

Premera Cancer Support

Included with Personal Health Support



For self-funded groups

When a member is faced with a cancer diagnosis, the path forward can be daunting. To support our members in navigating the healthcare system, accessing care, and improving outcomes, we've added Premera Cancer Support in partnership with Thyme Care to our Personal Health Support program.

An integrated case management approach

Premera is the trusted industry leader in member case management with our Personal Health Support program.¹ We're extending that expertise to meet the needs of our members facing cancer treatment.

Strategic member investment

When we calibrate care management intensity to meet the needs of both high- and low-complexity members, we can improve your health plan's return on investment.

Personal Health Support

Provides one-on-one clinical case management support for members with complex, high-risk, and chronic conditions. We focus on whole-person care by addressing members' physical and mental health and helping them overcome barriers to healthcare.



Premera Cancer Support

Provides members with oncology-specific care and personalized support from pre-treatment to survivorship. Members use the wrap-around virtual solution when they're between oncology appointments or treatments. They can access their support team 24/7. This model improves outcomes and reduces acute care spend.

Raising the bar and meeting the need

The healthcare system is complicated. A cancer diagnosis can add a layer of complexity that creates an overwhelming or negative experience for the member. Premera Cancer Support prioritizes navigation and coordination of care from diagnosis to survivorship for our adult members (18+).

PREMERA | 

BLUE CROSS

An Independent Licensee of the Blue Cross Blue Shield Association

Nationwide access

Premera Cancer Support includes proactive member identification and engagement with coverage across all 50 states. Your clients can take comfort in knowing that their employees will receive exceptional cancer support no matter where they are and no matter their type of cancer.

Pre-treatment	<ul style="list-style-type: none">Educate about member’s diagnosisAssess goals, values, and preferencesCoordinate existing benefitsCoordinate leave
Active treatment	<ul style="list-style-type: none">Monitor symptoms proactivelySupport adverse eventsEducate about adhering to treatmentNavigate mental health support and resourcesManage interactions between cancer and pre-existing conditions
Post-treatment support	<ul style="list-style-type: none">Return to workSurvivorshipOngoing diagnosticsWellness and nutritionReturn to primary careEnd-of-life support and coordination

81%
of studies showed
that accessible
patient navigation
**improves cancer
treatment outcomes**,
especially for those
from disadvantaged
communities.³

Did you know

Premera Cancer Support with Thyme Care can:



Provide support for
all cancer types



Reduce acute care
utilization by 15 to 20%⁴



Connect with members
and caregivers 24/7



Provide support
specifically for caregivers

Who it supports

Cancer doesn’t impact just one person. Premera Cancer Support is for members (18+) and their caregivers. Our solution provides access to support resources specifically designed for caregivers and family members.

Premera Cancer Support access

Fully insured
Not available

OptiFlex
Not available

Self-funded⁵
Included as part of
Personal Health Support

Contact your Premera account representative for more information.

¹Integrated Case Management Model: Value-Based Assistance for Patients with Complex Medical and Behavioral Health Issues (2018)
²Health Plans: Thyme Care, Thyme Care, www.thymecare.com/healthplans. Accessed 28 Apr. 2025.
³Chen, M., Wu, V.S., Falk, D. et al. Patient Navigation in Cancer Treatment: A Systematic Review. Curr Oncol Rep 26, 504–537 (2024). https://doi.org/10.1007/s11912-024-01514-9
⁴Members in remission can access Thyme Care but may transition back to Premera Personal Health Support for other conditions.
⁵National accounts must opt-in.