 Yes  No **Do you have workers' compensation coverage?**  
 Yes  No **If yes, did you file a claim?**

Workers' compensation carrier and adjuster's name

\_\_\_\_\_

**What is the claim status?**

In review  Denied liability\*  
 Accepted liability  Appeal denial\*

Phone number

\_\_\_\_\_

Address/City/State/ZIP

\_\_\_\_\_

Workers' compensation claim number

\_\_\_\_\_

\*If a claim has been filed and denied, please include a copy of the denial letter.

**Section B – Complete if you checked "Motorized vehicle incident"**

Completed this section? Skip to Section D.

**Was the patient a:**  Passenger  Bicyclist  Pedestrian  Driver

**Please complete the following:**

Patient's auto insurance carrier's name (indicate if uninsured)

Yes  No **Does coverage include personal injury protection (PIP) or other medical payment (MedPay) provisions?**

\_\_\_\_\_

Adjuster's name

Adjuster's phone number

\_\_\_\_\_

Look for "personal injury protection (PIP) or "medical payments (MedPay)" on your policy's declarations page.

Policy number

Claim number

\_\_\_\_\_

\_\_\_\_\_

If the patient was not the driver and did not own the vehicle, complete the following:

Yes  No Does the owner's coverage include personal injury protection (PIP) or other medical payment (MedPay) provisions?

Owner's name (indicate if uninsured)

Owner's auto insurance carrier's name (indicate if uninsured)

Adjuster's name

Adjuster's phone number

Policy number

Claim number

If another vehicle was involved, complete the following:

Yes  No Have you filed an insurance claim with the other driver or do you anticipate doing so?

Other driver's name

Other driver's auto insurance carrier's name (If not applicable, indicate)

Adjuster's name

Adjuster's phone number

Policy number

Claim number

**Additional information**

Yes  No Has patient received a bodily injury settlement?

Settlement date: \_\_\_\_\_

**With whom did the patient settle?**

Patient's insurance company

Another party's insurance company

Patient's uninsured/under-insured policy

**Section C — Complete if you checked "Other"**

Completed this section? Skip to Section D.

Yes  No Did the incident occur on property you own?

If Yes, skip to Section D.  
If No, complete the remaining section.

At-fault party's name (only required if you choose to file a claim)

Yes  No Have you filed an insurance claim with the at-fault party or do you anticipate doing so?

If Yes, complete the remaining section.

Policy number

Claim number

At-fault party's insurance carrier name

Phone number

Insurance carrier Address/City/State/ZIP

**Section D — Please read and sign**

Your contract with Premera Blue Cross Blue Shield of Alaska (The Plan) includes a subrogation provision. "Subrogation" means that if The Plan provides any benefits on your behalf for injuries caused by another party who may be liable for those injuries, The Plan may be entitled to recover those costs from any settlement you receive from the at-fault party. Your Plan contract also excludes coverage for benefits that would be payable under any personal injury protection, MedPay, uninsured or under-insured motorist coverage, or workers' compensation you may have. Therefore, The Plan will also have the right to be reimbursed for any medical benefits from the proceeds of any personal injury protection, MedPay, uninsured, under-insured motorist coverage, or workers' compensation coverage applicable to this incident. Please contact us prior to settlement.

I agree that any property/casualty, automobile, or workers' compensation carrier or governmental agency may release any personal health information about me related to this incident to Calypso Healthcare Solutions, an independent company responsible for providing subrogation services to Premera Blue Cross Blue Shield of Alaska. This authorization is valid during the subrogation process.

Patient or subscriber signature

Printed name

Daytime phone number

Date signed

X \_\_\_\_\_

### Discrimination is Against the Law

Premera Blue Cross Blue Shield of Alaska (Premera) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, Fax: 425-918-5592, TTY: 711, Email [AppealsDepartmentInquiries@Premera.com](mailto:AppealsDepartmentInquiries@Premera.com). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

### Language Assistance

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad.

Tumawag sa 800-508-4722 (TTY: 711).

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800-508-4722 (TTY: 711).

**주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 800-508-4722 (TTY: 711) 번으로 전화해 주십시오.

**LUS CEEV:** Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 800-508-4722 (TTY: 711).

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода.

Звоните 800-508-4722 (телетайп: 711).

**注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 800-508-4722 (TTY: 711)。

**MO LOU SILAFIA:** Afai e te tautala Gagana fa'a Sāmoa, o loo iai auunaga fesoasoan, e fai fua e leai se totogi, mo oe,

Telefoni mai: 800-508-4722 (TTY: 711).

**ໂປດຊາບ:** ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 800-508-4722 (TTY: 711).

**注意事項:** 日本語を話される場合、無料の言語支援をご利用いただけます。800-508-4722 (TTY:711) まで、お電話にてご連絡ください。

**PAKDAAR:** Nu saritaem ti llocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam.

Awagan ti 800-508-4722 (TTY: 711).

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 800-508-4722 (TTY: 711).

**УВАГА!** Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 800-508-4722 (телетайп: 711).

**เรียน:** ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 800-508-4722 (TTY: 711).

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.

Rufnummer: 800-508-4722 (TTY: 711).

**UWAGA:** Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 800-508-4722 (TTY: 711).  
*ملحوظة:* إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 800-508-4722 (رقم هاتف الصم والبكم: 711).

**ATANSYON:** Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 800-508-4722 (TTY: 711).

**ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 800-508-4722 (ATS: 711).

**ATENÇÃO:** Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 800-508-4722 (TTY: 711).

**ATTENZIONE:** In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 800-508-4722 (TTY: 711).

**توجه:** اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 800-508-4722 (TTY: 711) تماس بگیرید.